Happy Fall Everyone! If your semester is going anything like mine, things have started to get pretty hectic. But rest assured the semester will end and we will survive (if only barely)! If you are struggling with something or have questions, don’t hesitate to reach out to other students who have been there or to your professors. They say it takes a village to raise children. Well, it takes some great support, forgiveness, hard-work and lots of coffee to make it through grad school. Hang in there and take a break when you need to. Like we tell our clients, remember it is ok to laugh, cry, scream and melt down. Just make sure you have someone there to help you back up or check Facebook for puppies swimming. Take care of one another and if there is anything I can do, just ask!

Respectfully,
Kate Quinton