It’s time to get ready. The big moment is almost here. This is kind of like when you are standing at the edge of the high diving board looking down into the water. You’ve worked up all your courage to climb up and walk out to the edge. You have practiced and practiced on the low dive and you know how to do the triple-flip dive with your eyes closed. Now, before you dive, you close your eyes and see yourself doing the dive...one flip, two flips, three flips...perfect entry...a 10!

Oops. Got carried away again, didn’t I? Well, right before you jump, you go back and think about it one more time...visualize it in your mind.

That’s what you are going to do for the last two sessions. Visualize your planning meeting.

You know what else? It’s time for you to take over. I’ve been here all along, talking and talking and talking. It’s time for you to become your own leader. You’ve got two sessions to get everything ready for your meeting. You can take more time if you want...it’s up to you. After all, whose future is it anyway?

Here are some questions that might help you review the first 18 sessions. Look at them. If you can answer them, fill in the blanks. If you don’t know the answer, go back and figure it out. I’ve listed the session where you can find the information. Use your time however you think is best.

Work with your teacher or anyone else you want to work with.

Visualize!

Sessions 1 - 6: Whose Future Is It Anyway?

What is your planning meeting called?

(Hint: Session 1)

What is an IEP?

(Hint: Session 1)

I ____________
E ____________
P ______________
What does your transition planning form look like? (Hint: Session 1)
_________________________________

Why have IEP meetings? (Hint: Session 1)
_________________________________
_________________________________

Who is required to be at your meeting? (Hint: Session 1)
_________________________________
_________________________________
_________________________________

Who else do you want at your meeting? (Hint: Session 2)
_________________________________
_________________________________
_________________________________

What must your transition goals be based on? (Hint: Session 3)
My I _______________ and
My A _______________

What are your unique abilities? (Hint: Session 3)
_________________________________
_________________________________

What are your unique interests? (Hint: Session 3)
_________________________________

What are MULES? (Hint: Session 4)
M ___
U _____________
L _______
E _____________
S ___________

Why are stereotypes about people unfair? (Hint: Session 4)
_________________________________
_________________________________
_________________________________

What are adult outcomes? (Hint: Session 5)
_________________________________
_________________________________

What are the four adult outcomes important for transition planning? (Hint: Session 5)
E _______________________________
R _______________________________
P _______________________________
R _______________________________

What are limitations? (Hint: Session 6)
What supports can you use to overcome some of your limitations?  (Hint: Session 6)

Session 7 -12: MAKING DECISIONS
What is a decision?  (Hint: Session 7)

What is the first step to making a decision?  (Hint: Session 7)
D ______________

What is the second step to making a decision?  (Hint: Session 7)
O ______________

What is the third step to making a decision?  (Hint: Session 7)
I ______________

What is the fourth step to making a decision?  (Hint: Session 7)
T ______________

What is the last step to making a decision?  (Hint: Session 7)
! ______________

What are your living options after graduation?  (Hint: Session 8)

What are some outcomes of your living options?  (Hint: Session 9)

What is informed consent?  (Hint: Session 12)

Sessions 13 - 18: HOW TO GET WHAT YOU NEED, Sec. 101
What are community resources?  (Hint: Session 13)

What community resources could you use to assist you with your work choices?  (Hint: Session 14)

What community resources could you use to assist you with your education and training choices?  (Hint: Session 15)
What community resources could you use to assist you with your living choices?

(Hint: Session 16)

What community resources could you use to assist you with your recreational choices?

(Hint: Session 17)

What other community resources could you use to assist you with areas like medical, transportation, and other adult responsibilities?

(Hint: Session 18)

All right. That’s enough review for the first three sections. The next (and last!) session will review the other three sections.

Okay. So that’s it for now.

Later.