CAMPUS DINING

at a glance

The University of Oklahoma’s Food Services encompasses more than 20 different dining locations. From all-you-care-to-eat facilities to comfortable cafés, we have it all.

Couch Restaurants

THE ULTIMATE COMMUNITY DINING EXPERIENCE

A national award-winning destination, Couch Restaurants is OU’s premier all-you-care-to-eat facility. Located in the heart of the residence hall area, Couch Restaurants (or “the caf”) is made up of 14 different restaurant concepts. Catering to cravings such as Asian stir-fry, pizza, burritos, bbq, gyros, frozen yogurt, home-cooked meals, sweet desserts, hand-made coffee drinks and much more, Couch is always ready to please.

The Oklahoma Memorial Union is home to several OU Food Services operations.

CROSSROADS RESTAURANT

Classic burgers, sandwiches, paninis, salads and more are available 24-hours a day. Stop by and try a David L. Boren Bacon Double Cheeseburger or a Joe Castiglione Hot Sicilian Sandwich. Or grab frozen treats from the Crossroads Creamery.

Located in Cate Center, Cate à la Carte offers made-to-order breakfast items at Oliver’s Breakfast, home-style meals at Oliver’s Hot Bar, sandwiches and wraps at O’Henry’s, Italian entrees from Cucina Italiana, and sushi, coffee and pastries from Roscoe’s. Room Service is also available for a number of the menu offerings prepared daily.

THE ROLL HOUSE

OU’s first mobile food concept. The Roll House “woks” up classic Asian stir-fry dishes and a few new hits (pork wing anyone?). Find us on Facebook at facebook.com/therollhouse or follow us on Twitter @the_roll_house!

THE LAUGHING TOMATO

The Laughing Tomato takes a healthier, more local approach to the menu. Their wraps, flatbreads and pitas are all locally sourced. The Laughing Tomato gives students a chance to savor natural flavors and support regional farms. Assorted vegan and vegetarian items are also available here.

Also located in the Union are several popular restaurants run by OU Food Services, including Chick-fil-A, Quiznos, Starbucks and Wendy’s.
MEAL PLANS

All first year students have a meal plan. Plans come with points and meals.

A “meal” is what you would use when dining at Couch Restaurants. You traditionally have a set number of meals to use each week. Make sure you use your meals each week because they do not roll over from week to week.

The next term is “meal exchange”. This is when you “exchange” a meal at another restaurant. Meal Exchanges are accepted at Cate à la Carte and can be used at certain times in Oklahoma Memorial Union. Meal Exchanges have a $7.00 value.

You will also have “meal points”. One meal point is the equivalent of $1.00 and can be used to make purchases at any on-campus restaurant.

RESTAURANTS

In addition to Cate à la Carte, several other restaurants call the Residence Halls home.

COUCH EXPRESS

Located on the first floor of Couch Center, Couch Express serves up many student favorites, including their famous grilled cheese sandwich. Couch Express is also known for bread bowl Tuesdays where students get hot, creamy potato soup in a bread bowl. Whether you’re looking for a meal to sit and eat or something to munch on the way to class, Couch Express is a great place to stop.

XCETERA!

Found on the first floor of Walker Center, Xcetera! is the convenience store of every student’s dream. Carrying all of the snacks and treats busy students crave, Xcetera! also offers premium coffee, milkshakes and frozen beverages to satisfy any taste. Xcetera! is also proud to offer select natural and local products. And the best part is, Xcetera! accepts meal plan points!

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Like OU Campus Dining and our restaurants’ individual facebook pages, and follow us on twitter to get new information and great deals.