Information Packet for Summer Program Leaders and Students
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Arezzo is one of Tuscany’s wealthiest towns and is the center of Italian gold and silver manufacturing. The city has a strong presence in the fashion industry and is a major producer of wine and olive oil. Arezzo has one of the lowest unemployment rates in the country (three percent) and boasts a strong entrepreneurial streak — there is one company for every 10 inhabitants. The business community has strong foreign ties, as evidenced by the fact that the province of Arezzo (population 325,000) is the third largest exporter of products in Italy. Arezzo’s commitment to commerce makes it the perfect venue for OU students interested in International Business.

In addition to commerce, Arezzo has a long tradition of internationally renowned cultural events that revolve around the literary world of the Petrarch Academy, the art history studies of Piero della Francesca and Giorgio Vasari and the musical world of Guido d’Arezzo, inventor of modern musical notation. Arezzo is conveniently located near much larger cultural cities such as Florence, Rome, Siena and Bologna. Therefore, Arezzo offers OU students a rare opportunity to discover the rich artistic beauty of many Italian cities while based in the untrammeled beauty of a medieval town.
OUA San Francesco Classroom Annex
The classroom annex is in the heart of the historic center of Arezzo. There are four classrooms, a study lounge, a computer lab with iMacs and a printer, a small kitchen and office space for visiting professors.

Teaching Equipment in each Annex Classroom:
- Mac laptop
- Epson Projector
- Speakers
- Whiteboard with markers
- Wifi

Additional Equipment:
- Printer/scanner/fax machine/photocopier with USB port
- One document camera
- Apple TV

Operating Hours:
- Monday – Thursday: 9 a.m. to 7 p.m.
- Friday: 9 a.m. to 5 p.m.

*Weekend and additional hours can be arranged with staff. Each professor and program leader will be issued a set of keys to the annex and you can come and go as you please.*

Class Locations:
Courses will be taught at the classroom annex or the Kathleen and Francis Rooney Family Residential Learning Center, unless other arrangements or requests are made. You will be given your location upon arrival.

Address:
University of Oklahoma
Piazza San Francesco, 18
Arezzo, Italy 52100

Mail:
If you need to get mail delivered to you directly, please use the above address. Put your name above “University of Oklahoma.” Please note that OUA staff members are not responsible for custome charges for receiving packages. It is best to have payment and timing scenarios figured out before getting something delivered to yourself. Parcels cannot be sent back to you in the US if your package was late or refused.

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The Rooney Family Center is the newest addition to the OU in Arezzo facilities. The newly renovated 13th century monastery provides OU students and faculty a place to both live and learn! The Rooney Family Center classrooms are also equipped with technology and teaching materials.

Guidelines for students including emergency protocols, guest regulations and policies regulating the consumption of alcohol at the Rooney Family Center, will be discussed with students and professors during arrival orientation.

Operating Hours
For students residing in the Rooney Family Center, the building is open at all times. Common areas within the center may have opening and closing times, which will be discussed during arrival orientation.

For students and professors residing elsewhere in Arezzo, you will have access to the common areas only during set hours, which will be discussed during arrival orientation.

Additional hours can be requested by professors and arranged with staff.

Common Areas
- Indoor eating area
- Food locker room with a sink, microwaves and toaster ovens (food lockers for students residing in the Rooney Family Center)
- An ice machine and dishes
- Library with books and games
- Chapel
- Computer lab with iMacs and a printer
- Large garden/outdoor space with seating areas
- Study lounges
- Great Hall with sofas and tables
- TV room with DVDs and a Blu-ray player
- Laundry room
- Classrooms (when not in use)
- Seminar room (when not in use)
- Conference room (when not in use)
- Outlook tower

Laundry
All student will have access to the laundry room during regular hours. Some living arrangements have laundry options, but the Rooney Family Center facilities are available.

Laundry tokens cost 2.50 euros a piece for all students, professors, program leaders and guests. One token gives you one washing cycle or one drying cycle. Detergent is automatically dispensed in washing machines.

