TULSA: THE PRACTICE PLAN

Physician Practice of the OU School of Community Medicine

tulsa.ou.edu/scom
The OU Department of Emergency Medicine is home to Oklahoma's only allopathic residency training program in emergency medicine. Residents are based at Hillcrest Medical Center, but also perform off-service rotations at St. John Medical Center and at St. Francis Hospital. The hospitals are convenient to the OU-Tulsa medical campus, and inclusion of three hospitals affords residents opportunities to rotate on specialized services emphasized at a particular institution.

COMPREHENSIVE SERVICES:
- Emergency Medicine
- Pediatric EM
- Shock/Trauma

OTHER CLINIC SITES
- Based at Hillcrest Medical Center, with services at Saint John Medical Center and Saint Francis Hospital

FACULTY
- Thomas W. Allen, DO, MPH, FACP, FCCP
- Russell Anderson, DO
- Annette O. Arthur, PharmD
- Amanda L. Bogie, MD
- Boyd D. Burns, DO, FACEP, FAAEM
- Jerry Castleberry, DO
- Jeff Dixon, MD, FACEP
- Josh Gentges, DO
- Jeffrey M. Goodloe, MD, FACEP, NREMT-P
- William K. Gray, MD, FACEP
- Cecilia Guthrie, MD, FAAP
- Jeff Johnson, MD, FACEP
- William A. Justice, NREMTP
- Max Martin, DVM
- Christie Mareshie, DO
- John Nalagan, MD, FACEP
- Howard Roemer, MD, FACEP
- Christopher R. Tainter, MD, RDMS
- Stephen H. Thomas, MD, MPH, FACEP
- Lori Whelan, MD, FACEP
- Eric Woolley, MD
At OU Family Medicine Center, you have a relationship with a physician-led medical care team that watches over your care. Our multidisciplinary team approach provides careful attention to everyone in the family – adults, children, seniors – focusing on individual and family needs. Our goals are achieved through integration of all aspects of the mind and body. OU Family Medicine is a physician-led and professionally-managed practice specializing in patient service and convenience. Most insurance accepted.

COMPREHENSIVE SERVICES
- Acute illness treatment
- Behavioral Health
- Cardiac stress testing
- Chronic disease management
- Diagnostic tests and procedures
- Geriatric care
- Family counseling
- Family Medicine
- Laboratory, ultrasound and radiology services
- Medication counseling
- Minor surgical procedures
- Physical and Rehabilitative Medicine
- Preventive health care screenings and immunizations
- Well baby and pediatric care

Senior Health Care
- Medication assessment and management
- Advocacy and referral

Sports Medicine
- Diagnosis and treatment of musculoskeletal injuries
- Exercise, prescription and training
- Human performance lab (maximum oxygen utilization testing, 12 lead cardiac stress testing)
- Injury prevention, evaluation and rehabilitation
- Medical conditions that affect activity (e.g., exercise-induced asthma)
- Musculoskeletal manipulation therapy
- Runners’ clinic and gait analysis
- Sport psychology
- Team Care – TU, ORU, Owasso etc.
- Weight loss programs

Women’s and Children’s Health
- Prenatal, OB and Postpartum care
- Well baby and pediatric care

Appointments Available
- 8 am to 5 pm, Monday thru Friday
- Extended hours on Mondays 5 to 9 pm
- Same day appointments

OTHER CLINIC SITES
- Ramona Clinic
  400 Wyandotte Place
  Ramona, OK

HEALTH@WORK SITE WELLNESS
Offering health screenings and risk factor assessment, worksite health promotion programs, wellness coaching, and worksite health clinics.

Services Include:
- Allergy symptoms
- Chronic disease management, including high blood pressure and diabetes
- Joint pain
- Comprehensive physical exams
- Well woman visits
- Wellness education
- Referrals for specialty care
- EKGs and lab services, including glucose/cholesterol
- Health risk assessments and screenings

Rogers State University
- Student Health Center
  Monday, Wednesday, Friday
  9:30 am to Noon, 1 pm to 2:30 pm
  Jan Belcher
  Serving students, faculty and staff

Union Health@Work
- Independent School District
  Open Monday thru Friday
  8 am to 12 noon and 1 pm to 5 pm
  Cameron Cobblentz
  918-357-7378
  Serving Union employee families

University of Tulsa
- Open Monday thru Friday
  8:30 am to 12 noon and 1:30 pm to 5 pm
  Serving TU students

