HEALTH & HEALTHCARE ACCESS

Bright Spots and Progress

Most reported at least a decent quality of health and have health insurance.

- 96.1% reported their health as fair or better.
- 3 in 4 reported their health as good or better.
- 94.1% reported being HIV negative, including nearly 99% of respondents under 30.

- Nearly 90% of all respondents who reported living with HIV also reported receiving health care related to HIV within the past 12 months.

- The medically uninsured rate among respondents is low (8.6%) and comparable to the national rate (8.8%). The rate reported in this study is 10.4% lower than the rate reported in the 2005 study.

Other findings identify the negative experiences of many in the SGM community...

The Prism Project - to better inform the community of issues involving Tulsa's LGBTQ+ members.

In 2019, Tulsa Reaches Out (TRO) partnered with several Tulsa-area organizations to conduct a needs assessment survey to provide outreach, create advocacy groups and guide policymakers about the needs of Tulsa’s sexual and gender minorities, commonly referred to as the LGBTQ+ community.

TRO commissioned The Hope Research Center at the University of Oklahoma-Tulsa to conduct the survey within Tulsa’s LGBTQ+ community. More than 800 anonymous surveys were completed and analyzed. From this effort, a 73-page report was released in November 2019.

From the findings and the report, TRO established three goals:

1. Provide outreach to community partners to inform practices and ensure responsive services to the needs of sexual and gender minorities (SGM);
2. Inform advocacy groups working to increase public awareness and support goals to improve the well-being of the SGM community, and
3. Guide policymakers with data and analysis about the SGM community to inform future policy recommendations and actions.

The Prism Project tracks changes in the LGBTQ+ community since TRO first conducted a LGBTQ+ Needs Assessment in 2004-2005.

This brief is one in a series of five which summarize key findings in the report:

- Family & Community Experiences
- Health & Healthcare Access
- Mental Health
- Workplace Experiences
- Youth Experiences

The complete report, the briefs, a PowerPoint and other supportive materials can be found at link.ou.edu/tulsa-lgbtq

About Tulsa Reaches Out (TRO)

Tulsa Reaches Out is an advisory council within the Tulsa Community Foundation whose goal is to raise awareness and address changes needed for sexual and gender minorities.
Challenges

There are concerns with respect to aspects of physical health among SGM respondents and access to healthcare.

- **One-third** reported having a serious health issue, including nearly 70% of respondents aged 70 and over.
- Although the overall medically uninsured rate is low in this sample (8.6%), the rate remains high among Latinx (26.1%) and Black/African American (21.1%) respondents.
- **1 in 4** report not having a primary care provider, including 34.8% of Latinx and 30% of American Indian respondents. Of those without a primary care provider, 27.8% report that they do not seek healthcare because they can’t afford it.
- **Nearly two-thirds** of SGM participants reported at least one of the listed negative experience with their health care provider in the past 3 years.
- **One-quarter** of gender minority adults who requested gender affirming treatment and procedures reported being denied by their insurance providers.

The survey indicates important priorities moving forward:

Regarding the most important services needed for SGM individuals:

**Adults** indicated preferences for:
- mental health and counseling services
- advocacy at the state legislature
- physical and medical health services
- public awareness about LGBTQ+ issues

**Youth** indicated preferences for:
- mental health and counseling services
- public awareness about LGBTQ+ issues
- programs for LGBTQ+ youth
- sexual health education

We hope readers will consider committing their resources, influence, and networks to come up with creative solutions to the persistent challenges faced by sexual and gender minorities so that we can continue making progress together as one community.