Tokens will be sold during operating hours by OUA student employees with euro coins or notes only. Credit/debit cards, checks or US dollars will not be accepted.
HOUSING AND ACCOMMODATIONS
FOR PROGRAM LEADERS AND GUESTS

Incoming Day
Arrival plans and the incoming city for each summer program vary significantly. Summer professors and their students should plan to meet at the airport unless going directly to their residence. If you need help in planning the specific details of your arrival and your first meeting with students, please contact Ursula, the Special Programs Coordinator.

Upon arrival in Arezzo, faculty and students will be accompanied to their respective housing locations by an OUA staff member. This staff member will be available to answer any housing questions or concerns, and can help guide you to any OUA locations.

General Information
If you are booked into an apartment you will be happy to know that most are located within the historic centre of Arezzo or just outside, and all are within walking distance of the two OUA sites. All of the apartments are furnished, although they may vary slightly in the quantity and quality of amenities supplied.

All rentals provide linens, towels and kitchen supplies. Most have washing machines but not driers; clothes can be hung up on drying racks outside or inside. Where the apartment is not equipped with air-conditioning, fans will be supplied. All apartments have a secure internet service.
Housing and Accommodations

For Students

General Information
On overnight trips outside of Arezzo students will be booked into hotels; when based in Arezzo most students will reside in hotels or B&Bs, while some programs will be placed in the Rooney Family Center. You will receive further information regarding your accommodation before arrival. Room assignments will be given through a professor or a staff member.

Internet Access
All of the housing accommodations booked for summer programs promise free internet access to guests. However, sometimes the service may experience interruptions. Students should be made aware of this and visiting professors are encouraged to have a backup plan in the event that Wi-Fi or internet access is ‘down’ and students have difficulty accessing online homework assignments or D2L.

In Arezzo, the Classroom Annex, the Rooney Family Center, the public library and several nearby locations have Wi-Fi that students can use, as well as several cafes that offer free wireless service to customers.

Air Conditioning
Air conditioning may function differently than students are accustomed to in some summer housing locations (especially in Arezzo). Some hotels and B&Bs have air conditioning units in each room (such as Rome, Florence and Venice) but it is not always the norm. Students should be made aware of this. The Rooney Family Center is fully air-conditioned.

Luggage
Students should be encouraged to pack only one large suitcase, with wheels. The students will likely move from one city to the next and that means that they (and program leaders) will have to tackle ancient cobblestone streets and uneven sidewalks in the pedestrian centers to get from the housing location to the train station or bus terminal. Students should also be encouraged to pack a change of clothes and any essentials (including prescription medications) or valuables (computer or other devices and chargers for each) in their carry-on luggage.

During the summer, the amount of lost luggage claims unfortunately increases, due to the high number of tourists arriving in Italy. In most cases, lost luggage arrives within a few days, but it is always best to be prepared, in case any luggage is delayed.
ACADEMICS AND ARRIVAL ORIENTATION

Student Arrival Orientation
Upon arrival in Arezzo, your students will attend a “Student Affairs Orientation Session.” They will be informed about the policies and procedures at OUA, their rights and responsibilities as OU students in Arezzo, and issues related to safety and security. Students will also be asked to sign documents that testify to their understanding of academic policies and the standards of conduct expected of them. This session will be scheduled into your calendar. You are encouraged to attend, as well.

Attendance
Attendance is particularly important during the study abroad experience. Students are expected to attend all classes and site visits. As the professor, you can decide upon the exact attendance policy for the course. During orientation students will be reminded that personal travel plans need to be arranged so that they do not conflict with scheduled classes.

Visiting Professor/Program Leader Arrival Orientation
Marta or Ursula will schedule a time with you on your first day in Arezzo to get important information regarding your calendar, site visits, handling payments for entrances or transportation and other program specific arrangements. Ursula can give you a tour of the San Francesco Classroom Annex, and can answer your questions about how things work and how you set up your classroom equipment, if necessary. The Graduate Resident Director can give you a tour of Arezzo and help you locate stores and/or services you may need.

Any changes to an established itinerary or schedule must be discussed in advance with Kirk Duclaux.

Calendar and Important Dates
OUA Classes can be scheduled and day of the week.

Italian Summer Holiday:
June 2 - Republic of Italy Day
Stores/sites may be closed or have restricted hours.

American Summer Holidays:
• Last Monday of May - Memorial Day
• July 4 - Independence Day
OUA facilities are open and classes can be scheduled.

Save the Dates:
Antique Fair - Every first Saturday in Arezzo
Local Market - every Saturday in Arezzo
Annal Jousting Festival - See the official Arezzo website here for specific dates.
HEALTH CARE

Doctor Visits
Your good health and safety are a priority. If you need to see a doctor for any reason you should contact the OUA staff. They will help you set up an appointment with the appropriate doctor and can accompany you to translate.

If you already know that you will need to see a doctor for ongoing or follow-up medical care or for a prescription refill, it is best to let Charlotte Duclaux, Director of Student Affairs, know in advance so that she can help you set up an appointment with an Italian doctor. There are several doctors in Arezzo and/or in Tuscany who speak English.

Medical Emergencies
If you, one of your accompanying guests or students have a medical emergency, Charlotte or another member of OUA Student Affairs staff can accompany you to the nearest hospital and act as a translator. At the ER in Arezzo, all patients are treated regardless of country of origin or type of insurance coverage. There are also private clinics that offer some non-urgent medical care services for different fees.

Payments
For Emergency Medical Care:
In the event of a medical emergency you would be billed for services when discharged from the hospital. You would pay for the services and submit the receipt of payment and other required documents to CMI (or other insurance company) for reimbursement of covered services.

For Non-Emergency Medical Care:
If you, one of your accompanying guests or your students need see a doctor or specialist for non-emergency purposes you would pay for the services at the end of the appointment (typically by cash, as many doctors do not accept credit or debit cards), and you would submit the receipt of payment to CMI (or other insurance company) for reimbursement of covered services.

Commonly used Medications and Prescriptions
If you have a favorite medicine that you take when you are sick and you feel that nothing else works like that medicine, it may be a good idea to bring it with you, such as seasonal allergy medication. The pharmacies in Italy may have a similar product with the same active ingredients, but it will probably be a different brand than you are accustomed to in the States. If you are sure you cannot go without, it is best to bring it along.

It is best to bring a sufficient amount of any prescription drugs you may need for the duration of your stay. These medications must be packaged in their original containers, along with written prescriptions from your doctor. All prescription medications must be clearly labeled with your name to avoid any problems with local authorities. Although your doctor’s prescriptions justify you having the medications, they are not valid in Italian pharmacies. For refills of prescription drugs, you will need to visit an Italian doctor in Arezzo, who will most likely be able to write you a prescription. Adderall and Ritalin are illegal in Italy, however, if you were issued these medications in the US, your original prescription should be fine, if questioned by the authorities.

Contact lenses and solutions can be purchased in Arezzo, but it may be wise to bring a sufficient amount for the duration of your stay.

Pharmacies in Arezzo
There are many pharmacies throughout the city. Most pharmacies close in the afternoon from 1:00 to 3:30 p.m.

Pharmacy in Arezzo open 24/7:
Farmacia Comunale
Via Campo di Marte, 7
Health Services and Doctors
The following is a list of doctors in the Arezzo area who work with international students. These doctors speak some English.

General Medicine:
Dr. Giulia Ludovichi
Cell Phone: +39 (328) 204-4758
*This doctor speaks some English and she is available for house calls at a fee of approximately 25 euros per visit.*

OB/GYN:
Dr. Barbara Brodbeck
Via Della Fortezza, 6; Florence
Cell Phone: +39 (335) 835-3612
*This doctor speaks English well and works with many university students in Tuscany. Her fee for office visits is approximately 100 euros.*

Psychology:
Dr. Darylle Monington
Cell Phone: +39 (333) 533-9290
*Dr. Monnington is a licensed psychologist who is a native speaker of English. She works with university students via Skype. Her fee per session is approximately 80 euros.*

Psychiatry:
Dr. Anna Choub
Cell Phone: +39 (339) 568-7775
Email: achoub@yahoo.com
*Dr. Choub is a US-trained psychiatrist and psychotherapist (at Mount Sinai Hospital in New York, NY). She has offices in Florence and Pisa. Her fee for office visits is approximately 100 euros.*

Dentistry:
Dr. Andrea Terziani
Phone Number: +39 (057) 528-6608
*Dr. Terziani is a dentist and orthodontist. He speaks some English and is available for appointments at his office in Arezzo. His fee for office visits is approximately 75 euros.*

