In January 2019, Roy Van Tassell (Director, Trauma and Evidence-based Interventions, and Approved National Trainer: TF-CBT and CE-CERT models) conducted a training for the Youth Services of Tulsa in collaboration with Haruv USA.

It is a new training opportunity aimed at combatting compassion fatigue and secondary trauma for direct service providers. The model is called Components for Enhancing Clinician Experience and Reducing Trauma (CE-CERT) developed by National Child Traumatic Stress Network (NCTSN) member Dr. Brian Miller.

The negative effects of being exposed to the retelling of—and images of—adult and childhood trauma are well known in the field of secondary trauma. Most approaches aiming to lessen the effects of secondary trauma employ self-care strategies for “recovering from” the effects of exposure in the off-duty hours. In contrast to this self-care approach, the CE-CERT model (Components for Enhancing Clinician Experience and Reducing Trauma) synthesizes evidence-informed components from multi-disciplinary sources into a model which helps
sustain the emotional regulation of the clinician (Miller & Sprang, 2016). Implementing these skills results in: the enhancement of the real time experience of the therapist / service professional as they provide [trauma informed] services; and promotes immediate recovery after a difficult experience. The goal is to define specific ways of sustaining [trauma] workers as they perform services to their communities.