

Minimum Number of Hours Required: MS/MA + PhD = 90
Minimum Number of Dissertation Hours: 12

Required Courses:

Tools of Research (shared with HP): 6 hours

Statistics II
Statistics III

Interdisciplinary Core (shared with HP): 10 hours

HES 6543 Physical Activity & Health (3 hrs.)
HES 6970 Seminar in Health & Exercise Science (4 hr;1 hr/sem)
HES 6943 Current Problems in Health & Exercise Science (3 hrs)

Research Core: 18 hours

HES 6953 Measurement Issues in Health & Exercise Science (3 hrs)
HES 6990 Independent Studies in Health & Exercise Science (3 hrs)
HES 6980 Research for Doctor's Dissertation (12 hrs)

Extended Core for Exercise Physiology: 25 hours

PHYO/ZOO 6 graduate hrs in PHYO or ZOO → advisor approval required
CHEM 3653 Biochemistry
HES 6824 Cardio-respiratory Exercise Physiology
HES 6834 Human Body Composition
HES 6844 Neuromuscular Physiology
HES 6884 Endocrinology and Metabolism of Exercise

Electives: