STROLLING THROUGH THE MATCH
Will I match?

Most likely!

• 16,399 U.S. Seniors matched in 2914
• Only 975 U.S. Seniors did not match
• Overall 94.4% were successful (92.2% of couples’ match)
Will I get my first choice?

Probably!

- In 2013, 54.2% of U.S. seniors got their first rank
- Only 13.1% got >fourth rank
LOCATIONS (Categorical placements only)

- 31% (46) Oklahoma – 83% OKC, 17% SCM
- 13% (19) Texas
- 5% (8) Missouri
- 3% (5 each) Kansas and Tennessee
- 2.5% (4 each) California, Pennsylvania, Utah, Washington, West Virginia
- 2% (3 each) Alabama, Colorado, Florida, Illinois, Maryland, Minnesota, Michigan, Vermont
- 1% (2 each) Arizona, Indiana, North Carolina, Nebraska, New York, Virginia
- <1 % (1 each) Arizona, Delaware, Georgia, Hawaii, Kentucky, Massachusetts, New Mexico, Ohio, Rhode Island
Class of 2014 – Residency Match (all COM, N = 151)

**SPECIALTIES** (Categorical placements only)

- 19% (29) Family Medicine
- 13% (20) Pediatrics
- 9% (14 each) General Internal Medicine and Emergency Medicine
- 7% (11) Anesthesiology
- 5% (8) Neurology
- 5% (7 each) Radiology-Diagnostic and Psychiatry
- 4% (6 each) Obstetrics/Gynecology, Ophthalmology and General Surgery
- 3% (4) Dermatology
- 2% (3) Pathology
- 1% (2 each) Urology, Orthopedic Surgery, Med-Peds
- <1% (1 each) Otolaryngology, Physical Medicine, Neurosurgery, Radiology-oncology
Class of 2014-Residency Match Results
University of Oklahoma College of Medicine
Class of 2014 – Residency Match (SCM only, N = 24)

All 24 SCM Class of 2014 Students matched, representing 12 states (preliminary years not counted). Additionally, one previous SCM graduate matched in Surgery in Tulsa.

LOCATIONS (Preliminary year was counted only when student did not match for categorical slot)

- 25% (6) Oklahoma – 67% OKC, 33% SCM
- 21% (5) Texas
- 8% (2 each) Washington, Missouri, Vermont
- 4% (1 each) California, Colorado, Illinois, New Mexico, Pennsylvania, Tennessee, Utah
Class of 2014 – Residency Match (SCM only, N = 24)

SPECIALTIES

- 25% (6) Pediatrics
- 13% (3 each) Pathology and Internal Medicine
- 8% (2 each) Family Medicine, General Surgery, Psychiatry, Neurology
- 4% (1 each) Obstetrics/Gynecology, Physical Medicine, Radiology-Diagnostic, Emergency Medicine
The Match
What Is It and How It works

- What is the “match”? The National Resident Matching Program (NRMP) provides a uniform system by which residency candidates simultaneously “match” to first and second-year postgraduate training positions accredited by the ACGME.

- The NRMP is a private, not-for-profit corporation established in 1952 to provide a uniform date of appointment to positions in graduate medical education (GME) in the United States.
Introduction to ERAS

• ERAS – Electronic Residency Application Service

• Introduced by American Association of Medical Colleges in 1995 to automate residency application process

• Service uses Internet to transmit residency and fellowship applications, letters of recommendation, dean’s letters, transcripts, etc. to residency and fellowship program directors
Participating specialties

- At its May 2011 meeting, the NRMP Board of Directors voted unanimously to require programs participating in the **Main Residency Match** to place all positions in The Match.

- Exceptions:
  - Rural Scholars Programs
  - Family Medicine Accelerated Programs
  - Post-SOAP positions
  - Off-cycle appointments
  - Few other unusual circumstances
How ERAS works

• Four components:
  • MyERAS – applicant’s Web application
  • DWS – Dean’s Office workstation
  • PDWS – Program Director’s workstation
  • ERAS Post Office
Advantages of Using ERAS

• Saves TIME
• Complete one application and send it to all programs
• ERAS is very “user friendly”
• ERAS offers flexibility
• Can customize your applications with different personal statements, letters of reference, etc.
Steps in the ERAS process

- Decide which programs you wish to apply to
- Get your ERAS token for accessing MyERAS
- Go to website www.aamc.org/eras and complete your applications
- Dean’s office will send dean’s letter, transcripts, and letters of recommendation
- Applicant Documents Tracking System (ADTS) will use email to acknowledge documents that are downloaded by programs.