Williams Health@Work
- One Williams Center
  Resource Center, lower level
  8:30 am to noon, Monday thru Friday
  Same day appointments
  Mary Sprung
  918-619-4014
  Serving downtown employees

Community Health
- Rosa Parks Clinic – School-based
  13702 E. 46th Place South
  Appointments: 918-619-4400
  Tuesday & Thursday 8 am to 5 pm, Friday 1 pm to 5 pm

- Roy Clark Clinic – School-based
  3656 S. 103rd E. Ave.
  Appointments: 918-619-4400
  Monday & Wednesday 8 am to 5 pm

- Sand Springs Early Childhood Center
  Laboratory, ultrasound and radiology services – School-based
  Services Include:
  - Medication counseling
  - Allied Health
  - Minor surgical procedures
  - Physical and Rehabilitative Medicine
  - Preventive health care screenings and immunizations
  - Well baby and pediatric care

- Senior Health Care
  - Medication assessment and management
  - Advocacy and referral

- Sports Medicine
  - Diagnosis and treatment of musculoskeletal injuries
  - Exercise, prescription and training
  - Human performance lab (maximum oxygen utilization testing, 12 lead cardiac stress testing)
  - Injury prevention, evaluation and rehabilitation
  - Medical conditions that affect activity (e.g., exercise-induced asthma)
  - Musculoskeletal manipulation therapy
  - Runners’ clinic and gait analysis
  - Sport psychology
  - Team Care – TU, ORU, Owasso etc.
  - Weight loss programs

- Women’s and Children’s Health
  - Prenatal, OB and Postpartum care
  - Well baby and pediatric care

- Appointments Available
  - 8 am to 5 pm, Monday thru Friday
  - Extended hours on Mondays 5 to 9 pm
  - Same day appointments

FACULTY
- Montserrat Abadie, MD
- Rebecca Abraham, MD
- Thomas W. Allen, DO, MPH
- Ricardo Castellon, MD
- Lamont E. Cavanagh, MD
- Candice Ciolac, MD
- Edward Gills, MD
- Douglas J. Ivins, MD
- Kristi Kline, MD
- Russell Kohl, MD
- Cameron Coblentz
- Raeanne Lambert, DO, PhD
- Susan A. Mehnert-Key, MD
- James S. Millar, MD, MPH
- Louis E. Mulkey, DO
- Caleb Nunley, MD
- Linda Oberst-Walsh, MD
- Michael J. Sannito, PhD
- Sarah-Anne Schumann, MD
- John W. Tipton, MD
- Frances K. Wen, PhD
- Janelle Whitt, DO

National Committee for Quality Assurance
Patient-Centered Medical Home Level 3 Recognition

FAMILY MEDICAL CENTER 918-619-4600
1111 S. St. Louis Ave.
OU Internal Medicine physicians focus on adult medicine – from teenagers to geriatric patients. They are equipped to care for routine health problems as well as coordinate care with other specialists for more complex issues. Disease prevention and health promotion are also important aspects of treating the whole patient. Same day appointments, morning and afternoon, Monday thru Friday. Most insurance accepted.

**COMPREHENSIVE SERVICES**
- Addiction
- Adult Diabetes and education
- Coumadin Clinic
- Counseling
- Dermatology
- Geriatric Medicine
- Headache Clinic
- Internal Medicine
- Internal Medicine Diabetes education
- Lab and x-ray services
- Neurology
- Nephrology and Hypertension
- Pain Management & Addiction Medicine
- Palliative Care and Advanced Care Planning
- Pulmonary Medicine
- Access to Health Library

**OTHER CLINIC SITES**
- Wayman Tisdale Specialty Health Clinic
  591 E. 36th Street North
  918-660-3181
- Heart Improvement Project (HIP)
  HIP is a comprehensive effort to reduce cardiovascular disease specifically in north Tulsa, which has one of the highest death rates from preventable heart disease in Oklahoma. The program applies a cost-effective rapid screening model for clinical and disease management. Additionally, the program uses personal coaching, encourages exercise, smoking cessation, weight loss, better nutrition and stress reduction.
- **Neurology**
  The Internal Medicine Neurology division works closely with referring physicians to diagnose and treat disorders of the nervous system including disease of the brain, nerves, muscles and spinal cord. Some disorders treated include Parkinson’s disease, movement disorders, peripheral neuropathies, carpal tunnel syndrome, multiple sclerosis, Alzheimer’s disease, cerebrovascular disease, myasthenia gravis, spinal stenosis and seizure disorders.
- Zarrow Campus Geriatrics
  2205 East 71st Street
  918-619-4171
  The Internal Medicine Geriatrics services treat elderly patients throughout the spectrum of health care facilities including hospital, assisted living, nursing home and hospice.

