**Menu**

**Bill & Ruth's**

Healthy Made Delicious

**HOURS**
Monday- Friday
7:30 am - 5:30 pm

**ADDRESS**
4502 E. 41 Street
Tulsa, OK 74145

918.660.3125

**PHONE**
918.660.3126

**FAX**

We accept cash, and all major credit cards

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**BREAKFAST**

**BREAKFAST SANDWICHES**
- Toast or Croissant $3.59
- Wrap $3.59

**SIDES & DESSERTS**

**HOURS**
Monday- Friday
7:30 am - 5:30 pm

**ADDRESS**
4502 E. 41 Street
Tulsa, OK 74145

918.660.3125

**PHONE**

**FAX**

Nazih_agha@ouhsc.edu

**PRICE**

**SIDES & DESSERTS**

**PRICE**

- DILL PICKLE
  - $0.99
- CHIPS OR POTATO SALAD
  - $0.99
- FRENCH FRIES
  - $1.79
- ONION RINGS
  - $1.99
- TATOR TOTS
  - $1.99
- COTTAGE CHEESE
  - $1.39
- FRESH VEGETABLES BOWL
  - $1.99
- CUT FRESH FRUIT BOWL
  - 16 oz. $3.29
  - 8 oz. $1.99
- Whole Fresh Fruit
  - $0.99
- Fresh Baked Cookies
  - $0.59
- Slice of Pie or Cake
  - Varies
- Baklava
  - $1.39

**BEVERAGES**

**PRICE**

- Fountain Drinks/Iced Tea
  - 20 oz. $1.29
  - 32 oz. $1.59
- Bottled water
  - $0.99
- Milk
  - Varies
- Energy Drinks
  - Varies
- Assorted Juices
- Coffee/Hot Tea
  - 12 oz. $0.99
  - 16 oz. $1.29
- Cappuccino
  - 12 oz. $1.29
  - 16 oz. $1.59

**DAILY SPECIALS**

**PRICE**

- MAKE IT A MEAL
  - Add $1.99
- MIX & MATCH
  - $6.59
- Any two & 20 oz. drink: half cold sub, half salad and bowl of soup
- HAMBURGER DEAL
  - $5.49
  - Hamburger fries & 20 oz. drink

**GRAB-N-GO**

**PRICE**

- Assorted Muffins
  - $1.79
- Danish
  - $0.99
- Yogurt
  - Varies
- Bagel with Cream Cheese
  - $1.79

**We accept cash, and all major credit cards**
### SUBS & SANDWICHES

<table>
<thead>
<tr>
<th>Cold Choices</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub</td>
<td>$4.99</td>
</tr>
<tr>
<td>Wrap</td>
<td>$5.59</td>
</tr>
</tbody>
</table>

**THE BOOMER SOONER SUPER SUB**  
(beef, ham, salami, bologna, & cheese)

**SMOKED TURKEY & CHEESE**

**HAM & CHEESE**

**TURKEY, HAM & CHEESE**

**BEEF & CHEESE**

**BEEF, HAM & CHEESE**

**COLD CUT TRIO**  
(ham, salami, bologna, & cheese)

**EASTERN STYLE HOAGIE**  
(ham, salami, Swiss cheese with Oil & Vinegar)

<table>
<thead>
<tr>
<th>Hot Options</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub</td>
<td>$4.99</td>
</tr>
<tr>
<td>Wrap</td>
<td>$5.59</td>
</tr>
</tbody>
</table>

