If an OUHSC student experiences an exposure, the student should follow his/her department’s established reporting protocol. If the exposure takes place Monday through Friday between 8:30 a.m. and 4:30 p.m. the student should report to OU-Tulsa Student Health within one hour of the incident to see a student health provider.

Any needle stick, cut, exposure to damaged skin, splash into eyes, nose, or mouth, or any other incident that exposes you to contaminated material will be treated as an exposure incident. Contaminated material is any blood, tissue, or other body fluids that are potentially infectious.

1. Immediately and thoroughly wash the needle stick wounds and cuts with soap and water.
   Flush splashes to the nose, mouth, or skin with water.
   Irrigate eyes with clean water, sterile eyewash, or saline irrigating solution.

2. Report incident immediately to supervisor, preceptor, or clinical instructor. If injury sustained at an OU Clinic, immediately notify the clinic manager.

3. In addition, if the injury is sustained at an outside hospital/clinic, immediately contact the Employee Health Services at that facility. If the injury occurs after hours, on weekends, or holidays contact the facility’s Nurse Supervisor through the operator.

4. Employee Health Services, clinic manager, or nurse supervisor will facilitate acquiring the Source’s blood labs: Rapid HIV, HIV-1/HIV-2 antibody screen with reflex, Hepatitis B surface antigen, and Hepatitis C virus antibody.

5. Student is to immediately contact OU-Tulsa Student Health by phone 619-4565 and arrive to the clinic within 1-2 hours of exposure if during clinic business hours. If incident occurs after business hours, holidays, times when Student Health is closed, or on weekends, the student is to report to the nearest emergency room. At that facility, the student should report to the clerical staff their exposure incidence and the need for urgent evaluation and receipt of medication if applicable. The following weekday the student must arrive at Student Health to report the incident and receive further evaluation and follow up.

6. Evaluation of the exposure, baseline labs, counseling regarding treatment options if applicable, limited treatment if indicated and recommendations for follow up will be provided at the Student Health Clinic.

The cost of lab testing and treatment is the financial responsibility of the student and/or the student’s insurance carrier. Post-exposure emergency treatment, whether provided in the
Student Health Clinic or an Emergency Department, are the financial responsibility of the student. The office visit in Student Health is the only portion of the provided services covered by the Student Health fee.

Student Health reminds students that needle stick insurance is available as a separate policy through the Macori insurance company. Information is available from the Macori website at www.macori.com.

Thank you for your attention to this matter.

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Medical Director
Internal Medicine

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Coordinator/Provider
Student Health