

Timeline of Transition Activities

Provided by the Oklahoma Transition Council



This timeline is a recommended list of programs, services, and activities that you can use to begin helping your child prepare for the future. The items listed in each age group are considered “best time to start”; however, they are not the only time. You can always revisit something that you did not have an opportunity to do at an earlier time. To download this document, visit the OU Zarrow Center Web site at <http://www.ou.edu/content/education/centers-and-partnerships/zarrow/timeline-of-transition-activities.html>.

Birth to 5 years old	Predictors of Post-School Success	This is a critical time to get connected with resources and begin accessing services for which your child might be eligible.
<ul style="list-style-type: none"> Request an evaluation for related services, such as speech therapy, through SoonerStart for those children from birth to age 3; if your child is older than 3, contact your local school district for an evaluation 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://ok.gov/sde/soonerstart 405-521-4880 405-522-4513 <p>Regional Office Phone Numbers:</p> <p>Ardmore, 580-223-9705; Oklahoma County, 405/271-9477; Chickasha, 405/224-1050; Norman, 405/321-4048; Durant, 580/332-2011; Tulsa, 918/835-8691; Tahlequah, 918/458-6577; Muskogee, 918/683-0321; McAlester, 918/423-1267; Clinton, 580/323-2100</p>
<ul style="list-style-type: none"> Apply through the Department of Health for Women, Infants and Children (WIC) Program assistance which focuses on healthy foods and nutrition. 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://www.ok.gov/health/Child_and_Family_Health/WIC/ 405-271-4676

<ul style="list-style-type: none"> • Connect with Oklahoma Family Network (OFN) for services and supports in your area for children with special healthcare needs and children with disabilities 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.oklahomafamilynetwork.org (405-271-5072 or 877-871-5072)
<ul style="list-style-type: none"> • SoonerStart—Prepare for 3 year old transition meeting with public school by working with your child’s SoonerStart Resource Coordinator 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.ok.gov/health/County_Health_Departments/Carter_County_Health_Department/SoonerStart_Early_Intervention/index.html <p>Regional Office Phone Numbers: Ardmore, 580-223-9705; Oklahoma County, 405/271-9477; Chickasha, 405/224-1050; Norman, 405/321-4048; Durant, 580/332-2011; Tulsa, 918/835-8691; Tahlequah, 918/458-6577; Muskogee, 918/683-0321; McAlester, 918/423-1267; Clinton, 580/323-2100</p>
<ul style="list-style-type: none"> • Apply for Tax Equity and Fiscal Responsibility Act (TEFRA) benefits if under age 18, a resident of Oklahoma, and have been denied by SSI. Certain other criteria must be met (e.g., hospital level of care, or nursing home level of care) 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/tefra (405-521-3679) • www.ssa.gov/ssi (1-800-772-1213) Toll-free TTY number (1-800-325-0778, between 7 a.m. and 7 p.m. Monday through Friday).
<ul style="list-style-type: none"> • If you meet eligibility requirements, apply with the Department of Human Services (DHS) for: 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.okdhs.org/ (405-521-3646) • www.ouhsc.edu/thecenter/products/documents/CommServGuide.pdf
<ul style="list-style-type: none"> ○ Developmental Disabilities Services (DDS) In-Home Supports Waiver ○ Developmental Disabilities Services Division (DDSD) 		<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/dd/

Family Support Assistance Program		
○ Supplemental Nutrition Assistance Program (SNAP)		<ul style="list-style-type: none"> • http://www.fns.usda.gov/snap
○ Temporary Assistance for Needy Families (TANF)		<ul style="list-style-type: none"> • http://www.acf.hhs.gov/programs/ofa/programs/tanf
○ Aged, Blind, Disabled (ABD)		<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/med/docs/elig.htm#abd (405-521-3646)
○ Supplemental Security Income (SSI) Disabled Children's Program (DCP)		<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/med/docs/ssidcp.htm (405-521-3646) • http://www.ssa.gov/pgm/ssi.htm
○ If your child is receiving SoonerCare, they may also receive benefits under the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program		<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/health/epsdt (405-521-3646)
○ Respite Voucher Program-The respite program lets caregivers take a break away from the duties of taking care of another person.		<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/aging/resp/ (405-521-3646) • To apply for the Oklahoma Department of Human services Respite Program locate the Developmental Disabilities services Area Office nearest you (http://www.okdhs.org/programsandservices/dd/docs/areacontactinfo.htm). Call the intake department in that office and request an application.
<ul style="list-style-type: none"> • Connect with Sooner Success to access supports, services, and resources in your area for children with 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.oumedicine.com/pediatrics/department-sections/developmental-behavioral-pediatrics/child-study-center/programs-and-clinical-services/sooner-success/county-coordinators (877-441-0434)

developmental disabilities, healthcare needs, mental health needs, or abuse/neglect needs		
<ul style="list-style-type: none"> Connect with the Oklahoma Autism Network if your child has been diagnosed or if you suspect your child has an autism spectrum disorder 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> www.okautism.org (405-271-7476 or 877-228-8476)
<ul style="list-style-type: none"> Apply for Social Security Benefits through Social Security Administration (SSA) 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://www.okdhs.org/programsandservices/health/ssidcp (405-521-3646) http://www.ssa.gov/pgm/ssi.htm
<ul style="list-style-type: none"> Connect with TARC for resources in your community on advocating for the rights of citizens with developmental disabilities 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://www.ddadvocacy.net/ddadvocacy/default.asp (918-582-8272 or 800-688-8272)
<ul style="list-style-type: none"> Connect with OK Parents Center for parent training, information, and advocacy resources in your area. 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://oklahomaparentscenter.org (405-379-6015 or 877-553-4332)
<ul style="list-style-type: none"> Apply for Sooner Care/Medicaid 	<ul style="list-style-type: none"> Student Support Interagency Collaboration 	<ul style="list-style-type: none"> http://www.okhca.org/individuals.aspx?id=52&menu=114&parts=11601_7453 (800-987-7767)
<ul style="list-style-type: none"> 2-1-1 provides access to the organizations in your area that provide free and low-cost services 	<ul style="list-style-type: none"> Student Support Interagency 	<ul style="list-style-type: none"> http://www.referweb.net/hlok (Telephone-Dial 211)