Centro Chirugico Toscano/Tuscan Surgical Center:
This new medical facility schedules appointments for non-emergency treatments ranging from surgeries to blood tests. Several of the doctors speak English.
Phone: +39 (0575) 5335
SAFETY AND SECURITY

Rule number one for safely studying abroad is to use common sense. This means to keep your eyes and ears open for dangerous situations BEFORE they happen. Violent crime is unusual in Italy, and in particular, Arezzo. However, petty crime such as pickpocketing is common. No matter where you are in Italy or Europe, protect your goods and yourself by being cautious.

DO’s

- DO be watchful of your personal items — keep wallets and money in your front pockets.
- DO photocopy all your important documents, including airline tickets and credit cards (front and back), and store these in a secure location.
- DO store cash and credit cards in a pouch inside your shirt or in a money belt.
- DO pay attention to your surroundings — a seemingly spontaneous event on a busy street is a haven for pickpockets.
- DO travel in groups.
- DO take a taxi instead of walking or waiting for a bus at night.
- DO walk away from anyone (male or female) who makes you feel uncomfortable or unsafe.
- DO ignore anyone who might be trying too hard to “pick you up.”
- DO contact staff and ask for help at anytime. When in doubt, always call.

DO NOT’s

- DO NOT carry large amounts of cash.
- DO NOT carry anything expensive.
- DO NOT leave your bags unattended while you make a call or fiddle with belongings.
- DO NOT take rides from strangers or people you just met.
- DO NOT drink excessively — According to the American Consulate in Florence, over 90 percent of problems that American study abroad students encounter are due to excessive alcohol consumption.
- DO NOT chat with someone you do not want to be around — be forceful and adamant.
- DO NOT wear expensive jewelry.
- DO NOT travel alone or in solitary compartments of trains.
- DO NOT carry house keys on a keychain that has your hotel address.
- DO NOT use illegal drugs.
- DO NOT break policies and procedures in your housing accommodations or when visiting the Rooney Family Center or the classroom annex.
Cell Phones
If staying for an extended time period, the best option for making local calls and sending text messages to friends and classmates is to buy an inexpensive cell phone and prepaid minutes when you arrive in Arezzo. By purchasing a cell phone you will pay inexpensive local rates. The calls are prepaid so you never receive a bill and you do not need to sign a contract or commit to lengthy periods of cell service. Contrary to the US, you will not spend any money when you receive calls or text messages in Italy.

**IMPORTANT:** In order to pay local cellular rates, you will need to have a GSM cell phone that is compatible with the Italian system and you will also need a SIM card for Italy. The phone and its SIM card can be purchased anywhere in Italy from many locations. iPhones and some Androids purchased in the US have been used successfully by OU students in the past. You should check with your local phone company about fees and service charges, plus rates for calls. If you use your US phone in Italy it is likely that you will have to pay roaming fees and your calls and texting in Italy will be costly. In addition, depending on the type of phone and provider you have, you may need to get your phone unlocked before leaving the US.

It is recommended to use your US cell phone with Wi-Fi only and to use a cheap Italian phone while in Arezzo for communication within the country or just depend on Wi-Fi for all communication.

**Wi-Fi and Internet Locations**
Lots of bars and restaurants now offer wifi. Some places charge, but many are free; simply ask the staff about their policy and they will give you the wifi password. Public transportation such as buses and trains may not have wifi access available, but there are usually signs posted with such information.

**Tabacchi Stores**
A tabacchi (tobacconist) is a good place to go for various everyday necessities such as pens, paper, stamps, cell phone pre-paid cards, international calling cards, local bus tickets, government duty stamps (marca da bollo) and tobacco products. In many cases, a Tabacchi is also a snack bar, lunch counter or general neighborhood meeting spot. Tabacchi stores in Italy display a sign with a big white “T” on a blue or black background. Notice that the signs say “Sali e Tabacchi.” They refer to two products that were controlled by the government, salt(s) and tobacco(s).
Weather
Arezzo is located in the middle of Italy. However, this area is considered a coastal climate area, because the Italian peninsula is quite narrow. This means that temperatures are moderate - until the summer heat begins in late June. Typically, temperatures range from 75 - 90 °F from June to August. The Tuscan summer is synonymous with lots of sunshine, beautiful fields of sunflowers and lots of tourists!

