

Cian Loren Brown, PhD, LPC-S, NCC, BCN

820 Van Vleet Oval
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Collings Hall; RM 306
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Education **University of Arkansas**, Fayetteville, Arkansas Graduation: May 2021
Ph.D. in Counselor Education, CACREP-Accredited
Dissertation: An Adventure Therapy Mountain Bike Program for Middle School Students: A Pilot Study

Master of Science in Education Statistics and Research Measurement In Progress

University of North Texas, Denton, Texas Graduation: Dec. 2014
Master of Science in Counseling, CACREP-Accredited
Overall GPA: 4.0

Texas A&M University, College Station, Texas Graduation: May 2011
Bachelor of Science in Psychology
Major GPR: 3.59 Overall GPR: 3.33

Credentials

Licensed Professional Counselor

- Texas #73952 Inactive
- Arkansas #P1801003 Active from 01/09/2018 to 06/30/2021

Nationally Certified Counselor; #341397

2014 - present

Board Certified in Neurofeedback; #E5760

2015 - 2023

Research Experience

Graduate Research Assistantship

June 2018 – Aug 2019

- Conducted qualitative and quantitative research
- Collaborated with diverse research teams and departments
- Provided support to multiple faculty members on research agendas
- Analyzed large data sets for quantitative studies on international and national projects

Lead Graduate Assistantship

Aug 2019 – Present

Peer- Reviewed Publications

Brown, C. L., Broadwater, A. R., & Christian, D. D., (2021). The power of kawa: Metaphor in counseling supervision. *Journal of Creativity in Counseling*.
<https://doi.org/10.1080/15401383.2021.1950093>

Christian, D. D., McMillion, P., **Brown, C. L.**, Schoonover, T. J., & Miller, B. A. (Accepted. 2021). Using adventure therapy to improve self-efficacy of middle school students. *Journal of School Counseling*

Christian, D. D., McCarty, D. L., & **Brown, C. L.** (Accepted. Fall, 2021). Navigating adventure therapy: Using Adlerian theory as a guide. *Journal of Individual Psychology*, 77(3).

Brown, C. L., Vajda, A. J. & Christian, D. D. (2020). Publication trends of CACREP accredited counselor education and supervision programs. *The Professional Counselor*. 10(4), 501-516. <https://doi.org/10.15241/clb.10.4.501>

Christian, D. D., McCarty, D. L., & **Brown, C. L.** (2020). Experiential education during the COVID-19 Pandemic: A Reflective Process. *Journal of Constructivist Psychology*.

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34(3), 264-277. <https://doi.org/10.1080/10720537.2020.1813666>

Christian, D. D., **Brown, C. L.**, Portrie-Bethke, T. L. (2019). Group climate and development in adventure therapy: An exploratory study. *The Journal for Specialists in Group Work*, 44(1), 25-45. <https://doi.org/10.1080/01933922.2018.1561776>

Christian, D. D. & **Brown, C. L.** (2018). Recommendations for the role and responsibilities of school-based mental health counselors. *Journal of School-Based Counseling Policy and Evaluation*, 1(1), 26-39. <https://doi.org/10.25774/nmfk-y245>

Under Review

Vajda, A. J., Gerwe, C., & **Brown, C. L.**, Queer discourses of inclusion: Gay latino experiences in the mainstream. *Journal of LGBTQ Issues in Counseling*

Smarinsky, E. C., **Brown, C. L.**, & Christian, D. D., Effects of a mindfulness program on adolescent self-report assessment. *Counseling Outcome and Research Evaluation*

Broadwater, A., Moore, M., & **Brown, C. L.**, A signature pedagogy for teaching supervision in counselor education. *Journal of Counselor Preparation and Supervision*

Brown, C. L., Portrie-Bethke, T. L., & Higgins, K. K., The rise of adventure: A 10-year content analysis of journals. *Journal of Experiential Education*

Peer-Reviewed Presentations

National/International

Brown, C. L., Smarinsky, E. C., & Christian, D. D. (2021, June), *The use of Mountain Biking and Adventure Therapy to Promote Adolescent Self-Efficacy and Resiliency*. 2021 Association for Humanistic Counseling, Virtual.

Smarinsky, E. C., **Brown, C. L.**, & Christian, D. D. (2021, June), *Effects of a Mindfulness-Based Intervention on Adolescent Introspection*. 2021 Association for Humanistic Counseling, Virtual.

Vajda, A. J., **Brown, C. L.** & Smarinsky, E. C. (2019, November), *Psychosocial Determinants of Medication Adherence among Persons Living with HIV and AIDS in Mexico City*. 2019 National Council on Family Relations Conference, Dallas, TX, USA.

Brown, C. L. & Schulz, L. L. (2019, October), *Gatekeeping: An Institutional Dilemma*. Association for Counselor Education and Supervision, Seattle, Washington, USA.

Schulz, L. L. & **Brown, C. L.** (2019, October), *Building your instructional expertise: Five axioms every doc student needs to learn*. Association for Counselor Education and Supervision, Seattle, Washington, USA.

Christian, D. D., Reese, R. F., & **Brown, C. L.** (2019, October), *Learning through Adventure: Using a Study Abroad Experience to teach Nature-Based Counseling*. Association for Counselor Education and Supervision, Seattle, Washington, USA.

Smarinsky, E. C., **Brown, C. L.**, & Schoonover, T. J. (2019, September), *Navigating the Single-Case Research Design*. Association for Assessment and Research in Counseling, San Antonio, Texas, USA.

Brown, C. L., Vajda, A., & Paez, R. (2019, September), *Social Capital and Wellbeing among Latinx Individuals: Implication for Physical and Mental Health*. [poster]. Association for Assessment and Research in Counseling, San Antonio, Texas, USA.

Brown, C. L. (2019, June), *It's Only Natural: EcoWellness in the Human Experience*. Outdoors Victoria: Education Outdoors Conference, Melbourne, Victoria, Australia.

Christian, D. D., **Brown, C. L.**, Galluzzo, K., & Kivett, N. (2018, October), *Promoting Social-Emotional Learning Through Adventure Groups*. Association for Experiential Education, Orlando, Florida, USA.

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Christian, D. D., **Brown, C. L.**, Portrie-Bethke, T. (2018, September), *Using Adventure Based Counseling to Increase Self-efficacy and Family Cohesion to Reduce Adolescent Suicidality*. International Association for Counselling, Rome, Italy.

Portrie-Bethke, T., Christian, D. D., & **Brown, C. L.** (2018, September), *Modalities to reduce the effects of Adverse Childhood Experiences*. International Association of Counselling, Rome, Italy.

Regional

Brown, C. L. & Christian, D. D. (2020, November). *Tales from the trails: Using an adventure therapy mountain program to support student success*. WACES Conference, Tuscon, AZ, United States. (Conference canceled)

Brown, C. L., Smarinsky, E. C., & Christian, D. D. (2020, November). *Don't mind me: The effects of a mindfulness intervention on self-perception*. WACES Conference, Tuscon, AZ, United States. (Conference canceled)

Brown, C. L. (2019, April) *Breaking the Ice: Valuable Activities for Starting Adventure Groups: University of Arkansas Adventure Therapy Lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.

Brown, C. L., Bright, P., Broaddrick, K., (2018, April), *Improving the Flow of Adventure: Start with the End in Mind*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.

Cook, J. J., Christian, D. D., & **Brown, C. L.** (2017, April), *Using adventure for change: University of Arkansas adventure therapy lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.

Brown, C. L., Christian, D. D., & Cook, J. J. (2017, April), *Achieving group goals using a modified experiential learning model: University of Arkansas adventure therapy lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.

Accepted

Vajda, A. J. & **Brown, C. L.** (2019, October), *Parental Engagement in Schools among Latina Mothers: A Qualitative Inquiry*. 2019 National Latinx Psychological Association Conference, Miami, FL, United States.

Smarinsky, E. C., **Brown, C. L.**, & Suarez, A. (2019, August), *Existential Strategies for Addressing End of Life Issues*. 2019 Association for Adult Development and Aging Conference, Chicago, IL, United States.

Teaching Experience

University of Oklahoma, Norman, Oklahoma
Assistant Professor; Professional Counseling Program

2021 – present

- Master's level courses
 - Counseling and Human Development
 - Methods and Techniques in Counseling

University of Alaska Fairbanks, Fairbanks, Alaska
Clinical Mental Health Counseling Program

Summer 2021

- Master's level courses (Adjunct)
 - Multicultural Counseling

University of Arkansas, Fayetteville, Arkansas
Counselor Education and Supervision

April 2018 – July 2021

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- Master's level courses
 - Basic Counseling Techniques (Instructor of Record)
 - Individual Appraisal (Adjunct)
 - Crisis Counseling (Adjunct)
- Master's level courses (Co-instructor)
 - Counseling Theories
 - Research in Counseling
 - Basic Counseling Techniques
 - Counseling and Human Development
 - Travel/Study Program to New Zealand

