How good are we at self-assessing whether or not we are safe to fly? This month's safety article features a video from the Air Safety Institute that answers that question. This video is approximately 30 minutes long, and it is highly encouraged that you to follow along with your "Risk Management Checklist" to see how the factors that lead up to the events look when simply laid out in front of us. Self-assessment is one of the greatest tools we have when it comes to mitigating risk, but it is obviously ineffective if not executed properly.

AOPA "No greater burden" article