such as financial assistance, food, clothing, housing, counseling, health care and more.	<p>Collaboration</p> <ul style="list-style-type: none"> • Self-Care; Independent Living Skills 	
<ul style="list-style-type: none"> • The Joint Oklahoma Information Network (JOIN) provides a community resource directory and information on eligibility. 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • http://join.ok.gov
<ul style="list-style-type: none"> • The Office of Disability Concerns provides accurate and timely information, referral and advocacy. Begin teaching youth self-determination and self-advocacy skills. 	<ul style="list-style-type: none"> • Interagency Collaboration • Parent Involvement • Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> • www.odc.ok.gov (800-522-8224 or 405-521-3756)
<ul style="list-style-type: none"> • Learn about individualized education programs (IEP) and the process (what to expect). 	<ul style="list-style-type: none"> • Parent Involvement • Program of Study 	<ul style="list-style-type: none"> • www.wrightslaw.org • http://nichcy.org/wp-content/uploads/docs/pa12.pdf • http://nichcy.org/schoolage/iep/
<ul style="list-style-type: none"> • The One-Pager is a simple tool to help provide important information about your child's strengths, preferences, interests, and needs. Begin developing one for your child. Call the Center for Learning and Leadership for training in Person Centered Practices and 	<ul style="list-style-type: none"> • Parent Involvement • Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> • http://www.imdetermined.org/one_pager • www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)

<ul style="list-style-type: none"> help in creating a one page profile. 		
<ul style="list-style-type: none"> Become more familiar with special education services. 	<ul style="list-style-type: none"> Parent Involvement 	<ul style="list-style-type: none"> http://nichcy.org/publications/lgl
<ul style="list-style-type: none"> Begin completing the OFN Care Notebook, an organizing tool used to keep track of important health care and school information for your child. 	<ul style="list-style-type: none"> Parent Involvement Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://www.oklahomafamilynetwork.org (405-271-5072 or 877-871-5072)
<ul style="list-style-type: none"> Participate in the Oklahoma Developmental Disabilities Council (ODDC) Partners In Policy Making 	<ul style="list-style-type: none"> Parent Involvement Interagency Collaboration 	<ul style="list-style-type: none"> http://www.okddc.ok.gov/what_is_partners.html or (405) 521-4984 or (800) 836-4470
<ul style="list-style-type: none"> Attend story time at local public libraries. This website provides a directory of public libraries and systems. 	<ul style="list-style-type: none"> Parent Involvement Community Experiences Student Development Social Skills 	<ul style="list-style-type: none"> http://www.odl.state.ok.us/go/pl.asp or contact your local library
<ul style="list-style-type: none"> Seek out Summer Reading Programs and other skill development programs through universities, public schools, libraries, and other groups. 	<ul style="list-style-type: none"> Student Development Community Experiences 	<ul style="list-style-type: none"> http://www.odl.state.ok.us/summer/index.htm
<ul style="list-style-type: none"> Begin teaching about safety skills (in public places, foods, 	<ul style="list-style-type: none"> Parent Involvement Community 	<ul style="list-style-type: none"> http://www.dltk-kids.com/safety/index.htm http://www.safekids.org/educators/activities.html (202-662-0600) http://nichcy.org/wp-content/uploads/docs/st1.pdf

<p>transportation, parking lots, new people, etc.)</p>	<p>Experiences</p> <ul style="list-style-type: none"> • Social Skills 	
<ul style="list-style-type: none"> • Begin to record your learning about things that work/don't work with your child so you can share how your child should be supported. Contact the Center for Learning and Leadership or the OK DD Council for more information. 	<ul style="list-style-type: none"> • Parent Involvement • Self-Determination ; Self-Advocacy 	<ul style="list-style-type: none"> • www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)
<p>Elementary (5-10 years old)</p>	<p>Predictors of Post-School Success</p>	<p>This is the key developmental period for students to learn those general employability skills – finishing what I start, being on time, being reliable, etc. Parents and teachers play such a role on this in these years</p>
<ul style="list-style-type: none"> • <u>A Student's Guide to the IEP-Attend IEP meetings (parent and student)</u> 	<ul style="list-style-type: none"> • Parent Involvement • Self-Determination; Self-Advocacy • Program of Study • Inclusion in General Education 	<ul style="list-style-type: none"> • http://www.php.com/students/story3 • http://www.parentcenterhub.org/topics/iep-2
<ul style="list-style-type: none"> • Inquire about and advocate for accessible instructional materials (Accessible Instructional Materials (AIM) A Technical Guide for Families and Advocates). 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy • Program of Study • Student Support 	<ul style="list-style-type: none"> • http://aim.cast.org/learn/aim4families/aim_families_advocates (781-245-2212) • http://www.library.state.ok.us/dir/AIM (405-521-3514 or 800-523-0288 or 405-521-4672 TTY/TTD)

