Your OUNet account is created automatically after you are admitted to the University. Follow the steps on the left to access OU IT’s online services, such as email, enrollment, and grades.

**ACCOUNT ACCESS**

1. Go to [account.ou.edu](http://account.ou.edu) and click “New Users: Activate your account here.”

2. Enter your **OU NET ID (4+4):** The first four digits of your last name (lowercase) plus the last four digits of your OU ID number.
   - **Example:** if your last name is Sooner and your 9-digit OU ID number is 123456789, then your OUNetID is: soon6789

   Enter your Date Of Birth (MM/DD/YYYY) and answer the five password questions.

3. **Create a COMPLEX PASSWORD:**
   - Between 8 and 32 characters long
   - Consisting of upper and lower case characters
   - Using either a number or a special character
   - Disallowed special characters are %, $, #, &, ;, (space)

4. Go to [oumail.ou.edu](http://oumail.ou.edu) and log on to your email account with your User Name (OU Net ID) and password.

**OUNET ACCOUNT MANAGEMENT**

After activation, visit [account.ou.edu](http://account.ou.edu) to:

- Change your password
- Select your email alias
- Forward your OU email off campus
- Enable or disable your email junk filter
- Activate your OU web space
- Update your emergency contact information

Resources for new students: [it.ou.edu/newstudents](http://it.ou.edu/newstudents)

**TECHNOLOGY SUPPORT**

- 24/7 at (405) 325-HELP, [support.ou.edu](http://support.ou.edu), or in person:
  - Felgar Hall, Room 300 (M-F 8-5)
  - Gould Hall, Room 264 (M-F 8-8)
  - Couch Residence Hall, Room W146 (24/7)