

CW 5204 - Compassion Fatigue / Caseload Management

Miscellaneous
May 21, 2009

PRESENTED BY:

Nancy Hurst has worked with DHS for many years. She was a trainer for the compassion fatigue component of CORE until the component was set aside as an all-day training.

TRAINING SITE:

OU / DHS Training Center
Equity Room
617 W. Rock Creek Road
Norman, OK 73069

COURSE DESCRIPTION:

Child welfare work makes intense demands on the energy, time and creativity of the professionals involved. In order to combat the chaos and inoculate themselves against the draining effects of stress and ultimately compassion fatigue, workers need to implement a systematic approach. This approach includes practicing self awareness, working toward a balanced lifestyle by using strategies for stress reduction and making a concentrated effort to manage their workload. In this fun and interactive workshop we will evaluate risk levels for compassion fatigue and review work and personal habits in order to reduce the risk. We will practice stress management techniques and review a caseload management model that, if implemented, will allow workers to regain or maintain control of their workload.

TRAINING GROUP:

Participation is limited to 50 participants who have been referred by their Supervisors and have completed CORE.

WORKSHOP HOURS:

Registration at 9:30 a.m.
Day 1: 10:00 a.m. to 5:00 p.m.

Participants are reminded that anyone missing more than 30 minutes of a workshop may not receive full credit for the workshop.

CANCELLATION:

PLEASE DON'T BE A NO-SHOW. If you find you cannot attend after you have registered, please e-mail peggy.acker@okdhs.org.

LODGING ACCOMMODATIONS:

Lodging is available at the Sooner Legends Inn & Suites, 1200 24th Avenue SW, NORMAN, OK 73069. **Call 405-701-8100 to make your lodging arrangements.** A block of rooms will be reserved for training participants until **5/6/2009**, and will be direct billed to CCAN. If you make a reservation after this date has expired, you will be expected to pay for your room and apply for reimbursement through OKDHS. When making reservations please indicate that you are with the OKDHS Compassion Fatigue Training.

► **For individuals traveling in excess of 130 miles one way (map miles), lodging is available the night before.**

Visit our website: <http://www.ou.edu/cwtraining>

OKDHS DRESS CODE IS ENFORCED DURING TRAINING