It does not typically rain often in Arezzo during the summer, but it is a good idea to bring a rain jacket and/or umbrella, just in case.

Shopping
There are many shops in Arezzo that offer a wide variety of items. There is an Italian version of Target with inexpensive clothing and housewares, several shops where you can buy toiletries and other items and a large store similar to Walmart. In general, everything you need for your stay can be purchased in the city center. However, if you have a particular brand of mouthwash or a favorite towel that you cannot live without, it is best to bring those items with you. Clothing, shoes and accessory stores are widely popular in Arezzo such as Zara, Foot Locker, as well as many local boutiques.

Each Saturday Arezzo has a flea market where you can purchase clothes, food, housewares, toiletries, shoes, handbags, jewelry and anything else you want. Vendors are less expensive than established businesses and some students bargain. In addition, a big antique fair visits Arezzo once a month, and it brings vendors and visitors from all over Europe.
**LIFE IN AREZZO**

**Walking**
Italians are avid walkers and you will be too in time. Much of Italy, and Arezzo in particular, is hilly. The centers are closed off to most car traffic, so get used to walking! Whatever you purchase in the course of the day will have to be carried by hand back to your place of stay. You will have access to a small food preparation area in the Rooney Family Center for light meals.

**Electrical Appliances and Converters/Adaptors**
In Europe electricity operates at 220 volts versus 120 volts in the US. For 120 volt appliances from the US to work in Italy, you must have a voltage converter, which is heavy and rarely effective. Buy basic appliances in Italy to avoid the risk of fire and shock such as hair dryers and straighteners. Laptops, iPhones and tablets may have built in voltage converters; therefore, all you would need is an inexpensive two-prong adapter plug for those products to charge. Bring several adapter plugs with you because different adaptor-style plugs are necessary for each foreign country. Sets of adaptor plugs for all European destinations are available at department stores such as Target and Best Buy. The Rooney Family Center rooms have USB ports in the walls. Each room in the Rooney Family Center and many apartments and hotels provide hair dryers.

**Vehicles**
In general, people drive much faster and more aggressively in Italy than in the US. Not surprisingly, Italian drivers can shock first-time visitors. Drivers may not always obey traffic signs or pedestrian walk lights. It is always best to err on the side of caution by being prudent. Walk the extra 10 meters to the “zebra strips” located at various points on the streets in order to cross. You will have the right of way, and cars, trucks and mopeds must stop for you crossing the street in those zones.

Mopeds are another aspect of Italian life that takes students some getting used to in Arezzo. They are an inexpensive mode of transportation and widely used in both cities and towns. For many newcomers to Italy, they may think mopeds are a nuisance and loud. Look out for mopeds because the driver may not be paying attention to you.
LIFE IN AREZZO

Travel in Italy

Trains:
The most convenient method of public transportation is by train. Italy has an efficient railway system that connects to all main cities and towns. For complete information on train travel in Italy, check out www.slowtrav.com/italy/trains. If you arrive in Italy independently it is likely that you will have to catch a train from your arrival point to Arezzo. Check out the Italian railway website at www.trenitalia.com for details. Always remember to validate your ticket before getting on, or you may pay a fine!

Planes:
There is not an airport in Arezzo. The closest airport is in Florence or Rome. There are a growing number of low-cost airlines in Europe such as Ryan Air (www.ryanair.com), Air Berlin, Easyjet and Meridiana. It is almost always faster and cheaper to fly to certain destinations in Europe rather than travel by train.

Automobiles:
You can rent a car or moped from a number of agencies if you are 25 years of age or older and have a valid US driver’s license. If you plan to drive while in Europe, though not obligatory, you might want to visit your local AAA to apply for an international license. Taxis are available most places, but it is advised that you only take the official white taxes, not private companies. Uber and Lyft are not as popular in Europe and likely will not be available.

