Course Title:
Problems of Professional Helpers

Course Number:
HR 5113-118

Course Description:
Personal and professional stability are important aspects of success as a human relations practitioner. They also are integral components of wholesome interpersonal relationships. It is advisable that intrapersonal, interpersonal and organizational changes grow out of voluntary, not coercive, activities. Whatever the process, however, self-knowledge is the best foundation upon which to build one’s beliefs, values and behaviors. And from such self-knowledge there ultimately must be objective and honest sharing of experiences with significant other persons.

Encounters with ourselves and other persons are filled with opportunities to succeed or fail. Indeed, the helping process is both a science and an art, with most of it centering on subjective interpretations of objective data. Therefore most of the problems encountered by professional helpers do not melt away with patent answers, techniques or strategies for change. Self-renewal and helping other people involves learning how to “see,” “interpret” and behave in “helpful” ways. This then is a course of structured experiences designed to provide a context within which we can carefully venture outside our skin, so to speak, in order to be better professional helpers.

Class Dates, Location and Hours:

Dates: June 1-3 & 8-10, 2012
Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.
Last day to enroll or drop without penalty: May 3, 2012

Campus Map and Parking Information: A map of the campus can be found on the OU website at: http://www.ou.edu/map/. The entire campus is open for parking from Friday at 4:00 pm until Monday at 7:00 am. Students can park almost anywhere on campus including the parking garages, permits are not required and meters don’t have to be paid. OUPD will ticket illegal parking such as fire lanes, handicap areas and yellow curbs.

Site Director:
Cathy Yeaman. Assistant: Jan Plavchak. Phone: 405-325-3333; Fax: 405-325-9148; email: apnorman@ou.edu

Professor Contact Information:

Course Professor: George Henderson, Ph.D.
Mailing Address: University of Oklahoma
601 Elm Avenue
Norman, OK 73019
Telephone Number: (405) 325-1756
Fax Number: (405) 325-4402
E-mail Address: clsdean@ou.edu
Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.
Textbook(s) and Instructional Materials:
Student materials are available at the Follett/AP Bookstore located in the Oklahoma Memorial Union, 900 Asp Ave., Norman, OK. Orders can be placed online at www.oklahomaunion.bkstr.com or by telephone at 866-369-9713 (toll free in the U.S.) or 405-325-5960 (outside the U.S.). E-mail orders may be sent to oklahomaunion@bkstr.com. Representatives are available from 8 a.m. to 6 p.m. CST Monday through Thursday and 8 a.m. to 5 p.m. CST on Friday. Summer hours: 8 a.m. to 4 p.m. CST. Faxed orders may be placed 24 hours a day to 866-223-5607 (toll free in the U.S.) or 405-325-7140 (outside the U.S.).


Note: The Follett/AP Bookstore is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through the Follett/AP Bookstore.

Course Objectives:
- To gain a broader understanding of one’s own personal values, beliefs and behaviors that facilitate or impede the helping process.
- To better understand the manner in which mind, body and spirit or soul intersect during the helping process.
- To devise coherent and practical ways to engage in the process of helping.

Assignments, Grading and Due Dates:
Prior to the first class, read all of the assigned textbooks. Team projects will be assigned during the first class.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Dates</th>
<th>Grade Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drawing on information in Race and the University, write a typewritten paper describing five pertinent issues that pertain to helpers who become community activists. This report should be 5 to10 pages long.</td>
<td>First Class</td>
<td>15</td>
</tr>
<tr>
<td>Drawing on information in Leading with Soul, discuss which of the four gifts of leadership you have and how you use them. This report should be 5 to 10 pages long.</td>
<td>First Class</td>
<td>15</td>
</tr>
<tr>
<td>Select a social or organization problem and describe your beliefs about it and the personal obstacles you must overcome to effectively deal with it. This report should be 5 to10 pages long.</td>
<td>First class</td>
<td>15</td>
</tr>
<tr>
<td>Team Reports</td>
<td>At various times</td>
<td>15</td>
</tr>
<tr>
<td>Describe in 15 to 20 typewritten pages how you might use the information in chapters 1-9 of Deep Change. Discuss each chapter separately.</td>
<td>One week after the last class</td>
<td>15</td>
</tr>
<tr>
<td>The final exam will be based on the textbooks, class lectures, discussions and films.</td>
<td>Last Class</td>
<td>25</td>
</tr>
</tbody>
</table>

Grading: This is a letter-graded course: A, B, C, D, or F: 90-100=A, 80-89=B, 75-79=C, 60-74=D, 73 and uless=F.
NOTICE: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

Please be aware that I will do everything I can to make our time together worthwhile. And I sincerely hope that each of you will do likewise. This is our class!
POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy.

Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

- cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement; assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the “Student’s Guide to Academic Integrity” found at http://www.ou.edu/provost/integrity

Accommodation Statement

The College of Continuing Education [Advanced Programs] is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA
George Henderson, Ph.D.

Education

1965 Ph.D. in Educational Sociology, Wayne State University

Current Positions

• Advanced Programs Professor since 1968
• S. N. Goldman Professor Emeritus
• David Ross Boyd Professor Emeritus
• Regents’ Professor Emeritus

Frequently Taught Advanced Programs Courses

• HR 5013 Current Problems in Human Relations
• HR 5013 Diversity in the Workplace

Major Areas of Teaching and Research Interest

• Racial and ethnic relations
• Diversity in the workplace
• Urban sociology
• Community policing

Representative Publications and Presentations


Major Professional Affiliations

• American Sociological Association
• Alpha Kappa Delta (Sociology)
• Omicron Delta Kappa (National Leadership Society for College Men)
• Delta Tau Kappa (International Social Science Honor Society)
• Association of Black Sociologists