wraps

notes to note:
(v) = vegetarian (vg) = vegan

available wrap flavors: white, wheat and teff

“teff” is an Ethiopian grain, used as a gluten-free wheat substitute, plus it is high in protein

turkey bliss
savory turkey with mixed greens and Monterey Jack cheese in your choice of wrap

Will Roger’s pride and joy
a mouth-watering southwestern blend of veggies with organic rice and natural chicken breast selections in a white or wheat wrap

best date ever (v)
peanut butter, honey, banana slices and chopped dates in an organic teff wrap

hulk
roast beef, Monterey Jack cheese, spring mix in your choice of wrap

Hamlet
ham, Monterey Jack cheese and spring mix in your choice of wrap

gladiator
roast beef, mozzarella cheese, homemade roasted red pepper hummus, lettuce and farm fresh tomatoes in your choice of wrap

the double b (v)
mix of black beans, guacamole, tomato, Monterey Jack cheese and lettuce with a hint of garlic

the magic bean (vg)
mix of black beans, garbanzo beans, cucumbers, red onion, red peppers, jalepenos and a homemade vegan dressing

pitas

chicken salad
natural chicken, red peppers, relish and mayo with lettuce and tomato in a white pita

tuna-rific
fresh tuna salad with lettuce and tomatoes in a white pita

sides

baby carrots

chips

fruit

fruit salad

Grandma Opal’s Cookies
homemade hummus

add a fountain drink and a side to any meal to make it a combo.

salads

chicken caesar salad
romaine lettuce, grated parmesan cheese and fresh-grilled chicken

green Bangkok salad
thai peanut marinated chicken with red cabbage, shredded carrots, red peppers, onions, cucumbers and mixed greens

chef salad
romaine lettuce, turkey, ham, cage-free eggs and Monterey Jack cheese.

my big fat Greek salad (v)
fresh romaine lettuce mixed with cucumbers, feta cheese, black olives, olive oil, vinegar and garlic to taste

Athena’s pasta salad (v)
penne pasta, with cherry tomatoes, crisp bell peppers, red onion, sprinkled with mozzarella cheese

side garden salad (vg)
romaine, cherry tomatoes, carrots and cucumbers

soups

chicken soup for the Seoul
an Asian twist on classic chicken noodle, featuring portobello mushrooms, natural chicken, baby corn, red peppers and water chestnuts in a spicy broth

golden ticket potato soup (vg)
hearty roasted Yukon gold potatoes in a seasoned vegetable broth with a confetti of celery, corn, onions with red bell peppers

roasted red pepper and gouda (v)
velvety-rich bisque of pureed roasted red bell pepper, smoked and shredded Gouda, whole basil leaves, crushed garlic and cream

bread bowl
enjoy your favorite soup in a traditional bread bowl

tomatoes and more

surf n’ tomato
a heaping serving of our tuna salad served in a robust and ripe locally grown tomato

chick n’ tomato
a locally grown tomato full of our delectable chicken salad

tomato mozzarella (v)
greens and fresh mozzarella cheese in a locally grown tomato*, topped with tomato dressing

housing & food