

**Department of Health and Exercise Science
University of Oklahoma
Application Packet – PhD**

Name Address

Phone E-mail City / State / Zip

Area of Study **Exercise Physiology**

 Health Promotion

Please include the following items in your application packet

- Cover Page**
- Applicant Vita**
- 3 Letters of Recommendation**
- Official Transcripts**
- GRE Scores**
- TOEFL (if necessary)**
- Personal Statement**
- Graduate Assistant Form**
- Interview Completed**

Please send all materials to:

**Debra A. Bemben, Ph.D.
Graduate Liaison
Department of Health and Exercise Science
University of Oklahoma
1401 Asp Avenue
Norman OK 73019
405-325-5211 or dbemben@ou.edu**

The OU application form must be submitted to the Graduate College (\$25 or \$50 for international students) at:

University of Oklahoma
Graduate College - Admissions
313 Buchanan Hall
Norman, OK 73019

If students meet the minimal requirements of the Graduate College then each student will be considered by the HES faculty for admission into the PhD program.

The application packet to the HES department should include:

1. Applicant's Vita;
2. 3 letters of recommendation from academic faculty who can address the students academic potential (letters should be sent directly to HES by the faculty member);
3. Official transcripts from all post baccalaureate work (GPA of at least 3.0 for full approval or between 2.75 and 2.99 for conditional);
4. GRE scores;
5. TOEFL score of 550 (when necessary);
6. Personal statement from the candidate (statement of purpose related to their academic, research, and professional goals - limited to 500 words);
7. **Form for assistantship application, i.e., courses that can be taught (both activity and lecture);**
8. **An interview (phone or in person) with the potential faculty advisor and research director for the students area of interest (Exercise Physiology or Health Promotion) - Campus visits are encouraged; and**
9. Completion of the checklist cover sheet indicating that all requested materials have been included.

Department of Health and Exercise Science University of Oklahoma

PERSONAL APPRAISAL OF ACTIVITY & INSTRUCTIONAL SKILLS

Name _____

Lecture Based Classes	Qualified & Prefer to Teach [□]	Qualified & Willing to Teach [□]	Not Qualified	Certification (i.e. First Aid, WSI)	Additional Comments
HES 2131 - Intro to HES					
HES 2212 - First Aid					
HES 2913 - Personal Health					
HES 3573 - Obesity and Weight Management					
HES 3813 - Intro Hlth Fitness					
HES 4833 - Ex Phys Lab					
HES 3873 - Principles of Personal Training					
HES 3873 - Principles of Strength & Conditioning Training					
Activity Based Classes	Qualified & Prefer to Teach	Qualified & Willing to Teach	Not Qualified	Certification (i.e. First Aid, WSI)	Additional Comments
Basketball					
Bowling					
Golf					
Individual Fitness					
Pilates					
Racquetball					
Soccer					
Softball					
Swimming					
Tennis					
Volleyball					
Wall Climbing					
Weight Training					
Yoga					

Please elaborate and discuss past experiences for each lecture class checked above: