Course Title:
Spirituality and Counseling

Course Number:
HR 5970-425

Course Description:
Religion and spirituality are ubiquitous among people from all cultures and societies. Over the first century in psychology, religion/spirituality was mostly neglected by mainstream scholars. Today there has been an explosion of interest and recognition for the importance of attending to a person’s religion and spirituality counseling. Some argue that some form of religion or spirituality is necessary for mental health and happiness. Others argue that religion continues to be a bane on human existence, but spirituality may have something to offer. This directed reading course will explore the interface of human relations/psychology/counseling and spirituality. Students discover various approaches to identifying, assessing, and working with spiritual issues and clients in the readings. Students will also be expected to explore their own spiritual development, beliefs, and values.

Course Dates:
May 1-August 31, 2012
Last day to enroll or drop without penalty: May 1, 2012

Site Director:
Please see your local Site Director or e-mail Carolyn Taylor at cataylor@ou.edu

Professor Contact Information:
Course Professor: Chad V. Johnson, Ph.D.
Mailing Address: OU-Tulsa
4502 E 41st Street
Tulsa, OK 74135
Telephone Number: (918) 660-3377
Fax Number: (918) 660-3490
E-mail Address: cvjohnson@ou.edu
Virtual Office Hours: Tuesday 1-4 PM Central Time
Professor availability: The professor will be available via e-mail to students during the above listed Virtual Office Hours and other methods by arrangement.

Textbook(s) and Instructional Materials:
Student materials are available at the Follett/AP Bookstore located in the Oklahoma Memorial Union, 900 Asp Ave., Norman, OK. Orders can be placed online at www.oklahomaunionbkstr.com or by telephone at 866-369-9713 (toll free in the U.S.) or 405-325-5960 (outside the U.S.). E-mail orders may be sent to oklahomaunion@bkstr.com. Representatives are available from 8 a.m. to 6 p.m. CST Monday through Thursday and 8 a.m. to 5 p.m. CST on Friday. Summer hours: 8 a.m. to 4 p.m. CST. Faxed orders may be placed 24 hours a day to 866-223-5607 (toll free in the U.S.) or 405-325-7140 (outside the U.S.).

1. Muller, W. (1997) How, then, shall we live?: Four simple questions that reveal the beauty and meaning of our lives. New York: Random House. ISBN 9780553375053 (Text prices are available online.)


4. Materials posted on the OU Desire to Learn (D2L) system: Access D2L at [http://learn.ou.edu](http://learn.ou.edu); enter your OU NetID (4+4) and password, and select course to access material. Please contact your local Site Director if you require assistance.


Note: The Follett/AP Bookstore is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through the Follett/AP Bookstore.

**OU E-Mail:**

All official correspondence from distance learning instructors will be sent only to students’ ou.edu address.

**Online Learning Resource Center:**

The Online Learning Resource Center of the University of Oklahoma’s College of Arts and Sciences Online Program is here to serve you and assist you with any questions, problems, or concerns you may have. For assistance go to [http://casweb.ou.edu/olr/](http://casweb.ou.edu/olr/) or contact us by telephone at: (405) 325-5854 or Email: easonline@ou.edu

**Course Objectives:**

1. To increase self-awareness about one’s own and others’ spiritual beliefs, values, and development.
2. To increase knowledge about the major issues related to spirituality and counseling.
3. To increase knowledge about strategies for assessing religion/spirituality in counseling settings.
4. To increase knowledge about strategies for effectively and ethically treating spiritual clients or issues in counseling settings.

**Assignments, Grading, and Due Dates:**

Note on plagiarism: Be aware that all your papers when put in the Dropbox are automatically submitted to turnitin.com, a plagiarism database that scans your paper and adds it to the database to be used for future searches. The scan gives a percentage for how much of a paper is found in other sources and gives links to those other sources as evidence. Please cite and paraphrase your material appropriately (see APA Publication Manual (6th ed.) and Writing Resources on D2L webpage).

**Discussion:**

Please post at least three discussion entries in the DISCUSSION section of D2L—one for each book. Also, respond to at least 3 other posts. Share whatever you like but do not merely summarize the readings. Share your reactions, thoughts, feelings, ideas for application, case examples, etc. related to the readings. I will also post occasional topics for discussion.
Final Paper:
This will be a double-spaced, APA-style, Microsoft Word paper in which you will integrate all the reading for this course. This paper will consist of two parts. In Part I (5-7 pages), based on Chapter 4 in the Cashwell and Young book I want you to complete Application 1 (p. 74) and 4 (p. 77), and then write a section on Spiritual Self-Awareness. In other words, answer the questions from Application 1 in your paper. Then write a reflection of your experience with Application 4. Some questions to consider: What was your felt sense? What images or feelings came up for you?

In Part 2 (8-10 pages), you will write a critical review of the three books. Discuss and critique at least 5 ideas (or chapters) from each book for this course. Give a BRIEF summary of the book (one paragraph at the most, though a summary is not necessary) followed by your discussion/critique. How did the book/idea change and inform your views of spirituality and counseling? What moved you or affected you the most? What points did you disagree with and why? How will these books (or ideas) influence your counseling/helping practice? What did you learn about spirituality and counseling?

Grading:
This course is graded Satisfactory or Unsatisfactory (S/U). A grade of S is equivalent to B or better.