Guest Lecturer/Webinar

- Yardstick Educational Initiatives, Middle East & UAE; Fall 2020; Experiential Learning amid the Pandemic (COVID-19) – K12 Context
- University of Southern New Hampshire with Torey Portrie-Bethke, PhD; Spring 2019; Modalities used to reduce the effects of Adverse Childhood Experiences
- University of Arkansas with David Christian, PhD; Counseling Theories, Spring 2019; Integrating Technological and Non-Technological Feedback Systems in Counseling
- Ozark Guidance Counseling, Fayetteville, Arkansas 2018; Integrating Technological and Non-Technological Feedback Systems in Supervision

Clinical Experience

Ozark Adventure Therapy, PLLC, Fayetteville, Arkansas June 2019 – Present
Co-founder/Licensed Professional Counselor Developed and facilitated Adventure Therapy programs in diverse settings

- Collaborated with community organizations to provide training and counseling services
- Provided experiential learning and group counseling services with diverse populations

Integrated Neuro Psychological Services, Fayetteville, Arkansas June 2018 – June 2019
Neurofeedback Clinician

- Provided counseling services using neurofeedback with diverse populations
- Reviewed and interpreted EEG data

Ozark Guidance Counseling, Fayetteville, Arkansas Jan 2018 – May 2018
School-Based Mental Health Professional

- Provided counseling services to students between ages 4 and 18
- Conducted risk assessments and crisis counseling to at-risk students

Lewisville Independent School District, Lewisville, Texas August 2015 – Dec 2018
Special Education Counselor

- Provided counseling services to students between ages 6 and 18
- Conducted risk assessments and crisis counseling to at-risk students
- Constructed and implemented IEP goals
- Developed programs to facilitate counseling groups and sessions with students

UBH – Denton, Denton, Texas Oct. 2015 – April 2016
Mobile Assessor

- Conducted PRN risk-assessments for community and behavioral hospitals
- Provided diagnostic and crisis intervention services for at-risk patients

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- Facilitated patient treatment planning and provided additional community services

Wisdom Professional Counseling, PLLC, Plano, Texas

March 2015 – March 2016

Licensed Professional Counselor – Intern

- Provided counseling services to adolescents, adults, couples, and families
- Implemented therapeutic interventions to obtain established treatment goals
- Managed and maintained client files in an orderly and confidential manner

Jewish Family Service, Dallas, Texas

May 2014 – March 2015

Counseling Intern; Supervisor: Janelle Gibson, LCSW

- Advocated for and counseled adults using individual, family, and group therapy
- Developed and facilitated groups for diverse populations
- Completed diagnostic interviews to assess level of disability
- Collaborated with the evaluation team and helped collect biopsychosocial information prior to the clients' assessments

Neurotherapy Associates of Texas, Denton, Texas

Jan. 2014 – June 2014

BCIA Counseling Intern; Supervisor: Richard Davis, MS, LPC, BCN

- Provided over 100 hours of direct supervised neurofeedback sessions to clients
- Observed and monitored at least 5 QEEG recordings
- Managed cases and provided supervised neurofeedback sessions at Santé Center for Healing

University of North Texas; College of PACS, Denton, Texas

Aug. 2012 – May 2014

Academic Advisor

- Advised 600+ students on degree requirements and class schedules
- Maintained detailed information on undergraduate major degree requirements
- Communicated with prospective students through marketing and recruiting events
- Evaluated transcripts for prospective UNT students
- Assisted students in creating and implementing academic goals

Clinical Supervision Experience

University of Arkansas

Aug. 2018 – Aug 2020

- Provided individual and triadic supervision to master's level students during practicum and internships

Service

Chi Sigma Iota, University of Arkansas

Vice President

Adventure Therapy Lab, University of Arkansas

Assistant Director

- Facilitated and trained masters and doctoral level students in Adventure Therapy
- Facilitated and developed community trainings, workshops, and programs with diverse populations including international students, teachers, middle/high school students, etc.
- Led ATL groups to regional conferences and presentations
- Facilitated International Students & Scholars orientation programs

Watermark/Via, University of Arkansas

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Program Liaison

- Supported faculty in transition of online platform and user interface

CACREP Self-Study, University of Arkansas

- Collect and manage program documents
- Organize documentation portfolio for re-accreditation review

Graduate Dean's Student Advisory Board, University of Arkansas

College of Education and Health Professions Representative

Professional Organizations and Membership

- National Board for Certified Counselors (NBCC); NCC Number: 341397; 2014-present
- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Association for Specialists in Group Work (ASGW)
- Association for Experiential Education (AEE)
- Chi Sigma Iota (CSI); Membership Number: 1916462

Grants and Awards

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| • Outstanding PhD Student; University of Arkansas | 2021 |
| • Outride Bike Fund; BikeNWA, Arkansas Arts Academy | 2020 |