**GRILLED CHICKEN BREAST**

**CHICKEN CAESAR**

**REUBEN**

**PHILLY STEAK & CHEESE**  
(with onion & bell peppers)

**PASTRAMI/CORNED BEEF & CHEESE**

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### VEGETARIAN DELIGHTS

<table>
<thead>
<tr>
<th></th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 CHEESE &amp; AVOCADO</td>
<td>$4.99</td>
</tr>
<tr>
<td>(swiss, cheddar, mozzarella, fresh avocado)</td>
<td></td>
</tr>
<tr>
<td>TOMATO BASIL MOZZARELLA</td>
<td>$4.99</td>
</tr>
<tr>
<td>VEGGIE PITA</td>
<td>$4.99</td>
</tr>
<tr>
<td>VEGGIE BURGER</td>
<td>$3.59</td>
</tr>
<tr>
<td>HUMMUS WITH PITA</td>
<td>$3.59</td>
</tr>
<tr>
<td>GRILLED CHEESE MADE WITH TOMATO</td>
<td>$1.99</td>
</tr>
<tr>
<td>ON REQUEST</td>
<td></td>
</tr>
<tr>
<td>VEGGIE BAKED POTATO</td>
<td>$4.59</td>
</tr>
<tr>
<td>TABOULI</td>
<td>$2.59</td>
</tr>
</tbody>
</table>

### SUPER BAKED POTATO

<table>
<thead>
<tr>
<th></th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLAIN WITH BUTTER</td>
<td>$2.99</td>
</tr>
<tr>
<td>THREE CHEESE WITH BUTTER</td>
<td>$4.59</td>
</tr>
<tr>
<td>BROCCOLI WITH CHEDDAR</td>
<td>$4.59</td>
</tr>
<tr>
<td>VEGGIE WITH CHEESE</td>
<td>$4.59</td>
</tr>
<tr>
<td>CHEESE WITH CHOICE OF MEAT</td>
<td>$5.59</td>
</tr>
</tbody>
</table>

- The following Bread Choices are always available:  
  (Slice, White, Wheat, Croissant, Pita & Pocket bread)
- The following Wrap Choices are always available:  
  (Honey Wheat, Garlic Herbs, Spinach, Tomato Basil and Sun dried Tomato)

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### BURGERS & MORE

<table>
<thead>
<tr>
<th></th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>BURGER</td>
<td>$2.59</td>
</tr>
<tr>
<td>BURGER WITH CHEESE</td>
<td>$2.99</td>
</tr>
<tr>
<td>BACON CHEESE BURGER</td>
<td>$3.79</td>
</tr>
<tr>
<td>CHILI CHEESE BURGER</td>
<td>$3.79</td>
</tr>
<tr>
<td>MUSHROOM SWISS BURGER</td>
<td>$3.79</td>
</tr>
<tr>
<td>CHAR CHICKEN SANDWISH</td>
<td>$3.79</td>
</tr>
<tr>
<td>CHICKEN FRIED STEAK SANDWISH</td>
<td>$3.79</td>
</tr>
<tr>
<td>BONELESS CHICKEN BASKET</td>
<td>$5.59</td>
</tr>
<tr>
<td>BONELESS FRITTER BASKET</td>
<td>$5.59</td>
</tr>
<tr>
<td>GYRO</td>
<td>$4.99</td>
</tr>
</tbody>
</table>
| (cucumber sauce, tomato, lettuce & onion)
|GYRO PLATTER | $6.59 |
| (rice, pita, cucumber sauce, tomato, lettuce & onion)
| QUESDILLAS | $5.59 |
| (steak or chicken)

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### FRESH SALADS

<table>
<thead>
<tr>
<th></th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full</td>
<td>$5.59</td>
</tr>
<tr>
<td>Half</td>
<td>$2.99</td>
</tr>
</tbody>
</table>

**CHEF SALAD**  
TURKEY, HAM, CHEESE & FRESH VEGETABLES)

**AVOCADO SALAD**  
avocado, three cheeses & fresh vegetables

**GRILLED CHICKEN SALAD**

**CHICKEN CAESAR SALAD**

**TUNA SALAD**  
HOMEMADE TUNA SALAD, CHEESE & FRESH VEGETABLES ON A BED OF LETTUCE

**GREEK SPINACH SALAD**  
WITH FETA CHEESE, PURPLE ONION, KALAMATTA OLIVES & TOMATOES ON A BED OF FRESH SPINACH

**TACO SALAD**

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* Watch Your email every Monday !!!  
(Our Daily Special for the whole week)
* Special orders and catering are available  
(see catering menu)