The University of Oklahoma
College of Continuing Education
Advanced Programs – Course Syllabus

Course Title:
Special Topics/Seminar: Organizational Interventions for Stress and Well-being

Course Number:
HR 5970-424

Course Description:
This course is an introduction to the importance of process and context issues in the success or failure of organizational interventions for stress and well-being. The readings provide a guide for students to explore how context and process can be incorporated into program evaluation, providing examples of how this can be done, and offers insights that aim to improve working life. Topics will include conceptual developments, practical applications, and methodological issues.

Course Dates:
March 1- April 30, 2014
Last day to enroll or drop without penalty: March 1, 2014

Site Director:
Please see your local Site Director or e-mail Carolyn Taylor at cataylor@ou.edu

Professor Contact Information:
Course Professor: Jody Worley, Ph.D.
Mailing Address: University of Oklahoma
4205 E 41st Street, IJ24
Tulsa, OK 74135
Telephone Number: 918-660-3486
E-mail Address: jworley@ou.edu
Virtual Office Hours: Monday & Tuesday 1-4 p.m. CST or by appointment
Professor availability: The professor will be available via e-mail to students during the above listed Virtual Office Hours and other methods by arrangement.

Textbook(s) and Instructional Materials:
Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK. Orders can be placed online at www.oklahoma.bkstr.com. Faxed orders may be placed 24 hours a day at (405) 325-7770. Representatives are available by phone at (405) 325-3511 or (800) 522-0772 (toll-free) or E-mail at 0831mgr@fheg.follett.com from 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; and 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). (Text prices are available online.)


2. Materials posted on the OU Desire to Learn (D2L) system: We will also be reading a few articles from peer-reviewed journals and other book chapters. These sources will be posted on the course web site for you to download. The files will be posted as PDF documents. These are required readings and are included in the course reading assignments. Access D2L at http://learn.ou.edu; enter your OU NetID (4+4) and password, and select course to access material. Please contact your local Site Director if you require assistance.
Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

OU E-Mail:
All official correspondence from distance learning instructors will be sent only to students’ ou.edu address.

Online Learning Resource Center:
The Online Learning Resource Center of the University of Oklahoma’s College of Arts and Sciences Online Program is here to serve you and assist you with any questions, problems, or concerns you may have. For assistance go to http://casweb.ou.edu/olr/ or contact us by telephone at: (405) 325-5854 or Email: casonline@ou.edu

Course Objectives:
1. Students will identify challenges and methodological issues in organizational level interventions.
2. Students will learn current strategies for addressing the process and context for various interventions in practice.
3. Students will also explore specific evidence-based practices used in organizational interventions for stress and well-being.

Course Outline:
I. Overview of organizational interventions for stress and well-being
II. Challenges and methodological issues in organizational-level interventions
   a. Intervention development and implementation: Understanding and addressing barriers to organizational-level interventions
   b. Perspectives on organizational change and development
   c. Psychosocial safety climate
   d. Intervention process as a special case of organizational change
   e. Does the intervention fit?
   f. What works, for whom, in which context?
III. Addressing process and context in practice
   a. Leadership and employee health
   b. Employee burnout and health
   c. Personal resources and work engagement in the face of change
   d. Individual adaptation to the changing workplace
IV. Policy implications
   a. Beyond prescriptions for job characteristics
   b. Evidence-based practices: Managing workplace health risks

Assignments, Grading, and Due Dates:
This course has three written assignments. All assignments are due no later than April 23, 2014.

Specific instructions for the writing assignments are available on the course D2L site at: https://learn.ou.edu

Writing instructions:
Your name, student ID number, and email address should appear on each assignment. Use headings to organize your paper and to ensure that each section of the assignment has been addressed. All papers should be typed, double spaced, and submitted in one of the following file formats: .doc, .docx, or .PDF. You must use APA format for references, in-text citations, and paper format. Also, be sure to include your ideas in all papers. To be an HR professional, you must know how to formulate and express your
ideas for change. Do not hesitate to contact me if you have any questions while you are working on your papers.

Again, specific instructions for the writing assignments are available on the course D2L site at: https://learn.ou.edu

Grading:
This course is graded Satisfactory or Unsatisfactory (S/U). A grade of S is equivalent to B or better.

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

Incomplete Grade Policy:
A grade of “I” is not automatically assigned, but rather must be requested by the student by submitting to the instructor a “Petition for and Work to Remove an Incompleted Grade” form. An “I” can never be used in lieu of an “F” nor can an “I” be assigned because of excessive failure to participate in class activities.

Technical Support Information:
If you experience technical problems, contact Information Technology by visiting their website at: http://webapps.ou.edu/it/ or contacting them by telephone at: (405) 325-HELP (4357).
POLICIES AND NOTICES

Attendance/Grade Policy

Note: Attendance/absences do not apply to online courses. However, participation in all course activities is extremely important to student success in online courses.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

- cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement;
- assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the Student’s Guide to Academic Integrity

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA

Jody Worley, Ph.D.

Education

- 2006  Ph.D., Educational Psychology-Research Methods and Evaluation
  Oklahoma State University, Stillwater, OK

Current Positions

- Associate Professor, University of Oklahoma, Human Relations Department
- Advanced Programs Professor since 2007

Frequently Taught Advanced Programs Courses

- HR5023 Research in Human Relations
- HR5323 Organizational Behavior
- HR5053 Diversity and Justice in Organizations

Major Areas of Teaching and Research Interest

- Statistics and Research Methods
- Organizational Behavior
- Work/Life Integration
- Diversity and Justice in Organizations

Representative Publications and Presentations


**Representative Honors and Awards Received**

• 2013 – Principal Investigator, “Community indicators for child vulnerability to abuse and neglect: Development of a model for tracking crisis indicators and utilization of system services.” Funding received through the Tulsa County Coalition for Child Protection ($11,227).

• 2011 – Principal Investigator, “Juvenile Offender Re-entry Project” with Tulsa Youth Services, and the Oklahoma Office of Juvenile Affairs. Funding received through the US Department of Justice ($99,835).

• 2008-09 – Co-Principal Investigator on “Child Care Portfolio Project” with the State of Oklahoma, Department of Human Services ($20,000).

• 2007-08 – Co-Principal Investigator to evaluate the Positive Behavior Support (PBS) programs with Tulsa Public Schools ($31,728).

• 2007-08 – Co-Principal Investigator contracted to evaluate the Youth Philanthropy Initiative (YPI) with by Schusterman Family Foundation ($9,995).

• 2006-07 – Tulsa Mayor’s Citizen Corps Contract Award to investigate volunteer engagement ($4,900).