#### December 2013



## **Top Ten Final Exam Study Tips**

With finals just around the corner, some students are wondering what they should be doing to prepare and what some strategies for final exam success are. The advisors at University College have come up with our Top Ten Final Exam Study Tips to help students achieve final exam excellence! Our best suggestions and advice are as follows:

- 1. Don't wait until the week of finals to start preparing for them.
- 2. Attend any review session the professor might offer.
- 3. Do not cram! Start studying now.
- 4. Do not pull an all nighter! You need your sleep to do well!
- Space out enough time to study for ALL of your courses.
- 6. Get plenty of sleep!

 Take periodic breaks when studying. You will retain more information if your mind has the opportunity to rest occa-



sionally than if you try to push straight through notes, texts, etc.

- 8. Set up a study group.
- 9. Maintaining a balanced diet will help your mind stay sharp

and keep you alert.
Use the free tutoring on campus like Zap
Tutoring, Action
Tutoring, the Math
Help Center and
the Chem Help
Center!

Don't forget, there is an advisor available every day to answer questions for students and to help them understand OU's policies and procedures. We are here to help, so if you have questions

don't feel shy about just dropping by! Students who need to be advised for the spring 2014 semester will need to schedule an appointment on iAdvise.ou.edu. Advising is MANDATORY in University College!

## **Annual Town Hall Meeting Notice**



Please join University College when we hold our annual Town Hall meeting on Wednesday, December 4th at 3:30 pm in Lissa & Cy Wagner Hall, room 240. The purpose of the meeting is to discuss how University College uses revenue from the technology and consolidated course fees.

### **University College**

### **Points of Interest**

- > Finals Week is December 9th-December 13th!
- > Annual UC Town Hall Meeting December 4th at 3:30 in Wagner 240.
- > Tutoring in Over 75 Subjects!
- > Advising Appointments now Available!
- > Check out Intersession at OU!

# Finals Study Tips

What's Inside!

Town Hall Meeting	1
Intersession Classes	2
Action Tutoring	2
Facebook and Twitter	2
Sources	2

## **Intersession at OU Can Help Students**

Do you need additional hours for the fall semester? Are you looking to get some free-elective, general education, major requirement, or major support requirement taken care of before the spring 2014 semester? If so, then the Winter Intersession may be right for you!

Intersession courses last three to four weeks and can be a great way to take full advantage of flat-rate tuition, get caught up, get ahead, or even just lighten the load in a projected heavy semester. Intersession courses are offered in a variety of formats from online to on-campus (University of Oklahoma Outreach).

Intersession courses move at a faster pace than full-term courses so it is imperative that students who enroll in an intersession course attend all of the session and keep up with the work. Students should also consult with Financial Aid and/or their scholarship administrator as applicable to see whether or not Intersession courses are covered. More information about Intersession courses can be found at the Intersession website, <a href="http://www.ou.edu/content/outreachceap/">http://www.ou.edu/content/outreachceap/</a> intersession home.html.



"Be sure to check <a href="http://uc.ou.edu/action">http://uc.ou.edu/action</a> for finals week tutoring sessions!"

## Don't Forget Action Tutoring

Action Tutoring offers tutoring sessions in more than 70 subjects. Students can access the Action Tutoring drop-in session schedule at <a href="http://uc.ou.edu/action">http://uc.ou.edu/action</a>.

On September 3<sup>rd</sup>, the Learning Center started their Action Appointment and Action Online services. Through these, students can make an appointment for up to six people with a Peer Learning Assistant. These appointments are available in either a face-to-face format or online at <a href="http://tutor.ou.edu">http://tutor.ou.edu</a>.

Students are also encouraged to try the brand new drop-in OU iPad app tutoring sessions

that are offered by the Student Learning Center.

Drop by and get your grades off to a smart start with the College Reading and Learning Association certified tutors of the Student Learning Center!

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### Sources

University of Oklahoma Outreach (2013). *OU Intersession*. Retrieved from http://www.ou.edu/outreachceap/intersession home.html.