

REQUIREMENTS FOR THE DOCTOR OF PHILOSOPHY
DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
THE UNIVERSITY OF OKLAHOMA

Academic Year
For Students Entering the Oklahoma State System for Higher Education Summer 2025 through Spring 2026

General Requirements
Minimum Total Hours 90

Program
Health and Exercise Science: Exercise Physiology
D500
Doctor of Philosophy

PROGRAM REQUIREMENTS

Code	Title	Credit Hours
Interdisciplinary Research Core (9 hours)		
HES 6970	Seminar in Health and Exercise Science	3
Graduate Statistics		6
Dissertation Research (24 hours)		
HES 6980	Research for Doctoral Dissertation	24
Extended Core for Exercise Physiology (12 hours)		
HES 6823	Cardiorespiratory Exercise Physiology	3
HES 6833	Human Body Composition	3
HES 6843	Neuromuscular Physiology	3
HES 6883	Endocrinology and Metabolism of Exercise	3
Electives		
Electives: Electives and transfer credit (including credit from a completed master's degree) as approved by the doctoral advisory committee and as needed to complete 90 hours beyond the baccalaureate degree		45
Total Credit Hours		90

GENERAL REQUIREMENTS FOR DOCTORAL DEGREES

A student should expect to spend at least the equivalent of three full academic years beyond the bachelor's degree to obtain the doctoral degree. During this period the student will take appropriate graduate coursework, successfully complete the general examination, and successfully defend and submit the final dissertation.

All coursework applied to the doctoral degree must carry graduate credit.

The doctoral degree requires at least 90 post-baccalaureate hours, including both formal coursework and hours of research.

The minimum hour requirement for a specific doctoral degree program cannot be waived.

No more than one-half of the credit hours, both OU and overall, excluding Research for Doctoral Dissertation (6980), may be S/U-graded coursework.

The student must be in residence at OU for at least two consecutive 16-week semesters during the pursuit of the doctoral degree while enrolled and engaged in coursework or research activities as prescribed by the major academic unit.

For more detailed regulations and requirements for Doctoral degrees, please consult the Graduate College Bulletin: <http://www.ou.edu/gradcollege/forms/bulletin>

More information in the catalog: (<http://ou-public.courseleaf.com/dodge-arts-sciences/health-exercise-science/exercise-physiology-doctor-philosophy/>).