NOTICE: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

Incomplete Grade Policy:
A grade of “I” is not automatically assigned, but rather must be requested by the student by submitting to the instructor a “Petition for and Work to Remove an Incompleted Grade” form. An “I” can never be used in lieu of an “F” nor can an “I” be assigned because of excessive failure to participate in class activities.

Technical Support Information:
If you experience technical problems, contact Information Technology by visiting their website at: http://webapps.ou.edu/it/ or contacting them by telephone at: (405) 325-HELP (4357).

Important information you should know about online courses:
- To sign on to Desire2Learn (D2L), go to www.learn.ou.edu and log in using your 4+4 and your OU network password (note that this is the same 4+4 and password that you use to access your OU email). Once you are logged in, please look on the right-hand side for “My Courses,” locate your course and click on it. Remember to check your course site on D2L every day.
- Students enrolled in online courses may be required to take the CAS student orientation in Desire 2 Learn. To take the orientation, sign-on to D2L and then click on “Self Registration” at the top left corner of the page. Information about and instructions for the orientation can be found at http://casweb.ou.edu/olr/public/students/orientation.htm
- Course Materials are available at Follett/AP Bookstore. On this syllabus you will find a link to the Follett Bookstore.
- If you need to drop or withdraw from a course, please contact your Site Director. You can drop a course without a penalty up to the add/drop date. Courses dropped after the add/drop date may result in a penalty.
- After the class has started, you can only withdraw from the course with the professor’s permission; you will not receive a refund for your tuition. You can only drop without a penalty after the add/drop date by providing proper documentation and receiving approval from the Advanced Programs Theater Director. Provide this documentation to your Site Director.
POLICIES AND NOTICES

Attendance/Grade Policy

Note: Attendance/absences do not apply to online courses. However, participation in all course activities is extremely important to student success in online courses.

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy.

Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

- cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement; assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the “Student’s Guide to Academic Integrity” found at http://www.ou.edu/provost/integrity

Accommodation Statement

The College of Continuing Education [Advanced Programs] is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA

Chad V. Johnson

Education

• Ph.D. Pennsylvania State University; Major: Counseling Psychology (APA-accredited);
• M.A. Trinity University; Major: School Psychology (NASP-approved)
• B.A. Magna Cum Laude, Texas A&M University; Major: Psychology; Double Minor: Classical Studies and Philosophy

Supplemental Education/Study Abroad:

• Minzu University, Beijing, China - Language and Cultural Studies, Summer 1992
• Lanzhou University, Lanzhou, China - Language and Cultural Studies, Summer 1994

Current Positions

• Aug 2006 – present Assistant Professor, University of Oklahoma, Department of Human Relations, Schusterman Center, Tulsa, OK. Tenure-track.
• Aug 2006 – present Project Director, Center of Applied Research for Nonprofit Organizations. University of Oklahoma, Schusterman Center, Tulsa, OK
• Jan 2009 – present Clinical Assistant Professor, University of Oklahoma-College of Medicine, Department of Psychiatry, Schusterman Center, Tulsa, OK
• Dec 2006 – present Instructor, Advanced Programs University of Oklahoma, OUTREACH, Tulsa, OK
• Dec 2008 – Present Private Practice, Tulsa, OK.
• July 2008 – present Faculty Mentor, School of Community Medicine, University of Oklahoma, Tulsa, OK

Frequently Taught Advanced Programs Courses

• HR 5463 Counseling Skills
• HR 5433 Group Counseling
• HR 5113 Problems of Professional Helpers
• HR 5533 Counseling Approaches
• HR 5003 Theoretical Foundations
• HR 5453 Ethics in HR Counseling

Major Areas of Teaching and Research Interest

• Psychology and Religion/Spirituality
• Social Justice and Community Based Participatory Research
• Group Psychotherapy
• Humanistic, Existential, and Transpersonal Studies
• Psychotherapy Process and Outcome

Representative Publications and Presentations

Refereed Publications


**Book Chapters (*=Peer reviewed for acceptance)**


**Books/ Monographs**


**Representative Honors and Awards Received**

• Junior Faculty Summer Fellowship, University of Oklahoma, College of Arts and Sciences, 2010, Award: $6,000
• Nominee for Social Justice Award, Women’s and Gender Studies Program, Center for Social Justice, University of Oklahoma, 2010
• Junior Faculty Summer Fellowship, University of Oklahoma, College of Arts and Sciences, 2008, Award: $6,000
• Selected for Inaugural School of Community Medicine Leadership Academy, University of Oklahoma, Schusterman Center Campus, 2008-2009
• Selected for Excellence in Proposals Program, University of Oklahoma, Office of Research, Grant writing mentoring program, 2008
• Nominee for the Council of Counseling Psychology’s Training Programs Outstanding Graduate Student Award, 2003
• Edwin L. Herr Scholarship for the Education of Counselors, Pennsylvania State University, 2002
• Magna Cum Laude, Texas A&M University, College Station, TX, 1995

**Licensure and Certification**

• *Licensed Health Service Psychologist*. State of Oklahoma (Lic. No: 1070)
• *Licensed Psychologist*. State of Iowa (Lic. No: 00996, Inactive)
Major Professional Affiliations

- American Psychological Association
  - APA Division 17: Counseling Psychology
  - APA Division 32: Humanistic Psychology
  - APA Division 49: Group Psychology and Group Psychotherapy
- American Group Psychotherapy Association
- Society for Psychotherapy Research