<ul style="list-style-type: none"> • Begin implementing phases of career development (e.g., career exploration, workplace awareness, job skills, what work is, personal interests) <ul style="list-style-type: none"> ○ Awareness ○ Exploration ○ Preparation ○ Career Placement; Continuing Education 	<ul style="list-style-type: none"> • Career Awareness • Occupational Courses 	<p>Awareness Phase (Phase 1)</p> <ul style="list-style-type: none"> • What is work? • What is a job? • What are some jobs you know about? • What kind of work do people do on these jobs? • What have you dreamed of doing? • What kind of job do you want? • Where do you want to live, and with whom? • Why do people work? Why do you want to work? • What do you enjoy doing when you are not in school? • What jobs do your family members have? • What types of things do they do on their jobs? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Self-Determination strategies-student should understand supports/needs and disability (accommodations) 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy • Social Skills 	<ul style="list-style-type: none"> • http://www.imdetermined.org/youth • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-assessment-tools.html (405-325-1081)
<ul style="list-style-type: none"> • Take child to work to help teach about employment. 	<ul style="list-style-type: none"> • Parent Involvement • Career Awareness • Community Experiences • Paid Employment; Work Experience 	<ul style="list-style-type: none"> • http://www.daughtersandsonstowork.org (800-676-7780) • http://en.wikipedia.org/wiki/Take_Our_Daughters_and_Sons_to_Work_Day • http://www.thelearningpartnership.ca/what-we-do/student-programs/take-our-kids-to-work (800-790-9113)
<ul style="list-style-type: none"> • Have child open and maintain a savings account to teach financial 	<ul style="list-style-type: none"> • Parent Involvement • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • http://www.bankingkids.com/ • http://www.handsonbanking.org/en/ • http://bankingonkids.org/ (414-228-2828)

independence and responsibility.		
<ul style="list-style-type: none"> Save for personal purchases and comparison shop for item. 	<ul style="list-style-type: none"> Parent Involvement Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://kidmoney.about.com/od/savingmoney/ht/savemoney.htm http://www.moneycrashers.com/teaching-kids-save-money/ http://www.minyanville.com/businessmarkets/articles/SPLS-SKS/11/21/2007/id/14860 http://www.bargaineering.com/articles/teach-children-shop-bargains.html
<ul style="list-style-type: none"> Establish chores at home. 	<ul style="list-style-type: none"> Parent Involvement Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://housekeeping.about.com/od/involvingfamily/a/5easycharts.htm http://life.familyeducation.com/parenting/jobs-and-chores/45315.html http://www.focusonthefamily.com/parenting/parenting_challenges/motivating_kids_to_clean_up/inspire_your_kids_to_do_chores.aspx
<ul style="list-style-type: none"> Allow child to help cook, etc. 	<ul style="list-style-type: none"> Parent Involvement Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://www.dmoz.org/Home/Cooking/For_Children/ http://cookingwithkids.net/ http://www.kidsacookin.org/
<ul style="list-style-type: none"> Teach Employment First Thinking- Employment is the first priority and preferred outcome of people with disabilities. 	<ul style="list-style-type: none"> Career Awareness Self-Determination; Self-Advocacy Inclusion in General Education Occupational Courses 	<ul style="list-style-type: none"> http://www.employmentfirst.net/ http://www.apse.org (301-279-060) http://www.cast.org/udl (781-245-2212)
<ul style="list-style-type: none"> Ask for any necessary Assistive Technology. 	<ul style="list-style-type: none"> Self-Determination; Self-Advocacy Student Support 	<ul style="list-style-type: none"> http://www.theoatc.org (800-700-6282, OKC 405-271-3625, Tulsa 918-660-3281) http://www.ok.gov/abletech (888-885-5588 or 405-744-9748)
<ul style="list-style-type: none"> Public library (open an account and make use of resources). 	<ul style="list-style-type: none"> Community Experiences Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://www.publiclibraries.com/oklahoma.htm
<ul style="list-style-type: none"> Read books about different careers 	<ul style="list-style-type: none"> Career Awareness 	<ul style="list-style-type: none"> http://www.publiclibraries.com/oklahoma.htm or access materials from school libraries
<ul style="list-style-type: none"> Participate in 	<ul style="list-style-type: none"> Parent Involvement 	<ul style="list-style-type: none"> Contact your local schools for upcoming events or ask to be a part of planning

parent days/nights at schools. Attend IEP meetings and parent conferences.	<ul style="list-style-type: none"> • Student Support 	<p>them.</p> <ul style="list-style-type: none"> • http://www.wrightslaw.com
<ul style="list-style-type: none"> • Kids need to know their medical needs, medications (what, when, why), etc. 	<ul style="list-style-type: none"> • Parent Involvement • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • http://www.piedmontparent.com/PP/What-to-Teach-Kids-about-Medicine/ • http://www.oklahomafamilynetwork.org (Care Notebook) (405-271-5072 or 877-871-5072)
<ul style="list-style-type: none"> • Learning what is important “to” and “for” someone can be done with the Center for Learning and Leadership’s project Person Centered Thinking or you can contact the OK DD Council. 	<ul style="list-style-type: none"> • Parent Involvement • Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> • www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> • Online Safety Activities for Kids. Attend a Wrightslaw Conference for more information. 	<ul style="list-style-type: none"> • Parent Involvement • Self-Care; Independent Living Skills • Social Skills 	<ul style="list-style-type: none"> • http://www.rtsd.org/Page/871http://www.safetykids.org • http://www.safekids.org/safetytips/field_audience/educators?gclid=CNPstP2F1bgCFUlp7AodtSYAnw • http://www.safekids.org/coalition/safe-kids-oklahoma • http://www.wrightslaw.com
Middle/Junior High (10-14 years of age)	Predictors of Post-School Success	One of the keys here is summer, weekend or odd jobs, volunteer experiences, and visits to jobs
<ul style="list-style-type: none"> • Meet with a Benefits Planner to talk about work and impact on 	<ul style="list-style-type: none"> • Parent Involvement • Career Awareness • Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> • http://okrehab.org or contact your local VR counselor at DRS (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY)

