The University of Oklahoma  
College of Continuing Education  
Advanced Programs – Course Syllabus

Course Title:  
Group Counseling in Human Relations

Course Number:  
HR 5433-101

Course Description:  
The purpose of this course is twofold: (1) to acquaint the students with the theories and techniques of the major approaches to group counseling through didactic presentation, and (2) to engender integration of content with practical application through encouragement of student participation in various types of group experiences. The course is designed as training in growth group facilitation rather than one of personal therapy. The focus will be on developing and improving group facilitation skills.

Class Dates, Location and Hours:  
Dates: December 5-11, 2011  
Location: Nellis AFB, Las Vegas, Nevada. See Site Director for classroom location.  
Hours: Mon-Fri 6:00 p.m.-9:30 p.m.; Sat 8:00 a.m.-4:30 p.m.; Sun 8:00 a.m.-12:00 p.m.  
Last day to enroll or drop without penalty: November 6, 2011

Site Director:  
Megan Fitzpatrick Meneses. Phone: 702-652-9453; Fax: 702-643-5354; E-mail: apnellis@ou.edu

Professor Contact Information:  
Course Professor: Ginger Welch  
Mailing Address: 601 Elm, PHSC, Suite 728  
Norman, OK 73019  
Telephone Number: (405) 325-1756  
Fax Number: (405) 325-4402  
E-mail Address: gingerwelch@ou.edu  
Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:  
Student materials are available at the Follett/AP Bookstore located in the Oklahoma Memorial Union, 900 Asp Ave., Norman, OK. Orders can be placed online at www.oklahomaunion.bkstr.com or by telephone at 866-369-9713 (toll free in the U.S.) or 405-325-3596 (outside the U.S.). E-mail orders may be sent to oklahomaunion@bkstr.com. Representatives are available from 8 a.m. to 6 p.m. CST Monday through Thursday and 8 a.m. to 5 p.m. CST on Friday. Summer hours: 8 a.m. to 4 p.m. CST. Faxed orders may be placed 24 hours a day to 866-223-5607 (toll free in the U.S.) or 405-325-1557 (outside the U.S.).


3. Materials posted on the OU Desire to Learn (D2L) system: Access D2L at http://learn.ou.edu; enter your OU NetID (4+4) and password, and select course to access material. Please contact your local Site Director if you require assistance.
Note: The Follett/AP Bookstore is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through the Follett/AP Bookstore.

Course Objectives:
Upon completion of the course the student will be able to:
• Design an appropriate, theory driven counseling group.
• Recognize and discuss the various types of groups and their purposes
• Demonstrate knowledge and application of ethical standards related to group process.
• Demonstrate basic skill in the leadership style and theory behind various types of groups.
• Recognize and describe normative group stages.

Course Outline:
1. Monday: Chapters 1, 2, & 3 (Corey)
2. Tuesday: Chapter 4 (Corey); Segments 2 & 3 (Workbook)
3. Wednesday: Chapter 5 (Corey): Segments 4 & 5 (Workbook)
4. Thursday: Chapters 9 & 10 (Corey)
5. Friday: Chapters 13 & 14 (Corey)
6. Saturday: Leadership Demonstrations
7. Sunday: Wrap up; Challenges facing group leaders; Final Exam

Read the texts and organize the materials according to the units listed in this course outline; the video to which the workbook refers will be used in class. Please bring your workbook to each class session as indicated.

Assignments, Grading and Due Dates:
1. Due on the first day of class AND the last Saturday of class:
   Group Design – You will create a group of your choosing and turn in the first draft of this group on the first night of class. You do not need to use the text or references for the FIRST submission. You will then revise this group during the week and turn in a final group plan on Saturday, December 10. You will not receive your first submission back with comments; instead, you must use what you have learned in class to improve your plan. The second and final submission will require that you cite sources (such as the textbook) for your responses. Papers will be assessed both individually and together to determine how the student’s knowledge base has grown. Each submission must include the following items:
   a. Title of group
   b. Purpose of group
   c. How group members will be selected (be very specific). Include any particular questions you will ask.
   d. Who is the group for? What “types” of people will attend? Is there anyone who can’t come to this group?
   e. How many people will be allowed to attend group?
   f. How many leaders will your group have?
   g. What physical setting will you hold your group in (what does the room look like? Will you offer beverages or food? What time of day?)
   h. How long will your group last for each meeting, and how many meetings will you have?
   i. How will you know if your group “works?”
   j. Will your group be guided by a theory? Which one and why?
   k. What do you think group members might worry about? How will you address these concerns?
   l. What will you “do” in group?
   m. What “policies” will you have in group, if any?
You must submit both the first and last drafts via D2L Dropbox. No exceptions. A 5% point late penalty will apply for each day you work is late. (10% of the grade—1st submission--15% of the grade for final submission)