**APPOINTMENTS AVAILABLE**
- 8 am to 5 pm, Monday thru Friday
- Extended hours: 7:40 am to 5:30 pm, Monday thru Friday
- Nephrology Specialists at Schusterman Clinic
  4444 East 41st Street
  918-619-4888
- Adult Diabetes
  Adult Diabetes Education at Schusterman Clinic
  4444 East 41st Street
  918-619-4184
- Dermatology
  at Schusterman Clinic
  4444 East 41st Street
  918-619-4000
- Respiratory Specialists
  Schusterman Clinic
  4444 E 41st Street
  918-619-8770
All the above specialties are also at Wayman Tisdale Specialty Clinic.

**FACULTY**
- David Adelson, MD
- Malcolm Buford, MD
- John Carment, MD
- Cyndi Cattaneo, ACNS
- John Cattaneo, MD
- Oliver Cerqueira, DO
- George Ciocac, MD
- Jennifer Clark, MD
- F. Daniel Duffy, MD
- Charles Foulks, MD
- Mark Fox, MD
- Fred Garfunkel, MD
- T. Karl Hosskin, MD
- Dala Jarolim, MD
- Martina Jelley, MD
- Pranay Kathuria, MD
- Michael Karathanos, MD
- Connie Lane, MD
- Bernadette Miller, MD
- Ron Saizow, MD
- John H. Schumann, MD
- Mary Steward, ARNP, MPH, CDE
- Victor J. Test, MD
- John Vallandigham, MD
- Carmen Vesbiane, MD
- Erik Wallace, MD
- Michael Weisz, MD
- William Yarborough, MD

**REFERRALS**
- **Phone:** 918-619-4111
- **FAX:** 918-619-4124

National Committee for Quality Assurance
Patient-Centered Medical Home Level 3 Recognition

**SCHUSTERMAN CLINIC**
4444 East 41st St.
918-619-4400
OU Women’s Health Care and Perinatal Center treats all stages of a woman’s life. From managing high risk pregnancies to screening for osteoporosis and menopause, OU Women’s Health Care and Perinatal Center offers the newest in treatment options and prevention techniques.

COMPREHENSIVE SERVICES:
- Counseling
- Fetal testing prior to delivery
- Genetic Counseling
- Gynecology
- High-risk Perinatal Center
- High-risk Prenatal Diagnosis and Ultrasound
- Maternal-fetal Medicine
- Medical-surgical treatment for common gynecological conditions
- Largest group of Certified Nurse Midwives in Tulsa
- Obstetrics and Gynecology
- Ultrasound
- Urogynecology and Female Pelvic Medicine/Reconstructive Surgery
- Gynecologic Oncology
- Family Planning
- Women’s health care specialists
- The only female urogynecologist in Tulsa for bladder and pelvic relaxation requiring medical-surgical treatment

APPOINTMENTS AVAILABLE:
- 8 am to 5 pm, Monday thru Friday
- Most insurance accepted

FACULTY
- J. Clark Bundren, MD
- Lynne Burson CNM, MS
- Charles Cunningham, MD
- Diane Day, CNM
- Ralph Day, MD
- Nora Doyle, MD, MPH, M.Sc.
- Fred Fumia, MD
- Michael Gardner, MD, MPH
- Alfred Gendy, MD
- Mark Genesen, MD
- Karen Gold, MD
- Michael Gold, MD - Oncology
- Lana Gourley, PA
- Mark Harman, MD
- LeAnne Hoch, CNM
- Sherry Warlick, CNM

Karen Gold
MD, MSCI, FACOG

A urogynecologist specializing in pelvic floor disorders, Dr. Gold specializes in treating common disorders in women such as urinary incontinence, bladder pain syndrome, and pelvic organ prolapse.
OU Physicians Pediatrics delivers care in a highly skilled and compassionate environment – birth to 18. Every phase of development is important. Their trained, patient-centered team pays attention to each stage of growth and every detail of child health. Experienced medical providers conduct routine well baby and child checks, diagnose childhood medical ailments, and provide patient-centered care for children with special medical needs. The OU Pediatric behavioral health clinic provides comprehensive assessment with a pediatrician and/or psychologist for concerns related to attention, behavior, learning and development.