SSA benefits.	<ul style="list-style-type: none"> • Interagency Collaboration 	
<ul style="list-style-type: none"> • Contact an Oklahoma Center for Independent Living for information to help maintain independence (e.g., medical equipment, assistive technology, transportation and other needs). 	<ul style="list-style-type: none"> • Self-Care; Independent Living Skills • Student Support 	<ul style="list-style-type: none"> • http://www.ilru.org/projects/silc-net/silc-directory-results/OK (918) 426-6220 or (800) 568-6821; (405) 321-3203 or (800) 801-3203; (405) 951-3581
<ul style="list-style-type: none"> • Students write the present level of performance on the IEP 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> • http://lifeafterieps.com/teaching-kids-to-plan-take-action-toward-their-personal-goals/ • http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> • Students learn to lead IEP meetings. 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy • Social Skills 	<ul style="list-style-type: none"> • http://www.imdetermined.org/quick_links/modules/module_four/ • http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> • Students learn how to attain their IEP goals. 	<ul style="list-style-type: none"> • Parent Involvement • Program of Study • Self-Determination; Self-Advocacy • Student Support 	<ul style="list-style-type: none"> • http://www.imdetermined.org/resources/detail/teachers_and_students_on_the_importance_of_setting_and_reaching_goals • http://zarrowcenter.ou.edu (405-325-8951)
<ul style="list-style-type: none"> • Participate in/host career/transition fairs 	<ul style="list-style-type: none"> • Parent Involvement • Career Awareness 	<ul style="list-style-type: none"> • Check with your local school district and Workforce Investment Board Youth Council for upcoming events.
<ul style="list-style-type: none"> • Parents and school staff talk about high school completion options 	<ul style="list-style-type: none"> • Parent Involvement • Exit Exam Requirements; High school Diploma Status 	<ul style="list-style-type: none"> • http://ok.gov/sde/documents-forms Policies and Procedures for Special Education in Oklahoma (405-521-3351) • http://ok.gov/sde/documents-forms Oklahoma Transition Education Handbook, under SDE Documents (405-521-3351)

	<ul style="list-style-type: none"> • Inclusion in General Education • Program of Study • Vocational Education • Transition Program 	
<ul style="list-style-type: none"> • Read biographies of famous people with disabilities, their careers, and goals they set to achieve their dreams. 	<ul style="list-style-type: none"> • Career Awareness 	<ul style="list-style-type: none"> • http://www.infoplease.com/people.html
<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> ○ Awareness ○ Exploration ○ Preparation ○ Career Placement/Continuing Education 	<ul style="list-style-type: none"> • Career Awareness 	<p>Exploration Phase (Phase 2)</p> <ul style="list-style-type: none"> • What jobs are you interested in visiting? • What exploratory courses would you like to take in school? • What hobbies do you have? • What activities do you do in your spare time? • What volunteer or community service work do you do? • Did you enjoy your summer job? What parts did you like best? • Do you like being inside or outside better? • Do you prefer being with other people, or do you enjoy being by yourself? • Do you enjoy working with your hands and with tools, or do you prefer to solve problems in your head? • Did you get along well with your classmates? If so, why did you? If not, why didn't you? • What skills do you have that you can use in these or other courses? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Plan for postsecondary education (e.g., 	<ul style="list-style-type: none"> • Parent Involvement • Exit Exam Requirements; High 	<ul style="list-style-type: none"> • http://www.educationplanner.org/ (866-800-9220) • http://www.myplan.com/timeline/high_school.php

college/core track, CareerTech)	<p>school Diploma Status</p> <ul style="list-style-type: none"> • Inclusion in General Education • Program of Study • Vocational Education • Transition Program • Occupational Courses 	<ul style="list-style-type: none"> • http://ok.gov/sde/documents-forms Oklahoma Transition Education Handbook, under SDE Documents (405-521-3351)
<ul style="list-style-type: none"> • Visit College, Technology Center on field trips or with parents. Go to OK-AHEAD for list of disability services staff in postsecondary institutions across OK. 	<ul style="list-style-type: none"> • Community Experiences • Parent Involvement 	<ul style="list-style-type: none"> • http://www.ok-ahead.org/directory.html
<ul style="list-style-type: none"> • Students obtain Work permits. 	<ul style="list-style-type: none"> • Community Experience • Paid Employment; Work Experience • Work Study • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitInstructionGuide.pdf (405-521-6100 or 888-269-5353) • http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitFAQs.pdf
<ul style="list-style-type: none"> • Students obtain part-time jobs. 	<ul style="list-style-type: none"> • Paid Employment; Work Experience • Work Study • Self-Care; Independent Living Skills • Social Skills 	<ul style="list-style-type: none"> • http://okrehab.org/drupal/students/transition (405-635-2768 Voice; 800.845.8476 Toll Free) • http://www.ou.edu/content/outreach/ncdet/add-us-in.html Add Us In Initiative to help with job placement (405-325-8130) • http://www.cowib.org Central Oklahoma Workforce Investment Board (405-622-2026)

	<ul style="list-style-type: none"> • Community Experience 	
<ul style="list-style-type: none"> • Students volunteer in the community. 	<ul style="list-style-type: none"> • Paid Employment; Work Experience • Self-Care; Independent Living Skills • Social Skills • Community Experience 	<ul style="list-style-type: none"> • http://ok.gov/sde/documents-forms (405-521-3351) • http://community-wealth.org/content/national-service-learning-clearinghouse National Service Learning Clearinghouse
<ul style="list-style-type: none"> • Students obtain a Picture Identification (ID). 	<ul style="list-style-type: none"> • Community Experience • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • http://www.dps.state.ok.us/dls/okid.htm (405-425-2424)
<ul style="list-style-type: none"> • Apply for the OK Promise (the scholarship for college) in 8th grade, but no later than 10th grade. 	<ul style="list-style-type: none"> • Interagency Collaboration • Parent Involvement • Program of Study • Student Support • Exit Exam Requirements; High School Diploma Status 	<ul style="list-style-type: none"> • http://www.okhighered.org/okpromise/ or (405-225-9205)
<ul style="list-style-type: none"> • Complete Career Interest Inventories/OK Career Information System (OKCIS) or other type of inventories. 	<ul style="list-style-type: none"> • Career Awareness 	<ul style="list-style-type: none"> • https://okcis.intocareers.org/LandingPage.aspx?Tab=2 (Jo Kahn, Coordinator of Career and Employment Info Services (OKCIS Staff) (405-743-5404) Fax: (405-743-6809) TDD: (405-743-6816) Email: jkahn@okcareertech.org • http://okcareerplanner.com/ • http://checkoutacollege.com/explorecareers/interestsurvey.aspx
<ul style="list-style-type: none"> • Investigate career results from EXPLORE online. 	<ul style="list-style-type: none"> • Career Awareness • Program of Study • Self-Determination; 	<ul style="list-style-type: none"> • https://www.act.org/products/k-12-act-explore/

