The Self-Determined Learning Model of Instruction: 
Student Questions – *Phase 1 – Set a Goal*

Name ___________________________  Date ___________________ 
School __________________________

What is my goal? Let’s try to identify something that you want to learn or improve on.

Please answer the questions below.

1. What do I want to learn or improve on?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

2. What do I know about it now?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

3. What must change for me to learn what I don’t know?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

4. What can I do to make this happen?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

I have listed a specific, measurable activity for student question 4. This is my goal, the activity I will be working on during Phase 2 and Phase 3.

End of Phase 1  Go on to Phase 2
The Self-Determined Learning Model of Instruction:
Student Questions – *Phase 2 – Take Action*

Name ___________________________   Date ___________________
School __________________________

(Date Phase 2 Began)

Congratulations! You have completed Phase 1. Now it's time to move on to Phase 2 – Take Action.

**What is my plan?** 🎨 Let’s think about how to achieve the goal that you set.

**Please answer the questions below.**

5. **What can I do to learn what I don’t know?**
   
   ___________________________________________________________
   
   ___________________________________________________________
   
   ___________________________________________________________

6. **What could keep me from taking action?**
   
   ___________________________________________________________
   
   ___________________________________________________________
   
   ___________________________________________________________

7. **What can I do to remove these barriers?**
   
   ___________________________________________________________
   
   ___________________________________________________________
   
   ___________________________________________________________

8. **When will I take action?**
   
   ___________________________________________________________
   
   ___________________________________________________________
   
   ___________________________________________________________

End of Phase 2. I will start working on my Plan and then go on to Phase 3.

End of Phase 2 ➔ Go on to Phase 3
The Self-Determined Learning Model of Instruction: 
Student Questions – Phase 3 – Adjust Goal or Plan

Name ___________________________ Date ___________________ 
(School ___________________ 
(Date Phase 3 Began) 

Please answer the questions below. 

9. What actions have I taken? 

__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________

10. What barriers have been removed? 

__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________

11. What has changed about what I don’t know? 

__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________

12. Do I know what I want to know? 

__________________________________________________________________________________________________
__________________________________________________________________________________________________
__________________________________________________________________________________________________

Did I finish my goal? Please mark in the bubble  ○ Yes  ○ No 

If YES 

How did I feel about the results? ________________________________

Now I will go back to Phase 1 and set a new goal. 

If NO 

I will look back at Phase 1 again. If the goal is still a good one for me, I will move on to Phase 2 to revise my plan OR I can rewrite my same goal or change it to a new goal.
The Self-Determined Learning Model of Instruction:
Student Questions – Phase 1 – Set a Goal

Name ___________________________ Date ___________________
(School __________________________
(Date Phase 1 Began)

What is my goal? ☐ What class do you want to improve?
☐ English
☐ Math
☐ Social studies
☐ Science
☐ Other

arrera Please answer the questions below.

1. What do I want to learn or improve on in ( ) class?
   __________________________
   __________________________
   __________________________

2. What do I know about it now in ( ) class?
   __________________________
   __________________________
   __________________________

3. What must change for me to learn what I don’t know in ( ) class?
   __________________________
   __________________________
   __________________________

4. What can I do to make this happen?
   __________________________
   __________________________
   __________________________

I have listed a specific, measurable activity for student question 4. This is my goal in ____________________ class, the activity I will be working on during Phase 2 and Phase 3.

End of Phase 1 Go on to Phase 2
The Self-Determined Learning Model of Instruction:
Student Questions – *Phase 2 – Take Action*

Name ___________________________ Date ___________________
School __________________________

(Date Phase 2 Began)

**What is my plan?** Let’s think about how to achieve the goal that you set.

*Please answer the questions below.*

5. What can I do to learn what I don’t know?
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

6. What could keep me from taking action?
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

7. What can I do to remove these barriers?
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

8. When will I take action?
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

*End of Phase 2. I will start working on my Plan and then go on to Phase 3.*

End of Phase 2  ➔ Go on to Phase 3
The Self-Determined Learning Model of Instruction:
Student Questions – *Phase 3 – Adjust Goal or Plan*

Name ___________________________________________ Date ________________________
School __________________________

(Date Phase 3 Began)

What have I learned? 🚢 Let’s think about whether or not you achieved your goal.

9. What actions have I taken?
   __________________________________________
   __________________________________________
   ________________________________

10. What barriers have been removed?
    __________________________________________
    __________________________________________
    ________________________________

11. What has changed about what I don’t know?
    __________________________________________
    __________________________________________
    ________________________________

12. Do I know what I want to know?
    __________________________________________
    __________________________________________
    ________________________________

Did I finish my goal? *Please mark in the bubble*  ○ Yes  ○ No

If YES 🚢 How did I feel about the results? ____________________________

   🚢 Now I will go back to Phase 1 and set a new goal.

If NO 🚢 I will look back at Phase 1 again. If the goal is still a good one for me, I will move on to Phase 2 to revise my plan OR I can rewrite my same goal or change it to a new goal.