2. Write a research paper that should be based on at least eight references, be 10-15 pages in length (double spaced not including references) and should follow APA style. You may select from the list of topics listed below, or agree on a topic with the instructor via e-mail. All papers should be centered about the use of groups in mental health, organizations, or institutions. Paper should be turned in by Wednesday, December 14 via D2L Dropbox. Absolutely no papers will be accepted via email or in person; please also remember that late submissions accrue a 5% daily late penalty. It is imperative that students select a topic prior to the start of the class, and begin gathering scholarly articles prior to and during the class in order to make the deadline. All references must be from peer-reviewed, scholarly journals published no earlier than 2004 (NO books, textbooks, magazines, or trade journals). (25% of your grade).

   Suggested Topics
   CBT in medical settings
   The use of counseling groups in schools (choose a specific population)
   Groups for eating disorders (or any specific diagnosis)
   Inpatient group therapy for serious mental illness
   Group counseling experiences for counseling trainees
   Existential group therapy
   Use of group therapy in corrections facilities
   Group therapy for sexual offenders
   Parenting groups: best as counseling, therapy, or educational groups?

3. Skill Demonstration and reflection.
   You will be required to complete a one-hour in-class demonstration of basic group leadership skills on Saturday, December 10 as you lead a “group” of your peers. This will be done in pairs as co-leaders, and no more than two people may co-lead. Topics will be assigned. You will write a reflection of your experience in-class. (25% of the grade)

4. Final Exam – Multiple choice and short essay on Sunday, December 11. (25% of the grade)

Grading: This is a letter-graded course: A, B, C, D, or F.
   A = 90% – 100%
   B = 80% – 89%
   C = 70% – 79%
   D = 60% – 69%
   F = Below 60%

NOTICE: Failure to meet assignment due dates could result in a grade of F (failing) or I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid. All assignments are penalized 5% per day for being late. No exceptions.
POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy.

Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

- cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement; assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the “Student’s Guide to Academic Integrity” found at http://www.ou.edu/provost/integrity

Accommodation Statement

The College of Continuing Education [Advanced Programs] is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA

Ginger L. Welch, Ph.D.

Education

- Ph.D. Oklahoma State University. Major: Counseling Psychology (APA-accredited). Internship: Missouri Health Sciences Psychology Consortium-Department of Veterans Affairs and Rusk Rehabilitation Center, Columbia, MO
- B.S. Oklahoma State University. Major: Early Childhood Education. Minor: English

Current Positions

- 8/2010 – present, Assistant Professor, University of Oklahoma, Department of Human Relations
- 12/2010 – present Adjunct Professor, Liberal Studies, University of Oklahoma
- 4/2011-present Clinical Assistant Professor, University of Oklahoma Health Sciences Center Department of Pediatrics

Frequently Taught Advanced Programs Courses

- HR 5453 Career Counseling
- HR 5003 Theoretical Foundations of Human Relations
- HR 5463 Counseling Skills
- HR 5453 Ethical Issues in Human Resources Counseling
- HR 5433 Group Counseling
- HR 5483 Diagnosis in Human Resources Counseling

Major Areas of Teaching and Research Interest

- Prevention of Child Maltreatment
- Educational Issues related to Sickle Cell Disease
- Fatal Child Neglect
- Feminist Therapy
- Health Disparities
- Early Childhood Education

Representative Publications and Presentations


Representative Honors and Awards Received
• 2008-09 Elected President to the Board for the Oklahoma Chapter of the American Professional Society on the Abuse of Children
• 2005 Recipient of the Bravo Award for outstanding service to the OUHSC Department of Pediatrics
• 2001 Recipient of the James Leonard Prince Memorial Scholarship
• 1998 Volunteer of the Year, Stillwater Domestic Violence Services
• Honor Societies: Phi Kappa Phi, Kappa Omicron Nu, Phi Upsilon Omicron

Major Professional Affiliations
• American Psychological Association
  o APA Division 17: Counseling Psychology
  o APA Division 53: Child Clinical and Adolescent Psychology
  o APA Division 54: Pediatric Psychology
• American Professional Society on the Abuse of Children
• National Association for the Education of Young Children

Licensure and Certification
• Licensed Psychologist, State of Oklahoma (#1035)
• Teaching Certificate in School Counseling, State of Oklahoma
• Teaching Certificate in Early Childhood Education, State of Oklahoma