Supreme Flatbreads

Flatbreads are locally made in Oklahoma City at Sweis Brothers Bakery.

**THAI CHICKEN SUPREME $5.80**
Grilled chicken, bell peppers, onions, crunchy chow main noodles and spicy peanut sauce

**TOMATO BASIL SUPREME $4.50**
Cream cheese, diced tomatoes, basil and mozzarella cheese

**HUMMUS SUPREME $4.50**
Homemade hummus, spinach, kalamata olives and sun-dried tomatoes

**PESTO SUPREME $4.50**
Basil pesto, mozzarella, Monterey Jack cheese, cheddar cheese, 3 cheese blend and oregano

**MEDITERRANEAN SUPREME $5.80**
Basil pesto, artichoke hearts, sun-dried tomatoes, spinach, kalamata olives, mozzarella cheese, feta cheese and grilled chicken

**MARINARA CHEESE $4.00**
Marinara sauce, mozzarella cheese and pepperoni

**THE TRIO $5.80**
Marinara sauce, mozzarella cheese, pepperoni, beef and Italian sausage

**Pesto Supreme $4.50**
Marinara sauce, mozzarella cheese and pepperoni

**Mediterranean Supreme Flatbread**

**THAI CHICKEN/STEAK ($) $5.75 ($) $8.25**
Grilled chicken or seasoned steak, bell peppers, onions, cucumbers and spicy peanut sauce

**TUNA-RIFIC ($) $4.25 ($) $6.75**
Tuna salad (bell peppers, sweet pickle relish and light mayonnaise), spring mix and tomatoes

**CHICKEN-RIFIC ($) $4.25 ($) $6.75**
Grilled chicken salad (bell peppers, sweet pickle relish and light mayonnaise), spring mix and tomatoes

**FAJITA CHICKEN/STEAK ($) $5.75 ($) $8.25**
Grilled chicken or seasoned steak, cheddar cheese, fajita veggies and chipotle mayo dressing

**GARDEN PIT $4.25 ($) $6.75**
Cucumbers, onions, bell peppers, black olives, mushrooms, spring mix, tomatoes, feta cheese and balsamic dressing

**HONEY HAM ($) $4.25 ($) $5.75**
Ham, Monterey Jack cheese and spring mix and spicy brown mustard

**KICKIN’ CHICKEN ($) $5.75 ($) $8.25**
Grilled chicken, mozzarella cheese, spring mix, tomatoes, jalapeños and ranch dressing

**THE BEAST ($) $4.25 ($) $6.75**
Roast beef, cheddar cheese, spring mix, sliced onions and chipotle mayo

**SMOKIN’ TURKEY ($) $4.25 ($) $6.75**
Turkey, Monterey Jack cheese, cucumbers, spring mix and chipotle mayo dressing

**Pita bread is locally made in Oklahoma City at Sweis Brothers Bakery.**

**THAI CHICKEN/STEAK ($) $4.50 ($) $6.75**
Grilled chicken breast, white rice and southwest seasoned veggies

**HULK HALF $3.90 WHOLE $4.99**
Roast beef, Monterey Jack cheese and spring mix

**TURKEY BLISS HALF $3.90 WHOLE $4.99**
Turkey, Monterey Jack cheese and spring mix

**THE DOUBLE B HALF $3.90 WHOLE $4.99**
Black beans, garlic and light mayo mix, Monterey Jack cheese, guacamole, spring mix and tomatoes

**THE MAGIC BEAN HALF $3.90 WHOLE $4.99**
Black beans and garbanzo beans with sliced cucumbers, onions, bell peppers, jalapeños, tomatoes, garlic and mixed spices

**JALAPEÑO CHICKEN HALF $3.90 WHOLE $5.29**
Grilled chicken, Monterey Jack cheese, guacamole, jalapeños, spring mix and light mayo

**GLADIATOR HALF $3.90 WHOLE $5.29**
Roast beef, mozzarella cheese, spring mix, tomatoes and homemade roasted red pepper hummus

