

Breakfast SERVED FROM 7:30-10:30 A.M.

BREAKFAST SANDWICHES

Your choice of sausage, bacon or ham with an egg and cheese
Egg white available upon request

ENGLISH MUFFIN \$4⁰⁰

BAGEL \$5²⁵

BISCUIT \$4⁰⁰

CROISSANT \$5²⁵

TOAST \$5²⁵

PLATES

“DIY” OMELETTE PLATE \$9⁰⁰

Three eggs or egg whites, cheddar jack cheese, your choice of one breakfast meat, three veggies and a side of your choice

BREAKFAST MEAT: SAUSAGE, BACON OR HAM

TOPPINGS: MUSHROOMS, RED ONIONS, BELL PEPPERS, JALAPENOS, TOMATOES OR SPINACH

SIDES: TOAST, BISCUIT, BISCUIT & GRAVY OR TATER TOTS

ALL-AMERICAN PLATE \$6⁵⁰

Your choice of sausage, bacon or ham, two eggs any style and a side of your choice

SIDES: TOAST, BISCUIT, BISCUIT & GRAVY OR TATER TOTS

SIDES

BREAKFAST MEAT \$2⁵⁰

BISCUIT & GRAVY (1) \$2⁷⁵ (2) \$4⁵⁰

TOAST \$1⁷⁵

BAGEL with cream cheese \$3⁰⁰

TATER TOTS \$2⁷⁵

TWO EGGS \$3⁵⁰

PLAIN BISCUIT \$1⁷⁵

BURRITOS SERVED FROM 7:30-10:30 A.M.

BREAKFAST BURRITO \$6⁵⁰

Your choice of sausage, bacon or ham with two scrambled eggs, cheddar jack cheese, bell peppers and red onions wrapped in a flour tortilla

EF2 BREAKFAST BURRITO \$7⁵⁰

Your choice of sausage, bacon or ham with two scrambled eggs, cheddar jack cheese, bell peppers, red onions and tater tots wrapped in a flour tortilla

Burgers

Served on a toasted bun with lettuce, tomatoes and red onions

HAMBURGER \$6⁵⁰

CHEESEBURGER \$7⁵⁰

TURKEY BURGER \$7⁵⁰

VEGGIE BURGER \$6⁵⁰

ADD CHEESE \$1.00, EGG \$1.75, BACON \$2.50 OR AN EXTRA BEEF PATTY \$4.50

MAKE IT A COMBO
ADD FRIES & A DRINK FOR \$3.25

Grill Sandwiches

CHICKEN FRIED STEAK SANDWICH \$7⁵⁰

Chicken-fried steak, lettuce and tomatoes on a toasted bun

CHICKEN SANDWICH \$7⁰⁰

Your choice of grilled, breaded or spicy breaded chicken breast with lettuce and tomatoes on a toasted bun

CHICKEN WRAP \$7⁵⁰

Your choice of grilled, breaded or spicy breaded chicken, bacon, cheddar jack cheese, lettuce, pickles and tomatoes in a tortilla

FISH SANDWICH \$6⁵⁰

Breaded cod filet with lettuce and tomatoes on a toasted bun

ADD BACON \$2.50 OR CHEESE \$1.00

Tenders

CHICKEN TENDERS \$6⁰⁰

Crispy chicken tenders, regular or spicy, served with your choice of dipping sauce

Fries & Drinks

FRENCH FRIES \$2⁷⁵

FOUNTAIN DRINK \$2⁰⁰

TATER TOTS \$2⁷⁵

COMBO \$3²⁵

Made-to-Order Sandwiches

SERVED FROM 10:30 A.M. - 2 P.M.

CLUB WRAP \$6⁵⁰

Ham, turkey, American cheese, bacon bits, lettuce and tomato in a flour tortilla

FLYING COW CLUB \$7⁰⁰

Ham, turkey, bacon, American cheese, lettuce, onion, pickle and tomato on 3 slices of white toast

GRILLED CHEESE \$5⁵⁰

American and cheddar on your choice of wheat or white bread

Add ham or turkey for only \$1.50

BLT \$6⁵⁰

Bacon, lettuce and tomato on your choice of wheat or white toast

TURKEY CROISSANT \$7⁵⁰

Turkey, bacon, provolone cheese, spinach and tomato on a toasted croissant

CUSTOM SANDWICH \$7⁵⁰

Ask about our variety of breads, meats, cheeses and veggies to design your own creation

**MAKE ANY SANDWICH INTO A WRAP AT NO EXTRA CHARGE OR
GET ANY SANDWICH ON NAAN FOR \$1 UPCHARGE**

Pizza & Cow-Zones

SERVED FROM 10:30 A.M. - 2 P.M.

8" PIZZA \$7⁰⁰

Your choice of traditional hand-tossed crust or Tandoori naan bread (\$1 extra). Topped with marinara sauce, mozzarella & cheddar-jack cheeses. Add your choice of toppings for \$0.75 each.

COW-ZONE \$7⁰⁰

Our 8" traditional hand-tossed crust stuffed with mozzarella and cheddar-jack cheeses and served with a side of marinara sauce. Stuff toppings into your cow-zone for \$0.75 per item.

Toppings \$0.⁷⁵ EACH

MEATS

Pepperoni
Italian Sausage
Ham
Bacon
Chicken

VEGETABLES

Red Onions
Bell Peppers
Mushrooms
Jalapeños
Tomato
Black Olives
Spinach

Flying Cow Cafe

National Weather Center



HOURS OF OPERATION

Monday-Friday, 7:30 a.m.-3 p.m.

Breakfast: Monday-Friday, 7:30-10:30 a.m.

Grill, Sandwiches & Pizza: Monday-Friday, 10:30 a.m.-2 p.m.