ACT Explore is designed to help 8th and 9th graders explore a broad range of options for their future.	Self-Advocacy	
<ul style="list-style-type: none"> Attend Oklahoma Transition Institute (OTI) and be a part of local OTI transition team. 	<ul style="list-style-type: none"> Interagency Collaboration Parent Involvement Student Support 	<ul style="list-style-type: none"> http://www.ou.edu/content/education/centers-and-partnerships/zarrow.html?rd=1
<ul style="list-style-type: none"> Student requests own accommodations. 	<ul style="list-style-type: none"> Self-Determination; Self-Advocacy Inclusion in General Education 	<ul style="list-style-type: none"> http://www.health.ri.gov/materialbyothers/RhodeIslandYouthTransitionWorkbook.pdf
<ul style="list-style-type: none"> Prepare for 8th grade reading test. 	<ul style="list-style-type: none"> Parent Involvement Exit Exam; High School Diploma Status Inclusion in General Education Program of Study 	<ul style="list-style-type: none"> http://www.time4learning.com/testprep/#buildskills
<ul style="list-style-type: none"> Explore after school and summer school options. 	<ul style="list-style-type: none"> Community Experiences Interagency Collaboration Social Skills Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://www.metrofamilymagazine.com/Directories/After-School-Activities/
<ul style="list-style-type: none"> Begin completing the Transition Care Notebook 	<ul style="list-style-type: none"> Career Awareness Parent Involvement Self-Care; 	<ul style="list-style-type: none"> http://www.oklahomafamilynetwork.org Kimberly Osmani, Transition Coordinator <ul style="list-style-type: none"> Oklahoma Department of Rehabilitation Services

located on the Oklahoma Family Network Web site.	Independent Living Skills	<ul style="list-style-type: none"> • (405) 635-2768 • kosmani@okdrs.gov
<ul style="list-style-type: none"> • Wean students off some accommodations and modifications; narrow down to what is needed and beneficial and allowable by state testing; students should be able to identify what really works for them and what they make use of most often for success. 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy • Student Support • Transition Program • Parent Involvement • Inclusion in General Education 	<ul style="list-style-type: none"> • http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000)
<ul style="list-style-type: none"> • Having a Person-Centered Description helps to identify those supports that are needed to be successful as well as other important information about a person. Contact the Center for Learning and Leadership or the OK DD Council. 	<ul style="list-style-type: none"> • Parent Involvement • Interagency Collaboration • Student Support 	<ul style="list-style-type: none"> • www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072) • www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> • Incorporate 	<ul style="list-style-type: none"> • Parent Involvement 	<ul style="list-style-type: none"> • http://www.okcareertech.org/educators/career-and-academic-connections

<p>activities/tasks (home and/or school) that employ problem-solving, decision-making, and accountability (i.e., responsible for choices made and outcomes).</p>	<ul style="list-style-type: none"> • Student Support • Self-Care; Independent Living Skills • Self-Determination; Self-Advocacy 	<p>(405-377-2000)</p>
<p>High School (14-22 years of age)</p>	<p>Predictors of Post-School Success</p>	<p>Students develop an online portfolio of sorts (think SOP type stuff but more geared to employers)</p>
<ul style="list-style-type: none"> • Students help write their IEPs and lead their IEP meetings 	<ul style="list-style-type: none"> • Self-Determination; Self-Advocacy • Social Skills 	<ul style="list-style-type: none"> • https://www.cec.sped.org/Publications/CEC-Journals/TEACHING-Exceptional-Children • http://www.imdetermined.org/quick_links/modules/module_four • http://www.ncset.org/institutes/proceedings/2002_01_23.pdf • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trasition-education-materials/iep-team-education-module.html • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trasition-education-materials/whos-future-is-it-anyway.html • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trasition-education-materials/student-directed-transition-planning.html <p>(405-325-8951)</p>
<ul style="list-style-type: none"> • Apply for Department of Rehabilitation Services (DRS) transition services to prepare for independent competitive employment; school 	<ul style="list-style-type: none"> • Interagency Collaboration • Parent Involvement • Student Support 	<ul style="list-style-type: none"> • http://www.okdrs.org/drupal/app-for-service?_ga=1.118326665.1206177426.1420481287 (800-487-4042)

should invite DRS counselors to present annually to staff, students, and parents.		
<ul style="list-style-type: none"> Students apply to participate in Youth Leadership Forum (YLF). 	<ul style="list-style-type: none"> Self-Determination; Self-Advocacy Community Experiences Social Skills 	<ul style="list-style-type: none"> http://www.okddc.ok.gov/youth_leadership_forum.html (405-521-4984 or 1-800-836-4470)
<ul style="list-style-type: none"> Students develop and attain their IEP transition goals. 	<ul style="list-style-type: none"> Transition Program Self-Determination; Self-Advocacy Student Support 	<ul style="list-style-type: none"> http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000) http://www.ou.edu/content/education/centers-and-partnerships/zarrow/transition-education-materials/whos-future-is-it-anyway.html (405-325-8951)
<ul style="list-style-type: none"> Students apply for SSA redetermination at age 18 	<ul style="list-style-type: none"> Self-Care; Independent Living Skills Community Experiences 	<ul style="list-style-type: none"> http://www.ssa.gov/OP_Home/cfr20/416/416-0987.htm (800-772-1213 or TTY 800-325-0778) http://www.socialsecurity.gov/ssi/text-cdrs-ussi.htm (800-772-1213 or TTY 800-325-0778)
<ul style="list-style-type: none"> Students obtain driver's permit/license, if appropriate. 	<ul style="list-style-type: none"> Community Experience Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> http://www.testquestionsandanswers.com/drivers-license/oklahoma.html
<ul style="list-style-type: none"> Teach about public transportation and safety skills 	<ul style="list-style-type: none"> Parent Involvement Social Skills Community Experience Self-Care; Independent Living Skills Program of 	<ul style="list-style-type: none"> http://www.parentcenterhub.org/nichcy-gone/ https://www.rideconnection.org/ride/LinkClick.aspx?fileticket=dwrbjbCP7_o%3D&tabid=69 https://www.gallaudet.edu/clerc-center/info-to-go/transition/students-on-the-go.html https://www.disability.gov/resource/disability-govs-guide-transportation/

