The University of Oklahoma  
College of Continuing Education  
Advanced Programs – Course Syllabus

Course Title:  
Foundations of Art Therapy

Course Number:  
HR 5110-110

Course Description:  
This course will provide an in-depth look at the history and theory base of art therapy and its relationship to other helping professions. A review of different theoretical approaches within the field, the history and early practice of art therapy, basic theoretical and practical constructs and professional training issues will all be covered. Emphasis will be on understanding the foundational principles of art therapy including creativity, visual language, symbol systems, process, product, and the role of the art therapist in the interplay of these factors.

Class Dates, Location and Hours:  
Dates: January 31-February 2 & 7-9, 2014  
Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue  
Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.  
Last day to enroll or drop without penalty: January 2, 2014

Site Director:  
Cathy Yeaman. Assistant: Kathie Nicoletti. Phone: 405-325-3333; Fax: 405-325-9148; email: apnorman@ou.edu

Professor Contact Information:  
Course Professor: Joan Phillips, Ph.D.  
Mailing Address: 123 E. Tonhawa, Suite 108  
Norman, OK 73069  
Telephone Number: (405) 364-2008  
Fax Number: (405) 364-4496  
E-mail Address: joanphillips@ou.edu  
Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:  
Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK. Orders can be placed online at www.oklahoma.bkstr.com. Faxed orders may be placed 24 hours a day at (405) 325-7770. Representatives are available by phone at (405) 325-3511 or (800) 522-0772 (toll-free) or E-mail at 0831mgr@fleeg.follett.com from 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; and 10 a.m. to 4 p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). (Text prices are available online.)


Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:

- Students will gain a thorough familiarity with the history of the field of art therapy as practiced and developed in the United States and internationally.
- Students will demonstrate understanding of key concepts such as process, product, engagement in task, projection, and interpretation.
- Students will demonstrate understanding of visual language and literacy and how to apply this understanding using art and art processes.
- Students will be able to identify and discuss current theoretical and practice trends within the field of art therapy and link them to the foundational roots and concepts.

Course Outline:

Weekend one:

- Art as a way of knowing- text discussion and exercises
- History of the field of art therapy
- Naumberg, Ulman, Kramer,Kwiatkowska, et.al.
- Creativity
- Projection/interpretation
- The “language” of art

Weekend two:

- Theories and approaches in art therapy- class presentations of Rubin chapters
- Process/product
- Studio approaches
- Current practice trends
- Requirements for professional credentials as an art therapist

Assignments, Grading and Due Dates:

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<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>Percent of Grade</th>
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<tr>
<td>Critique of Allen book including personal applications : read the book, describe three ways it has some personal application to you</td>
<td>Sunday Feb 2</td>
<td>10</td>
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<tr>
<td>In class reflective writing- three exercises</td>
<td>During class each weekend</td>
<td>15 (5 pts each)</td>
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<tr>
<td>Internet research assignment</td>
<td>Friday Feb 7</td>
<td>10</td>
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<tr>
<td>Student presentations (either individually or in pairs/trios) one chapter from Rubin book</td>
<td>Saturday Feb 8</td>
<td>15</td>
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<tr>
<td>Attendance and participation</td>
<td>Both weekends</td>
<td>20 (note that any absence over 6 hrs results in loss of a letter grade)</td>
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<tr>
<td>Post-class paper- APA style with minimum of 8 scholarly references; topics instructor approved from theoretical and applied bases presented in class</td>
<td>February 28</td>
<td>30</td>
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Specific grading rubrics will be provided for all assignments. Any late work receives a maximum of half credit. Attendance and participation will be adversely affected by late arrival or early departure as well as by dozing in class or inattention. Any absence over 6 hours results in loss of one letter grade. All out of class work must be typed. There will be additional in-class activities that are ungraded but will impact the participation grade.
Grading: This is a letter-graded course: A, B, C, D, or F. Total points of 100 with grading scale of 90-100 A, 80-89 B, 70-79 C, 60-69 D, below 60 F. Late work accepted for half credit.

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.
POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

- cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement; assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the Student’s Guide to Academic Integrity.

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA
Joan Phillips, Ph.D.
LMFT, LPC, ATR-BC

Current Positions
Professor Phillips has been in private practice and agency work doing art therapy, counseling and marriage and family therapy for over 30 years. She is a frequent lecturer in the field of art therapy locally, regionally, and internationally. She has contributed chapters to several books and focuses her work on ethics and professional issues; child and family therapy; and abuse and trauma.

Frequently Taught Advanced Programs Courses
• HR 5100 Applications of Art Therapy
• HR 5110 Professional & Ethical Issues in Art Therapy

Major Areas of Teaching and Research Interest
• Basic Counseling,
• Non-verbal behavior
• Diagnosis and Assessment in art therapy
• Developmental art therapy