Executive Committee Members and Staff Senate Representatives Attending:
Andrea Flores, Betty Love, Emily Pierce, Rhonda Hill, Matthew Rom, Cathy Yeaman, Melissa Lane

Members Attending: Nancy Matthews, Diana Fitzpatrick, Sherry Paxton, Susan Bash, Sam Fellows

Welcome by Betty Love, Vice President.

Guest Speaker: Dot Flowers, Nutritionist with Food Services.
Works with students with food allergies and helps with nutrition education. Organize clubs and fairs. There is an online food calculator with food on campus. Dot gives advice on how to eat healthier during the holidays: Reduce fat, sodium, carbs and sugar will reduce calories. Lower fat and lower sodium has the possibility for higher sugar. Instead of green bean casserole, make herbed greens. To make a healthier holiday menu, look at previous menu. Cut out desserts and add fruit tray. Portioning is important; go for smaller portions. Slow down when eating; give your body a chance to realize it’s full. Rub bird with herbs instead of butter. Pureed fruit are a good substitute for eggs. 3 oz. of meat, ¼ cup of potatoes is a proper serving. Dot leaves recipes and websites for ideas for healthy holiday cooking. www.eatwell.com, www.skinnycook.com, www.eatright.org

Minutes: Approval of October 2014 minutes. Rhonda makes motion to approve and Nancy seconds.

Treasurer’s Report – Andrea Flores (see attachment)
• Transferred funds to the Family Assistance Program; $307.00 was raised at the Flapjack Fundraiser. The account balance in the Family Assistance Fund is $1528.56. The account balance in the checking account is $323.51.

Staff Senate Report – Matt Rom
• Dawn Hollman – Attorney specializing in estate planning, $100 discount for OU employees. Potential for OU
• Angela Hawpe from HR: Employees who make under $30k will pay $12/mo into insurance. PPO and HMO have increased. Employees over 30 hours/week should receive benefits according to ACA.
• President Boren’s 20 year anniversary.
• Staff Week and 125th anniversary of OU.
• VP Hathaway would like feedback on benefits change.
• Next meeting is on Nov. 19th.
• HMO will likely eventually go away and everyone will be on PPO.
Organizational Staff Council Meeting

MINUTES

Thursday, November 13, 2014  12:00 – 1:00 PM
Couch Cafeteria – Davenport

Old Business
- Website updates – N/A

New Business
- OU families during the holidays
  o Justin will send an email out to request names.

Announcements
- Benefits enrollment ending soon.
- Fill the Trolley
  o Contact Vicky Holland (vholland@ou.edu) if you’d like to participate.
- Fleet Services is having training on the new reservation system. Sign up online.

Meeting Adjourned at 12:47 PM.