	<ul style="list-style-type: none"> Study • Transition Program 	
<ul style="list-style-type: none"> • Prepare a transportation plan for after high school 	<ul style="list-style-type: none"> • Parent Involvement • Transition Program • Student Support • Self-Care; Independent Living Skills 	<ul style="list-style-type: none"> • Work with your youth and the school to discuss all transportation options in your community and decide on the most appropriate mode for the youth (e.g., driving self, carpooling, walking, riding a bicycle, taking the public bus, calling a taxi, using a call a ride service).
<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> ○ Awareness ○ Exploration ○ Preparation ○ Career Placement; Continuing Education 	<ul style="list-style-type: none"> • Career Awareness • Occupational Courses • Paid Employment; Work Experience • Vocational Education • Transition Program • Program of Study • Self-Care; Independent Living Skills 	<p>Preparation Phase (Phase 3)</p> <ul style="list-style-type: none"> • What courses do you need to achieve your career goals? • What skills will you need to gain entry into those courses? • How will you prepare to live on your own? • Will you need to take courses during high school and after? • Will these courses lead to college courses? Does the school have a tech prep program? • Do you and your family plan for you to attend college? • Will you gain the skills needed to succeed in college? • Will you be able to get a job based on your high school and/or college coursework? • Does the educational program provide job placement and support? • Can you gain entry into an approved apprenticeship program? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Explore Career Tech career majors against desired occupation and enroll in the local CareerTech if a match is found. 	<ul style="list-style-type: none"> • Vocational Education • Program of Study • Transition Program 	<ul style="list-style-type: none"> • http://www.okcareertech.org/technology-centers (405-377-2000)

<ul style="list-style-type: none"> If decision is to stay in high school, youth can enroll in CareerTech Education after high school. Go to OK-AHEAD for list of disability services staff in postsecondary institutions across OK. 	<ul style="list-style-type: none"> Vocational Education Program of Study Transition Program 	<ul style="list-style-type: none"> http://www.ok-ahead.org/directory.html
<ul style="list-style-type: none"> Obtain a paid summer job. 	<ul style="list-style-type: none"> Community Experience Paid Employment; Work Experience Work Study Self-Care; Independent Living Skills Social Skills 	<ul style="list-style-type: none"> www.okrehab.org (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY) http://www.ok.gov/okworks or contact local businesses in your community to obtain your own job. http://www.apse.org (301-279-0060)
<ul style="list-style-type: none"> Prepare for postsecondary Education (e.g., college, CareerTech, apprenticeships) 	<ul style="list-style-type: none"> Self-Determination; Self-Advocacy Transition Program Student Support 	<ul style="list-style-type: none"> http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5700) http://www.dpi.wi.gov/sped/pdf/tranopndrs.pdf
<ul style="list-style-type: none"> During the student's sophomore year of high school, parents should request, as part of transition planning, that a new psychological evaluation be conducted by the school; ensure it is adult normed and 	<ul style="list-style-type: none"> Parent Involvement Self-Determination; Self-Advocacy Student Support Transition 	<ul style="list-style-type: none"> Schools are not required to conduct an evaluation for the purposes of attending postsecondary institutions; however, parents can request of the school that an updated evaluation be conducted in high school as part of transition planning or if other disabilities may be suspected.

completed within the last three years of high school.	Program	
<ul style="list-style-type: none"> Complete the Free Application for Federal Student Aid (FAFSA). 	<ul style="list-style-type: none"> Parent Involvement Transition Program 	<ul style="list-style-type: none"> http://www.fafsa.ed.gov (800-433-3243 or TTY 800-730-8913)
<ul style="list-style-type: none"> Learn more about a college experience for individuals with Intellectual Disabilities. 	<ul style="list-style-type: none"> Parent Involvement 	<ul style="list-style-type: none"> http://thinkcollege.net
<ul style="list-style-type: none"> Contact the disabilities services office at your postsecondary institution. 	<ul style="list-style-type: none"> Self-Determination; Self-Advocacy 	<ul style="list-style-type: none"> Go to OKAHEAD for list of disability services staff in post-secondary institutions across OK http://www.ok-ahead.org/directory.html
<ul style="list-style-type: none"> The Dream Institute is dedicated to the higher education of students with disabilities through: Academic and Professional Mentorship, Academic Assistance, Scholastic Awards. Youth may be eligible for scholarships. 	<ul style="list-style-type: none"> Parent Involvement Transition Program 	<ul style="list-style-type: none"> http://www.dreaminstitute.org (918-660-3408)
<ul style="list-style-type: none"> Take the ACT or SAT to prepare for college admission. 	<ul style="list-style-type: none"> Inclusion 	<ul style="list-style-type: none"> http://www.actstudent.org/sampletest (319-337-1270)
<ul style="list-style-type: none"> Gather documentation necessary for accommodations in college or further training. 	<ul style="list-style-type: none"> Self-Determination /Self-Advocacy 	<ul style="list-style-type: none"> http://www.ok-ahead.org/handbook/toc.html
<ul style="list-style-type: none"> Visit the Oklahoma Association for Higher 	<ul style="list-style-type: none"> Self-Determination 	<ul style="list-style-type: none"> http://ok-ahead.org/resource.html

