Dodgeball Rules

Format of Play
• Pool play event followed by single elimination tournament
• Divisions
  o Men’s Open
  o Women’s Open
  o Faculty/ Staff
• Location: All games are played at the Sarkeys Fitness Center

Dodgeball Information
• All participants must provide a valid OUID (with picture) prior to each contest.
  o No OU ID = No Play

The Game
1) The game is played by two teams of 6 with a max of 4 subs for each team.
2) The object of the game is to eliminate all opposing players by getting them "OUT". This may be done by:
   1) Hitting an opposing player with a LIVE thrown ball at or below the shoulders.
   2) Catching a LIVE ball thrown by your opponent before it touches the ground. Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another ball, another player, official or other item outside of the playing field (wall, ceiling, etc).
   3) A 3-minute time limit has been established for each contest.
   4) If neither team has been eliminated at the end of the 3 minutes, open court will be called and when a team has all six players eliminated, game will be over.
   4) Game begins by placing the dodgeballs along the center line.
   5) Following a signal by the official, teams may approach the centerline to retrieve the balls.
   6) Teams may only retrieve the three (3) balls to their right of the center hash.
   7) Once a ball is retrieved it must be taken behind the attack-line before it can be legally thrown.
   8) The first team to legally eliminate all opposing players will be declared the winner.
   9) Each player must throw the ball five (5) seconds after picking up/ catching the ball.
   10) During play, all players must remain within the boundary lines. Players may leave the boundaries through their end-line only to retrieve stray balls. They must also return through their end-line.
   11) During matches, rules will be enforced primarily by the "honor system"*. Players will be expected to rule whether or not a hit was legal or whether they were legally eliminated. Officials will be used to assist in rulings, but it is the responsibility of the players to assist.

Faculty/ Staff Modifications
1) Faculty and Staff teams must consist of at least one male, and one female.

   For rules not specifically mentioned above refer to NCDA Official Rules.