Course Title: Multicultural Counseling

Course Number: HR 5593-102

Course Description: This course provides an overview of cultural issues impacting ethnic/racial minorities, persons with disabilities, women, and the elderly. This course is designed to assist students in not only their understanding of these issues but also provides information with regard to counseling and other helping approaches effective in dealing with these issues.

Class Dates, Location and Hours:
- Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.
- Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.
- Last day to enroll or drop without penalty: September 22, 2016

Site Director:
Email: apnorman@ou.edu. Phone: 405-325-3333.

Professor Contact Information:
- Course Professor: Thom D. Balmer, Ph.D., LPC, LMFT
- Mailing Address: P.O. Box 1091
  Lawton, OK 73502
- Telephone Number: (580) 504-0643
- E-mail Address: tbalmer@cameron.edu
- Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:
Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at http://www.bkstr.com/oklahomastore/home is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email 0831mgr@fheg.follett.com. Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4 p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.


Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:
To assist students with understanding
- various dimensions of culture;
- cultural issues impacting ethnic/racial minorities;
- cultural issues impacting persons with disabilities;
- cultural issues impacting women;
- cultural issues impacting the elderly;
- how previously mentioned issues impact counseling and other helping relationships; and
- how counseling and other helping relationships can help ethnic/racial minorities, persons with disabilities, women and the elderly.

Learning Outcomes:
At the conclusion of this course student will be able to:
- Articulate some of the critical cultural issues impacting ethnic/racial minorities, persons with disabilities, women, and the elderly
- Articulate how cultural issues are impacting counseling and other helping professions
- Articulate how counseling and other helping professions can be of assistance to the previously mentioned cultural groups.

Instructional Methods:
Lecture, Class discussion, and group work.

Assignments, Grading, and Due Dates:
1. Students must read the required text books before the first class session.
2. Two papers are required. Each paper must by a minimum of eight (8) double spaced typewritten pages in length (title, abstract and reference pages do not count as part of the six pages). Each paper must have a minimum of three (3) references. Internet, newspaper articles, magazine articles, and course text are acceptable.
   a. Paper #1 requires the student to select one of the ethnic/racial groups and write a paper with regard to one or more issues impacting this group. This paper should describe the issue(s) and identify how these issues are impacting the group. Paper is due first night of class. This paper is worth 30 percent of the final grade.
   b. Paper #2 requires the student to select a topic related to disabilities and discuss the issues surrounding the disability topic. Examples are: Title 1 of the Americans with Disability Act deals with employment; therefore the topic could be how does societal perceptions of persons with disabilities impact them being employed or the topic could be a specific disability such as mental illness or intellectual limitations and the paper could deal with rights of persons who have these types of disabilities (these are provided as examples, you select the disability which has the most meaning to you and your education.) These are only two examples and they are offered to stimulate thought with regard to subjects about which to write. This paper is due one week after the class has ended, November 6, 2016, and is worth 30 percent of the final grade.
3. Each student is required to bring to class at least five (5) cultural issues that impact counseling and other helping professions to be used in class discussions. These are due at the first class session. This is worth five percent of the final grade.
4. Group presentations are worth 30 percent of the final grade. Details of group presentation will be discussed the first night of class.

5. Class attendance and participation is worth five (5) percent of the final grade.

**Grading:**
This is a letter graded course: A, B, C, D, F, 90-100=A, 80-89=B, 70-79=C, 60-69=D, Below 60=F

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<thead>
<tr>
<th>Assignments</th>
<th>Due Dates</th>
<th>Grade Points</th>
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<tbody>
<tr>
<td>Paper (#1)</td>
<td>End of Class</td>
<td>30%</td>
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<tr>
<td>Paper (#2)</td>
<td>One week after end of class, November 6, 2016</td>
<td>30%</td>
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<tr>
<td>Group Presentation</td>
<td>During class sessions</td>
<td>30%</td>
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<tr>
<td>Issues</td>
<td>During class sessions</td>
<td>5%</td>
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<tr>
<td>Attendance and Participation</td>
<td>During class sessions</td>
<td>5%</td>
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**Notice:** Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.
POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student’s academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student’s Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at http://studentconduct.ou.edu/

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA
Thom D. Balmer, Ph.D., LPC, LMFT

Education
- M.Div. – Psychiatric Chaplaincy, Southern Seminary, 1984
- M.A. – Marriage and Family Therapy, Hardin-Simmons University, 1987
- Ph.D, - Counseling Studies, Capella University, 2011

Current Positions
Associate Professor – Cameron University

Frequently Taught Courses
- PSY 5363 Psychopathology
- PSY 5333 Assessment in Marriage and Family
- PSY 5433 Counseling Theories
- PSY 5003 Ethical Principles in Counseling, Assessment and Research
- PSY 5743 Clinical Practicum I
- PSY 5753 Clinical Practicum II
- PSY 5253 Career Counseling
- PSY 5383 Multicultural Psychology
- PSY 5703 Crisis Intervention
- PSY 5393 Systems Theory
- PSY 5343 Marriage and Family Counseling

Major Areas of Teaching and Research Interest
- Spirituality and counseling
- Ethical issues in counseling
- Supervision ethics
- PTSD
- Trauma Resiliency

Representative Publications and Presentations
- 2015: Suicide Prevention for Military Members (Fort Sill, OK); Brain Plasticity and Counseling (Cameron University); Trauma and Brain Recovery (Quest MHSA); Counselor Ethics and Supervision Ethics (Multi-County Counseling). Second national Military Experience and the Arts Symposium – Mental Health Panel Presenter; National Town Hall Meeting on Veterans Issues Panel Member. Lawton VA Residents Mental Health First Aid Training. Mental Health First Aid Training Workshop for Lawton VA Center.
- 2016: Mental Health First Aid USA Instructor; Mental Health First Aid USA workshop January 2016; Counselor and Supervisor Ethics (Ada) April 2016; Ethics in the 21st Century (Lawton) June 2016.
Major Professional Affiliations

- AAMFT – Clinical Fellow and Approved Supervisor
- OCA – Member
- Vietnam Veterans of America – Life Member
- Disabled Veterans of America – Life Member
- LMFT Inquiry Committee Member – Oklahoma Board of Behavioral Health Licensure, Mach 2015 to Present.
- Chair – Oklahoma State Board of Behavioral Health Licensure, November 2013 to March 2015
- Board Member – Oklahoma State Board of Behavioral Health Licensure, November 2013 to Present
- Past President – Oklahoma Association for Marriage and Family Therapy.
- Advisory Board Member – Oklahoma Counselor Licensing, Department of Health, 1000 NE 10th Street, Oklahoma City, Ok. 2003-2006
- Certified Trainer – Mental Health First Aid USA, 2015 to present