Please look below for our general overview of all the sessions that will be available you on Sooner Saturday. You design YOUR day. Explore a few sessions or explore them all.

**8:00 am** – Registration begins by McCasland Field House

**9:10 am** – Opening Session

**10:30 am – 11:15 am**
Session 1 – Admissions & Recruitment
In this session, you will hear from an OU Admissions Counselor on the application process, potential admission decisions, what to do now as a HS Junior or College Transfer, and of course, an overview of how to navigate your Sooner Saturday!

**11:30 am – 12:15 pm**
Session 2 – Academics
In session 2, you will have an opportunity to explore all the different academic options at OU. All of our colleges will be providing their information, statistics, and degrees offered. Be sure to ask questions – they are eager to assist you on this day! You may also select “Lunch” for session 2.

Options:

- Arts & Sciences
- Architecture
- Atmospheric & Geographic Sciences
- Business
- Earth & Energy
- Education
- Engineering
- Fine Arts
- Health Sciences
- International Studies
- Journalism
- University College (first year experience)
- Lunch – Couch Restaurants
12:30 – 1:15 pm
Session 3 – Academics/Enrichment
In session 3, you will have not only academic options to attend, but also enrichment in areas of student life, tours of housing, financial aid, fitness and recreation among others. You may also select “Lunch” for session 3.

Options:

- Arts & Sciences
- Architecture
- Atmospheric & Geographic Sciences
- Business
- Earth & Energy
- Education
- Engineering
- Fine Arts
- Health Sciences
- International Studies
- Journalism
- University College (first year experience)
- Lunch – Couch Restaurants
- Resident Financial Aid
- Non-Resident Financial Aid
- Housing & Food
- Housing Tours (on-campus at the resident halls and off-campus at Traditions Square)
- Education Abroad
- Major Coaching (discover what you want to study)
- Fitness & Recreation
- Student Life
- Honors College
- National Merit
- ROTC

1:30 – 2:15 pm
Session 4 – Academics/Enrichment
In session 4, you will have the opportunity to continue exploring all that OU has to offer in terms of enrichment. You may also select “Lunch” or one of our many “Tours” for session 4.

Options

- Lunch – Couch Restaurants
- Aviation Info Session, Max Westheimer Airport, 1:30 pm
- Aviation Tour, Max Westheimer Airport, 2:00 pm
- Resident Financial Aid
- Non-Resident Financial Aid
- Campus Tours (1:30 – 3:00 pm)
• Housing & Food
• Housing Tours (on-campus at the resident halls and off-campus at Traditions Square)
• Headington Hall Tours
• Education Abroad
• Major Coaching (discover what you want to study)
• Fitness & Recreation
• Student Life
• Honors College
• National Merit
• ROTC

1:30 – 3:00 pm
Open Houses & Continued Campus Tours
All options for open houses and campus tours will be available upon check-in.

3:00 pm
Sooner Saturday concludes