CHECK YOUR EMAIL OFTEN!
Dean’s Office Role

- Transmits letters of recommendation, MSPE dean’s letter, transcript and photograph to programs’ “mailboxes”
- Offer advice, support, and nagging
- We want you to succeed and match with an appropriate residency!
Program Director’s Role

• Your file will have an applicant identification number
• Program Director’s evaluate your application through ERAS
• Issue invitations to students they wish to interview
Choosing a Specialty

- Obtain specialty information from research and interviews with physicians in the field
- Overview of positions in residencies
  - Categorical/Transitional/Preliminary
  - How competitive is specialty
- Other types of training programs
  - Research programs
- National medical specialty societies offer extensive information on their websites
Preparation

- Visit AAMC “Careers in Medicine” website
  https://www.aamc.org/students/medstudents/

- Curriculum Vita

- Write a personal statement

- Obtain letters of reference

- Meet with Associate Dean regarding Medical School Performance Evaluation (MPSE) “Dean’s Letter”
Selecting a Program

- Residency selection steps
  - What were your original goals?
  - What do you value about the role of physician?
  - What part of doctor/patient relationship do you like?
  - What type of lifestyle do you envision?
  - Where do you want to live?
  - What skills do you have?
  - Are there certain clinical situations that make you uncomfortable?
The Interview Process

• Interviewing tips
• Elements of the interview
• Questions to consider asking at the interview
• Follow-Up
• The next step
• Sample checklists
• Residency program evaluation guide
• Patient centered medical home checklist
• Global health checklist
Choice of Residencies: Location

- In 2014, 25 SCM students matched into residencies in 12 different states:
  - 10 in Oklahoma (31%) 8 in Tulsa, 2 in OKC
  - 3 each in Texas and Ohio (10%)
  - 2 each in North Carolina, Minnesota, Kansas and Alabama (6%)
  - 1 each in Florida, New Mexico, Hawaii, Illinois, Pennsylvania, Indiana, Washington, and Tennessee (3%)

- NOTE: data is for categorical program, not preliminary year
Supplemental Offer and Acceptance Program (SOAP)

• Unmatched applicant and unfilled program information are released simultaneously
• Only unmatched applicants are able to send out applications
• Programs make offers of unfilled slots
• Applicants must accept or reject offers within a specific timeframe
• Unfilled programs must accept applicants only through ERAS
Success in the Match

• **Do not overestimate yourself** - look at the characteristics of individuals who successfully match.

• **Do not underestimate yourself** - talk to people who can objectively assess your competitiveness.

• **Do not list programs that you do not want** – decide if it’s better to be unmatched than to match where you don’t want to go.

• **The order is crucial!**

• **Don’t make your list too short** – the more competitive your specialty, the longer your list needs to be.
General Residency Application Time Line & Checklist

April (junior year) - March (senior year)

- Review specialty & residency materials
- Finalize senior electives
- Arrange MSPE interview
- Write to residencies for program information, requirements & deadlines
- Request application materials from programs not participating in ERAS
- Contact your designated dean’s office for key ERAS & NRMP timeliness
- Contact your designated dean’s office to receive your ERAS token & application instructions
- Register with MyERAS (MyERAS opens July 1)
- Prepare Common Application Form using the My Application feature of MyERAS
- Request & assign USMLE transcripts and Letters of Recommendations (LOR) and Personal Statement(s) using My Documents feature of MyERAS
- Register with NRMP (opens September 15)
- Request dean’s letter/MPSE, transcript, letters of references are sent to programs not participating in ERAS
- Uniform release date for dean’s letter/MPSE (Nov. 1)
- September 1 - Residency applicants may begin applying to programs
- Schedule program interview
- Interview at programs
- Follow-up correspondence
- Go to www.NRMP.org to enter your Rank Order List - deadline for submission
- SOAP process opens - Monday of Match Week
- MATCH DAY (third Thursday in March) March
What can I do now?

- Begin deciding what you would like to do
- Think about your strengths and possible challenges
- Decide on letters of recommendation
- If you know what you want to do, you can start your resume and personal statement
- Explore the idea of different regions of the country
- If you want a couples’ match, schedule a meeting with me in June
- Otherwise, we will be scheduling for Dean’s letter meetings in July