Course Description: Does change seem to be swirling around you? Does the ground make you feel a little shaky as you grasp the potential impact of the changes? It has been said that all changes bring stress, and big changes can bring major stress to people and major conflict for organizations. As managers, we can either simply react to changes or take responsibility to develop strategies to adapt to changes in a way that is proactive and packaged in a way that helps all adapt as safely and constructively as possible. This highly interactive workshop will look at the many types and dynamics of change and help managers develop strategies to better cope with change and to formulate plans to use change to move forward in a positive manner. Particular emphasis will be placed on helping manage change during crisis that may have potentially traumatic impact on the supervisors, the agency, other workers, and clients. Participants are encouraged to bring real life examples from their practice to class for discussion.

Training Location: OU/OKDHS Training Center
Training Room 3
1200 West Rock Creek Road Suite C
Norman, OK 73069
(405) 325-6874

Lodging: Sooner Legends
1200 24th Ave SW
Norman, OK 73072
405-701-8100

Lodging reservations will be made for you. All participants qualified for lodging will automatically be booked a room. A verification email will be sent three weeks before training, and a confirmation number will be sent one week before training.

- For individuals traveling in excess of 130 (map) miles one way, lodging is available the night before.

Credit: Participants are reminded that anyone missing more than 30 minutes of a workshop may not receive full credit or may be sent home.

OKDHS Dress Code: Business casual / work attire.

Cancellation: If you find you cannot attend after you have registered, please email CW.CPMTraining@ou.edu.

Have Questions? Visit our website: http://www.ou.edu/cwtraining