Buses:
Local bus service in and out of Italian towns to close destinations is geared towards the Monday-Friday workforce. There are numerous buses in the morning and the afternoon, but few throughout the evening. Plan accordingly. Bus fares are traditionally inexpensive and will travel where trains fear to tread. Unfortunately, there are no night buses in Arezzo. Full bus schedules are posted online and at train stations.

Attire

It is true that Italians tend to dress much nicer than many Americans are used to. T-shirts with logos, baseball caps, i-p- ops, short shorts, and baggy clothes are not common. You can certainly wear these things, but you may stand out and be treated like a tourist. Bare feet are frowned upon. You will be walking a lot, so be sensible about wearing shoes that will absorb the wear-and-tear on your feet. Wear shoes that will keep you comfortable.

Please note that all churches and many museums require knees and shoulders to be covered to enter and no hats. Please plan for this when visiting those sights such as bringing a scarf or sweater along for coverage. Everyone will also be asked to work a shirt, shoes and bottoms while in the common areas at the Rooney Family Center and at the Classroom Annex.
Money

Banks:
Banking hours in Arezzo are normally Monday-Friday from 8:30 a.m. – 1:00 p.m. and from 3:00 – 4:00 p.m. It is best to access a US bank account via an ATM card in order to get cash (euro only). Be sure to contact your bank to tell them you will be traveling to Italy.

ATM Machines and Fees:
The many ATMs (bancomats) around Arezzo and Italy are accessible at all times. Normally, you can only withdraw up to 250 euros per day from an ATM. Your US bank account may have a limit as well, so be sure you contact them to find out this information before leaving. Be sure to keep receipts and double check that the amount withdrawn correctly corresponds to your monthly statements or online banking activity. Also before leaving the US, find out how much your bank will charge for using your debit card internationally. Some banks charge international fees, but many do not. It is likely that you will be charged service fees from the local bank in Italy whose ATM you use.

Credit Cards and ATM Cards:
All major cards are accepted in many places across Italy, even in small towns. Visa and MasterCard are the most accepted. However, due to the high cost of credit card transactions for the merchants, many of them will claim they do not take credit cards or that their credit card machine is broken, even though they advertise accepting them. Credit cards can also be used for cash advances in banks and for payment in most hotels and gas stations. Your credit card company may charge you an international transaction fee of at least 1.5 percent. Make arrangements with your bank to acquire an international PIN and notify your credit card company that you will be in Italy and using your credit card there. It is best to have a copy (front and back) of each credit or debit card and to keep these separate from the actual cards. Each credit card should have an international number to call in the event of an emergency cancellation.

Note: It is wise to carry only small amounts of cash. Many establishments do not take cards such as a bar where you can get a quick coffee (In Italy, bars refer to small cafes with pastries, coffee, and other quick snacks). In addition, vendors at the antique fair and the weekly flea market will only take cash. Get used to carrying cash in Arezzo, because you will need it. Keep it safe in a money belt and do not carry large amounts.

Lost or Stolen Cards:
As mentioned above, it is best to have a copy (front and back) of each credit card or debit card and to keep these separate from the actual cards. Each credit card should have an international number to call in the event of an emergency cancellation on the back of the card. The following “numero verde” (Italian toll free numbers) may also be useful for cancelling a card:

Visa: 800-877-232; MasterCard: 800-870-866; American Express: 067-228-0371

You will find that exchanging US dollars or using Traveler’s Checks will be difficult in Italy. Plan to avoid this, if possible.
Ice:
It can be hard to find ice for your drink in Italy, no matter the season. You will likely have to ask for ice; be sure to specify a number, or you will only be brought one cube! The Rooney Family Center does have a small ice machine.

Water:
The tap water in Arezzo is completely safe and drinkable. Some students say it has a peculiar taste, while others enjoy it. Also, do not be surprised that most restaurants charge for water. Carbonated water is popular, so be sure to ask for ‘acqua naturale’ if you do not like carbonation in your water.

Tipping:
Tipping at restaurants is not customary and patrons are not expected to tip servers. However, a tip will rarely be refused.

Animals:
You will see dogs in many more public places than you are accustomed to in the US. For example, some Italians take their dogs to restaurants and into the grocery stores. Also, be prepared to see pigeons more frequently. Although not dangerous, OUA students are sometimes surprised to see these differences.