COMPREHENSIVE SERVICES:
- Child Abuse and Neglect
- Pediatric Behavioral Health
- Complex Development
- Early Lifestyle Intervention
  Lamiaa Ali, MD
  Hollie Hawkins, APRN
- Teen Clinic
  Susan Studebaker, MD
  Meridith Coyne, APRN-PNP
- Asthma Clinic
  Nancy R. Inhofe, MD
- Obesity Clinic
  Mark Fox, MD, PhD, MPH
- Fostering Hope Collaborative
  Provides a medical home to children living with biological family or in foster care who need continuity in health screenings, diagnoses, and treatment
- Gastroenterology
- Lab and x-ray services
- Pediatrics Diabetes, Type I & Type II
- Management, Nutritional Education & Library
- General Pediatrics

APPOINTMENTS AVAILABLE:
- 8 am to 5 pm, Monday thru Friday
- Extended hours on Friday from 5:15 to 8 pm

OTHER CLINIC SITES
- Diabetes and Endocrinology Center
  OU Schusterman clinic
  4444 East 41st Street
  918-619-4803

SERVICES INCLUDE:
- Behavioral Health
- Gastroenterology

FACULTY

Schusterman Center Clinic
- Lamiaa Ali, MD
- Paulette P. Bennett, DO
- Meridith Coyne, APRN-PNP
- Mark Fox, MD (Med/Peds and Hypertension)
- Lindsey Freeman, PA-C
- Michael Gomez, MD
- Brian G. Hall, MD
- Hollie Hawkins, APRN-CNP
- Jeanne Hayes, MD
- Robert J. Hudson, MD
- Nancy R. Inhofe, MD
- Leslie Little, DO
- Pam Maliska, APRN
- Jessica Spear, APRN-CNP
- Christy Stewart, ARNP
- Douglas W. Stewart, DO, MPH
- I. John Studebaker, MD
- Susan Studebaker, MD

Child Abuse and Neglect
Located at the Children’s Justice Center with Child Abuse Network
- Michael Baxter, DO
- Sarah Passmore, DO
- Nichole Wallace, MD

Fostering Hope
- Michael Baxter, DO
- Sarah Passmore, DO
- Hollie Hawkins, APRN-CNP

Specialty Clinic
- Steven Fitts, MD, MPH
- Donald R. Hamilton, MD
- Beth Hill, PA-C
- Jennifer Sumner, PhD

Pediatric Hospitalists
- Laura Campion, MD
- Miltiadis Douvoyiannis, MD
- Johanna Kielbasa, MD
- Keith Mather, MD
- Nisha Singh, MD
- Laura M. Stuemky, MD
- Mathew Tandy, MD

Pediatric Diabetes
Located at the Schusterman Clinic
- David Jelley, MD
- Laura Chalmers, MD
- Dana Greer, APRN-CNP
- Steve Ludiker, APRN-CNP

Youth Services of Tulsa Clinic
Homeless Youth
311 South Madison Ave
- Mark Fox, MD, PhD, MPA

National Committee for Quality Assurance
Patient-Centered Medical Home Level 3 Recognition
OU Psychiatry provides a broad range of personalized mental health services. The group consists of well-trained, experienced psychiatrists and other mental health professionals with a broad spectrum of expertise. At the OU Psychiatry Clinic, adults and geriatric patients may receive thorough and compassionate evaluation and ongoing treatment. Most insurance accepted.

COMPREHENSIVE SERVICES:
- Addiction
- Anxiety, depression and emotional problems
- Bipolar disorder
- Child psychiatry
- Cognitive Behavior Therapy
- Counseling
- Geriatric Psychiatry
- Individual Psychotherapy
- Laureate
- LIBR
- Medication management
- Psychiatric evaluation
- Schizophrenia
- Stress management
- Women’s Mental Health
- Integrated Multidisciplinary Program of Assertive Community Treatment (IMPACT)

For patients in need of higher-level care. Services include assistance with housing, making doctor appointments, medication management, applying for government assistance, daily living and meeting goals.