**HUMMUS WRAP HALF $3.90 WHOLE $5.00**
Roasted red pepper hummus, onions, tomatoes, black olives, bell peppers, spring mix and spinach

**CHICKEN CAESAR WRAP HALF $3.90 WHOLE $5.29**
Chicken, 3 cheese blend, Caesar dressing and romaine lettuce

**WILL ROGERS PRIDE & JOY (S) $3.90 (L) $5.29**
Grilled chicken breast, white rice and southwest seasoned veggies

**HUCK (S) $3.90 (L) $4.99**
Roast beef, Monterey Jack cheese and spring mix

**THE DOUBLE B (S) $3.90 (L) $4.99**
Black beans, garlic and light mayo mix, Monterey Jack cheese, guacamole, spring mix and tomatoes

**THE CAESAR WRAP (S) $3.90 (L) $4.99**
Chicken, 3 cheese blend, Caesar dressing and romaine lettuce

**VEGETARIAN**

**VEGAN**

**GLUTEN FRIENDLY**

**LOCAL**

**PICK 2**
Get two of your favorites for only $7.50 - Choose from small pita, half wrap, small salad or cup of soup.

**Wraps**

**BROWN RICE**

**Wheat**

**Gluten Friendly**

**Local**
**Salads**

**Moroccan Lentil Soup** cup $2.40 bowl $4.40
Slow simmered lentils, garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Chicken Caesar**
Grilled chicken, 3 cheese blend and Caesar dressing

**Tuna Salad**
Red onion, sun-dried tomatoes, extra virgin olive oil, lemon juice, salt, pepper

**Roast Beef**
Beef, cheddar cheese, onions and chipotle mayo

**Chicken Breast Salad**
Grilled chicken, cherry tomatoes, mozzarella cheese and ranch dressing

**Thai Chicken/Steak**
Grilled chicken or seasoned steak, onions, cucumbers, bell peppers and spicy peanut sauce

**Chef Salad**
Turkey, honey ham, Monterey Jack cheese, cherry tomatoes and ranch dressing

**Chicken Caesar Salad**
Grilled chicken, 3 cheese blend and Caesar dressing

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**Broccoli Cheese**
Broccoli puree and shredded cheese

**Thai Chicken Salad**
(s) $3.89 (l) $6.25
Tuna salad (bell peppers, sweet pickle relish, light mayonnaise, cherry tomatoes and balsamic dressing)

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**slider**

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**Roast Beef Salad**
Grilled fajita chicken or seasoned steak, cheddar cheese, fajita vegetables and chipotle mayonnaise dressing

**My Big Fat Greek Salad**
Cucumbers, onions, bell peppers, cherry tomatoes, kalamata olives, feta cheese and homemade Greek dressing

**Athena’s Pasta Salad**
Penne pasta topped with roasted red peppers, cherry tomatoes, onions, kalamata olives, fresh mozzarella cheese and drizzled with balsamic dressing

**Tuna Salad**
Red onion, sun-dried tomatoes, extra virgin olive oil, lemon juice, salt, pepper

**Turkey**
Turkey, cucumbers, Monterrey Jack cheese and chipotle mayo dressing

**Turkey (s) $3.89 (l) $6.25**

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**Broccoli Cheese**
Broccoli puree and shredded cheese

**Ramen Chicken/Steak**
Grilled chicken or seasoned steak, onions, cucumbers, bell peppers and spicy peanut sauce

**Turkey (s) $3.89 (l) $6.25**

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**Broccoli Cheese**
Broccoli puree and shredded cheese

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

**Roasted Red Pepper & Gouda Soup** cup $2.80 bowl $4.80
Velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda cheese

**Broccoli Cheese**
Broccoli puree and shredded cheese

**Slow Simmered Lentils**
Garlic, roasted peppers, carrots, sweet onions with a hint of cumin

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**Broccoli Cheese**
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