Course Description:
This course will allow participants who have completed CW 3032 to practice their skills through role play. There will be a brief review of CW 3032 material. Motivational interviewing (MI) is a proven, client centered intervention method for addressing ambivalence and resistance to change. MI has been shown to improve case outcomes, promote change, and improve compliance. MI uses a menu of strategies and five principles to assess readiness to change and to address ambivalence and resistance on the part of the client. These are the centerpieces of motivational interviewing and are key in assisting the client in setting and achieving case goals. The workshop provides opportunities for learning and practicing MI skills in exercises and role-plays. Participants will learn to assess their own skills and to give feedback to others using Motivational Interviewing strategies. Participants will also how to integrate these skills into their existing methods of casework.

Training Location:
OU/OKDHS Training Center
Forum Room
617 West Rock Creek Road
Norman, OK 73069
(405) 573-9191

Lodging:
Sooner Legends
1200 24th Ave SW
Norman, OK 73072
405-701-8100
Lodging reservations will be made for you. All participants qualified for lodging will automatically be booked a room. A verification email will be sent one weeks before training along with a confirmation number.

- For individuals traveling in excess of 120 (map) miles one way, lodging is available the night before.

Cell Phones/ Electronics:
Due to the nature of employment with Child Welfare it is understandable for participants to have cell phones in class. However, out of respect to the trainers please keep phones on silent and excuse your self to the hall if you must take a call. Use of laptops, IPods, IPads, etc are not permitted during training sessions.

Credit: Participants are reminded that anyone missing more than 30 minutes of a workshop may not receive full credit or may be sent home.

Cancellation: If you find you cannot attend after you have registered, please email CW.CPMTraining@ou.edu.