Homesickness or Culture Shock:
Italy is seven hours ahead of Oklahoma time. Because of this time difference it is not always easy to find a good time to get in touch family and friends. As a result, some students tend to feel ‘miles away’ from their support network and may get homesick. If you experience homesickness and want help, OUA staff can help you access services and personnel who can help you through the rough times.

General Well-Being:
OU in Arezzo staff have a number of policies and procedures in place to help you have a safe and enjoyable experience while in Arezzo. No matter the problem, you should never hesitate to seek them out for assistance.
Traveling to Arezzo on your own

Train Directions from Rome Airport (Fiumicino/Leonardo da Vinci) to Arezzo:

Exit the customs area of the airport and follow the signs for trains to Roma. You can also get a taxi and go to Termini Station (approximately 50 Euro) to catch the train to Arezzo. Follow the pictogram of the train to the tunnel that connects the airport to the airport train platform. You will find bathrooms, ATMs, snack bars and basic tourist information in the area. You can purchase train tickets from the ticket window located near where you board the train or from the automated ticket machines (instructions in English).

The airport train connects to the main stations in Rome. You will want to go to Termini Station. When you buy your train ticket for Roma Termini you can also purchase the portion that includes the trip from Rome. You will have one ticket total: Roma Fiumicino to Arezzo. Trains run between the airport and the Termini station every 30 minutes. Like all trains, some are faster than others, so plan accordingly. Once in Termini, consult the train departure information board for times and the track number (binario) where your train departs. The train ride to Arezzo takes approximately two hours depending on the speed of the train and the number of stops it makes. When you stop at the Terontola station you are approximately 10-15 minutes from Arezzo.

Train Directions from Florence Airport (Peretola/Vespucci) to Arezzo:

Florence’s Peretola/Vespucci is a small airport. Generally, flying into Florence is more expensive, so few students do so. However, it is easier to get to Arezzo from Florence than from Rome. Once you exit the baggage claim area there is a small information and rental car desk, restrooms and public phones.

Immediately outside you will find taxis and city buses that provide regular service to the center of Florence. Taxi charges to the main Florence train station (Santa Maria Novella) will be approximately 30 Euro, while bus service is approximately 10 Euro. Go to the main station, Santa Maria Novella, to catch trains from Florence to Arezzo. Once in the station, you can purchase tickets from the ticket windows or from an automated machine in English. The cost of a ticket to Arezzo is around eight Euro for regional trains. There are southbound trains that stop in Arezzo at least twice every hour. Depending

You may use these instructions as a point of reference when traveling on your own or as a group. At times OUA staff will accompany you, but this will help guide you when taking personal trips, for example.
Hotels, apartments and other accommodations are also located near the two OUA facilities.

Click here for an OU in Arezzo interactive map.

- Rooney Family Center
- Classroom Annex
HELPFUL PACKING
LISTS

Clothing
• Undergarments
• Socks
• Pajamas
• Rain jacket
• Shirts
• Comfortable shoes
• Waterproof shoes
• Skirts
• Shorts
• Dresses
• Jeans

School Supplies
(If not purchased in Italy)
• Multiple subject notebook
• Folders
• Index cards
• Pens and pencils
• Planner

Travel Planning for Hostels
• Shower shoes
• Sheet sack
• Small piece of luggage
• Padlock
• Backpack

Additional Items
• Passport
• Money belt
• Umbrella (compact)
• Flip-flops
• Sunglasses
• Contact-lens supplies
• Adaptors for appliances
• Prescription medications
• Preferred over-the-counter medicines such as allergy pills, pain relievers, Tums, etc.
• Apple, Android and/or other devices
• Laptop computer
• Chargers and cords
• USB key
• Credit cards
• ATM cards
• Photocopies (front and back) of credit cards, ATM cards, passport and medical insurance card
• Some euro in cash (about 100) for the first few days
• Towels and wash rags (plenty will be provided, but if you prefer your own)
• Ziploc baggies (hard to find in Italy)
• Water bottle
• Sleep mask and earplugs
WELCOME TO OU IN AREZZO!

Please contact Ursula for more information or if you have any questions. For students residing in the Rooney Family Center, please see the additional document that will be given to you. Please be sure to give your students all pertinent information in this booklet.

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