APPOINTMENTS AVAILABLE:
- 8 am to 5 pm, Monday thru Friday

OTHER CLINIC SITES
- Laureate
- 12&12

FACULTY PHYSICIANS:
- Jana Bingman, MD
- Sarah Ann Bliss, MD
- Ondria C. Gleason, MD
- Samuel Martin, MD
- Aaron Pierce, DO
- Elka Serrano, MD
- Bryan K. Touchet, MD
- Julia K. Warnock, MD
- Nicole B. Washington, DO

FACULTY THERAPISTS:
- Kim A. Coon, Ed.D.
- Amy Polge, LCSW
OU Surgery provides expertise in minimally invasive surgery, vascular and endovascular surgery, breast surgery, colorectal surgery, endocrine surgery and surgical critical care. Appointments are available 8 am to 5 pm Monday through Friday.

**COMPREHENSIVE SERVICES:**
- Breast Surgery
- Colorectal surgery
- Endovascular Surgery
- General surgery
- Vascular surgery
- Urology
- Surgery trauma
- Colonoscopy
- Esophagogastroduodenoscopy
- Vascular non-invasive laboratory
- Ultrasound, diagnostic laboratory
- Sigmoidoscopy
- Percutaneous Endoscopic Gastrostomy

**APPOINTMENTS AVAILABLE:**
- 8 am to 5 pm, Monday thru Friday

**OTHER CLINIC SITES**
- Schusterman Clinic
  - 4444 East 41st Street
  - 918-619-4400
- Urology Center at Hillcrest – Hillcrest Physicians Building South
  - 1145 South Utica Avenue, Suite 202
  - 918-579-3130
- Same day appointments, 8:30 am to noon, Monday thru Friday.

**FACULTY:**
- **Colorectal Surgery**
  - Carmen Ruiz, MD
- **General Surgery**
  - Guido Sclabas, MD
- **Urological Surgery**
  - Paul Hagood, MD
  - Durwood Neal, MD
- **Vascular Surgery**
  - John Blebea, MD
  - W. "Tip" Jennings, MD, FACS
  - Harry Ma, M.D., PhD
  - Kevin Taubman, MD

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The University of Oklahoma and OU Physicians are equal opportunity institutions.
The Wayman Tisdale Specialty Health Center is OU Physicians’ mission response to the service gap. The clinic is located in the heart of North Tulsa, where care is most needed.

Acute care for children and adults
- Appointments and Walk-Ins Available

Specialty Services
- Dermatology
- Endocrinology
- Gastroenterology
- Gynecology
- Internal Medicine Specialists
- Nephrology
- Neurology
- Pediatric Hypertension
- Pediatric Specialists
- Preventive Cardiology
- Psychiatry
- Respiratory Specialists
- Heart Improvement Project (HIP)
  918-660-3181

HIP is a comprehensive effort to reduce cardiovascular disease specifically in north Tulsa, which has one of the highest death rates from preventable heart disease in Oklahoma. The program applies a cost-effective rapid screening model for clinical and disease management. Additionally, the program uses personal coaching, encourages exercise, smoking cessation, weight loss, better nutrition and stress reduction.
OU School of Community Medicine and its physician practice plan, OU Physicians, collaborate with many other Oklahoma organizations to improve the health of Oklahomans. Among them:

- **My Health Access Network**
  My Health Access Network, a non-profit coalition of more than 150 health care organizations in northeastern Oklahoma, strives to improve health care quality and the health of area residents while controlling costs. A program of the Greater Tulsa Health Access Network, it is one of a select few national sites receiving a three-year federal Beacon Community Award from the Office of the National Coordinator for Health Information Technology. myhealthAccess.net

- **Sooner Health Access Network (HAN)**
  The Sooner Health Access Network (HAN) is a pilot program funded by the Oklahoma Health Care Authority. The Sooner HAN is designed to enhance and extend the SoonerCare Patient Centered Medical Home (PCMH) at no cost to the practice. Practices who join the Sooner HAN receive access to care managers who work with high-risk patients to involve them in informed decision-making and shared care planning. Patients also receive assistance with PCMH Tier Advancement, Doc2Doc referral and consult tool, and quality improvement facilitation. soonerhan.ouhsc.edu

- **Morton Comprehensive Health Services**
  The OU School of Community Medicine works with Morton Comprehensive Health Service to bring health services to north Tulsa. OUSCM’s Physicians Assistant Longitudinal Clinic, sponsored by OUSCM and Morton, provides improved access to health care for the uninsured in northeast Oklahoma. Additionally, in collaboration with Morton, OUSCM provides acute care for children and adults at Wayman Tisdale Specialty Health Center.