<p>Education And Disability (OK-AHEAD) Web site to find the disabilities services offices at each Oklahoma college as well as a scholarship application</p>	<p>/ Self-Advocacy</p> <ul style="list-style-type: none"> • Inclusion 	
<ul style="list-style-type: none"> • College videos and online activities to help prepare for college; resources from the Institute for Community Inclusion ICI strives to create a world where all people with disabilities are welcome and fully included in valued roles wherever they go, whether a school, workplace, volunteer group, home, or any other part of the community. 	<ul style="list-style-type: none"> • Community experiences • Self-Determination/ Self-Determination 	<ul style="list-style-type: none"> • http://www.communityinclusion.org/ (617-287-4300 or TTY 617-287-4350)
<ul style="list-style-type: none"> • Tour college campuses in person or online through virtual reality 	<ul style="list-style-type: none"> • Community experiences • Parental Involvement 	<ul style="list-style-type: none"> • http://campustours.com (207-753-0136 ext. 1)
<ul style="list-style-type: none"> • Learn about changes moving from entitlement under the Individuals with Disabilities Education Act (IDEA) to eligibility under the 	<ul style="list-style-type: none"> • Self-Determination/ Self-Advocacy • Parent Involvement 	<ul style="list-style-type: none"> • http://www.ok-ahead.org/handbook/legal.html

Americans with Disabilities Act (ADA); visit the OK-AHEAD Web site		
<ul style="list-style-type: none"> Access services through the Advantage Waiver 	<ul style="list-style-type: none"> Interagency Collaboration Self-Care/ Independent living skills 	<ul style="list-style-type: none"> http://www.ok.gov/abletech/documents/Medicaid-ADvantage%20Waiver%20Prog.pdf http://www.okdhs.org/library/rpts/ar/2010/docs/008_s10027fy2010arindependence.htm (405-521-3646)
<ul style="list-style-type: none"> Begin exploring asset development. 	<ul style="list-style-type: none"> Self-Care/ Independent living skills Self-Determination / Self-Advocacy Parent Involvement 	<ul style="list-style-type: none"> http://www.dol.gov/odep/research/FinancialEducationYouthDisabilitiesIssuePaper.pdf
<ul style="list-style-type: none"> Students at age 18 register to vote. 	<ul style="list-style-type: none"> Community experiences Self-Determination / Self-Advocacy 	<ul style="list-style-type: none"> http://www.ok.gov/elections/Voter_Info/Voter_Registration_Form.html http://www.ok.gov/elections/Voter_Info/Register_to_Vote/ (405-521-2391)
<ul style="list-style-type: none"> Students obtain paid work experiences. 	<ul style="list-style-type: none"> Work Experience 	<ul style="list-style-type: none"> http://www.okrehab.org/drupal/students/transition (405-635-2768 or 800-845-8476)
<ul style="list-style-type: none"> Participate in career development (e.g., interviews, W-4, applications) 	<ul style="list-style-type: none"> Career Awareness 	<ul style="list-style-type: none"> http://www.khake.com/page94.html
<ul style="list-style-type: none"> Discuss transfer of rights with parents and students and what that really means. 	<ul style="list-style-type: none"> Self-Determination /Self-Advocacy Parent 	<ul style="list-style-type: none"> http://nichey.org/schoolage/iep/iepcntents/age-of-majority http://www.ncset.org/publications/viewdesc.asp?id=318 (612-624-2097)

	Involvement	
<ul style="list-style-type: none"> Teachers implement Me! Curriculum to teach self-awareness and advocacy 	<ul style="list-style-type: none"> Self-Determination/ Self-Advocacy 	<ul style="list-style-type: none"> http://www.ou.edu/content/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html (405-325-8951)
<ul style="list-style-type: none"> Enroll in Tech-Now class, if offered at your school 	<ul style="list-style-type: none"> Occupational Courses Career Awareness 	<ul style="list-style-type: none"> https://www.facebook.com/technow.oklahoma http://www.okddc.ok.gov/current_project_pages/tech_now.html Rick DeRennaux, CEO, Tech-Now nauxone@swbell.net
<ul style="list-style-type: none"> Males at age 18 register for selective service 	<ul style="list-style-type: none"> Community Experiences 	<ul style="list-style-type: none"> http://www.sss.gov/default.htm (847-688-6888 or 888-655-1825)
<ul style="list-style-type: none"> Explore independent living options 	<ul style="list-style-type: none"> Self-Care Independent living Parental Involvement 	<ul style="list-style-type: none"> http://www.nrcys.ou.edu/oklahoma-programs/okil (800-397-2945 or 405-325-9257) http://www.ilru.org/projects/silc-net/silc-directory-results/OK McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581)
<ul style="list-style-type: none"> Utilize reality check resources, such as OK Career Planner and Texas Reality Check 	<ul style="list-style-type: none"> Self-Care/ Independent living skills 	<ul style="list-style-type: none"> http://okcareerplanner.org http://www.texasrealitycheck.com/
<ul style="list-style-type: none"> Students open and maintain a checking account 	<ul style="list-style-type: none"> Self-Care/ Independent living skills 	<ul style="list-style-type: none"> http://www.moneyinstructor.com/checks.asp
<ul style="list-style-type: none"> Learn about Miranda rights 	<ul style="list-style-type: none"> Community Experiences 	<ul style="list-style-type: none"> http://usgovinfo.about.com/cs/mirandarights/a/miranda_2.htm http://www.usconstitution.net/miranda.html
<ul style="list-style-type: none"> Access technical assistance from Independent Living Centers 	<ul style="list-style-type: none"> Self-Determination / Self-Advocacy Self-Care/ Independent living skills 	<ul style="list-style-type: none"> http://www.ilru.org/projects/silc-net/silc-directory-results/OK McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581) http://www.okdrs.org/drupal/guide/statewide-independent-living-council-oklahoma-silc(405-951-3581) http://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/OK

