OVERVIEW  The mission of the Halliburton Women in Engineering Retreat is to create an environment for OU women engineering students in the Gallogly and Mewbourne colleges to empower one another, take time for self-exploration and to grow professionally and personally within an enriching, meaningful experience. The 2019 Retreat focused on “leveraging your authenticity in the workplace” and was held at the PostOAK Lodge & Retreat in Tulsa set on 1,000 acres in the rolling Osage Hills.

FEATURES  Each of us can contribute out of our authenticity while cultivating connections with others that create a productively diverse workplace. Courage, discernment and diligence are necessary, supported by cultivating the “soft skills” [e.g. emotional intelligence (EQ)], which are considered “must have” skills for engineers and one of the greatest predictors of success in the workplace.

IMPACT  This event provided participants with an opportunity to discuss the importance of authenticity and cultivating “soft skills” in the workplace, to share experiences, to build connections with other students, Halliburton engineers and OU faculty to facilitate professional and personal growth. Participant feedback included: “[connecting with] these women really inspired me personally to strive for the best version of me in the work force”; “I’ve learned a lot about myself and others from the [topical sessions]”; “[I was able to] get out of my comfort zone and enjoy interacting with everyone”; “loved the small groups” and “listening to other women’s stories” and “gaining fresh perspectives”.

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Guiding Pillars
Outreach
Professional Development
Personal Development
Service