<ul style="list-style-type: none"> • Complete independent living assessments to identify skills needed 	<ul style="list-style-type: none"> • Self-Care/ Independent living skills 	<ul style="list-style-type: none"> • http://caseylifeskills.org/ • http://www.youthincare.illinois.gov/Lifeskills/Ansell-Casey.htm
<ul style="list-style-type: none"> • Explore Medicaid changes 	<ul style="list-style-type: none"> • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.medicaid.gov/ • http://www.okdhs.org/programsandservices/health/med/ (405-521-3646)
<ul style="list-style-type: none"> • Explore guardianship options through Department of Human Services (DHS) 	<ul style="list-style-type: none"> • Parental Involvement • Self-Determination /Self-Advocacy Skills 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/dd/guard (405-521-3617) • http://oklahomalibraries.worldcat.org/title/all-about-guardianship-a-guide-to-guardianship-law-in-oklahoma/oclc/26372962&referer=brief_results (405-521-2502 or 800-522-8116) • http://digitalprairie.ok.gov/cdm/singleitem/collection/stgovpub/id/6461/rec/12
<ul style="list-style-type: none"> • Incorporate activities/tasks (home and/or school) that employ problem-solving, decision-making, and accountability (i.e., responsible for choices made and outcomes) 	<ul style="list-style-type: none"> • Self-Care/ Independent living skills • Parental Involvement 	<ul style="list-style-type: none"> • http://www.ehow.com/how_2150256_teach-child-problem-solving-skills.html • http://www.education.com/reference/article/teach-young-children-problem-solving/ • http://www.empoweringparents.com/How-to-Create-a-Culture-of-Accountability-in-Your-Home.php • http://www.accountablekids.com/ (907-523-0697)
<ul style="list-style-type: none"> • Take appropriate steps for Assistive Technology (AT) to transition with student to post-secondary or work setting 	<ul style="list-style-type: none"> • Student Support • Interagency Collaboration 	<ul style="list-style-type: none"> • http://www.ok.gov/abletech (888-885-5588 or 405-744-9748) • http://www.theoatc.org (800-700-6282, OKC 405-271-3625, Tulsa 918-660-3281)
<ul style="list-style-type: none"> • Questions for Career Development <ul style="list-style-type: none"> • Awareness • Exploration • Preparation • Career Placement/ Continuing 		<p>Career Placement/Continuing Education Phase (Phase 4)</p> <ul style="list-style-type: none"> • What additional courses do you need to achieve your career goals? • Can these skills be accomplished at a Career and Technology Education Center, two-year College, four-year University? • Which agencies have you connected with or do you need to connect with to pursue your goals?

<p>Education</p>		<ul style="list-style-type: none"> • What resources do you need to continue to live on your own? • Will you be able to get a job? • What supports will you need on the job? <p>Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2nd edition). (2007). <i>Assess for Success: A practitioner's guide for transition assessment</i>. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</p>
<ul style="list-style-type: none"> • Learn how to access resources for further education/training 	<ul style="list-style-type: none"> • Transition Program 	<ul style="list-style-type: none"> • http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5966) • http://www.dpi.wi.gov/sped/pdf/tranopndrs.pdf • http://www.ok-ahead.org/ • http://www.okhighered.org/ • http://www.norwalk.edu/dept/disabilities/pdf/documents/Differences_Between_High_School_and_College.pdf
<ul style="list-style-type: none"> • Employment (learn how to develop employment related documents, interview, search for jobs; gain work experience; make plans for transitioning toward independence from the family) 	<ul style="list-style-type: none"> • Career Awareness • Community Experiences • Paid Employment/ Work Experience • Work Study 	<ul style="list-style-type: none"> • http://www.earlychildhood.org/cdrg/prep_employ.cfm • http://www.pacer.org/tatra/resources/empprep.asp (952-838-9000 or 888-248-0822 or TTY 952-838-0190)
<ul style="list-style-type: none"> • Work Toward Obtaining Career Ready Certificate through WorkKeys 	<ul style="list-style-type: none"> • Exit Exam Requirements/ High School Diploma Status • Occupational Courses 	<ul style="list-style-type: none"> • http://www.okcareertech.org/about/initiatives/career-readiness-certificate-crc-project/career-readiness-certificate-crc-project (405-717-4923) • http://www.okcareerplanner.com/index.php?id=21
<ul style="list-style-type: none"> • Take steps toward Independent Living 	<ul style="list-style-type: none"> • Self-Care/Independent Living 	<ul style="list-style-type: none"> • http://www.okdhs.org/programsandservices/il/ (405-521-3646) • http://www.okil.ou.edu/ (800-397-2945 or 405-325-9257) • http://www.ilru.org/projects/cil-net/cil-center-and-association-directory-

	Skills	results/OK Oklahoma Independent Living Centers McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581)
Additional information		
<ul style="list-style-type: none"> If you are a grandparent age 55 or over raising grandchildren, you may be eligible for services through the Aging Services Division. 	<ul style="list-style-type: none"> Interagency Collaboration Parental Involvement 	<ul style="list-style-type: none"> http://www.okdhs.org/programsandservices/aging/grand/default.htm (405-521-3646) http://www.gu.org/?gclid=CMj_mYT4kcMCFe47Mgod4lwA_Q http://www.usa.gov/Topics/Grandparents.shtml http://www.aarp.org/content/dam/aarp/relationships/friends-family/grandfacts/grandfacts-oklahoma.pdf
<ul style="list-style-type: none"> When the individual with a disability turns 65 years of age, he or she may be eligible for the Advantage Waiver. Eligibility for Medicare may also exist. 	<ul style="list-style-type: none"> Interagency Collaboration Self-Care/Independent Living Skills 	<ul style="list-style-type: none"> http://www.okdhs.org/programsandservices/aging/adw/ (405-521-3646) https://www.medicare.gov/people-like-me/new-to-medicare/getting-started-with-medicare.html http://www.okdhs.org/programsandservices/health/med/docs/elig.htm (405-521-3646)

Additional Notes

Ensure your children are connected to resources and service providers before completing high school. It is essential that planning take place to prepare for supported employment, college, employment, and other plans for after high school. Finalize all post-school plans as a team and ensure necessary partners are at the table.

Acronym Guide

For a description of acronyms, please visit <http://www.parentcenterhub.org/repository/acronyms>