

HUMAN RELATIONS AND YOU

FEB. 2024 / VOL. 2 ISSUE 11

HELLO STUDENTS

This document should serve as a guide to important program information and a tool to acclimate to the university.

You can click any underlined text for more information.

Any questions can be directed to damoncravens@ou.edu



- TO-DO LIST
- CALENDER
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DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA

TO- DO



- SCHEDULE ADVISING APPOINTMENT (SEE IADVISE.COM OR EMAIL)
- REVIEW PROGRAM REQUIREMENTS: HUMAN RELATIONS, B.A. < UNIVERSITY OF OKLAHOMA (COURSELEAF.COM)
- Check academic calendar.
- Check Canvas/Emails daily.
- COMPLETE OU GRADUATION APPLICATION. THIS APPLICATION IS AVAILABLE ONLINE ON YOUR OZONE SITE.
- DEADLINES FOR THE OU GRADUATION APPLICATION ARE:
 - OCTOBER 1 FOR FALL GRADUATION CERTIFICATION
 - PURCHASE CAPS AND GOWNS AT GRADUATION GEAR-UP OR AT THE UNIVERSITY BOOKSTORE (STADIUM LOCATION) 1185 ASP AVENUE. OUT OF STATE? ORDER BY PHONE: (405) 325-3511

<https://www.ou.edu/registrar/academic-records/academic-calendars/spring-2024>

ACADEMIC CALENDER

FEBRUARY 2024

| | |
|--|---------------------|
| Automatic Grade of W on Complete Withdrawal for Graduate Students | Jan. 16 to Feb. 23 |
| Grade of W on Complete Withdrawal for Undergraduate Students | Jan. 16 to May 3 |
| Final Day to Register or Add a Class without permission of instructor | Jan. 19 |
| Final Day to Submit request for Degree Check (Thesis/Doctoral students only) | Jan. 26 |
| No Reduction of Charges on Dropped Courses after this date | Jan. 29** |
| Final Day to Change from Audit to Credit for Undergraduate students | Jan. 29 |
| Final Day to Change from Credit to Audit for Undergraduate students | Jan. 29 |
| Final Day to Change from Audit to Credit for Graduate students | Jan. 29 |
| Automatic Grade of W for Dropped Course(s) for Graduate students | Jan. 30 to Feb. 23 |
| Automatic Grade of W for Dropped Course(s) for Undergraduate Students | Jan. 30 to April 12 |
| Midterm Grades | Feb. 26 to March 12 |
| Grade of W or F for Dropped Course(s) for Graduate students | Feb. 26 to March 29 |
| Grade of W or F on Complete Withdrawals for Graduate students (to be assigned by instructor) | Feb. 26 to May 3 |

PROGRAM REQUIREMENTS

REQUIREMENTS FOR THE BACHELOR OF ARTS DODGE COLLEGE OF ARTS AND SCIENCES THE UNIVERSITY OF OKLAHOMA

| Academic Year | General Requirements | Program |
|--|---|---|
| For Students Entering the Oklahoma State System for Higher Education Summer 2021 through Spring 2022 | Minimum Total Credit Hours 120 Minimum Upper-Division Hours 48 Major Hours 36 Minimum Retention/Graduation Grade Point Averages: Overall - Combined and OU 2.00 Major - Combined and OU 2.00 | Human Relations BS15 Bachelor of Arts |

OU encourages students to complete at least 30 hours of applicable coursework each year to have the opportunity to graduate in 4 years.

GENERAL EDUCATION AND COLLEGE REQUIREMENTS

Courses graded P/NP will not apply

Courses for fulfillment of General Education and College of Arts & Sciences requirements must be from the approved General Education course list published in the Class Schedule or at <http://www.ou.edu/gened/courses>.

UNIVERSITY-WIDE GENERAL EDUCATION (MINIMUM 40 HOURS) AND COLLEGE REQUIREMENTS

| Code | Title | Credit Hours |
|--|------------------------------------|--------------|
| Core Area I: Symbolic and Oral Communication | | |
| <i>English Composition (6 hours)</i> | | |
| ENGL 1113 | Principles of English Composition | 3 |
| ENGL 1213 | Principles of English Composition | 3 |
| or EXPO 1213 | Expository Writing | |
| <i>Language (0-13 hours in the same language)</i> | | |
| The college requirement cannot be met by high school coursework. | | |
| Beginning Course | | 0-5 |
| Beginning Course, continued | | 0-5 |
| Intermediate Course (2000 level) ^{1,2} | | 0-3 |
| <i>Mathematics (3 hours)</i> | | |
| Choose one course from the General Education Mathematics list | | 3 |
| Core Area II: Natural Science (7 hours, including one laboratory component) | | |
| <i>Biological Science</i> | | |
| Choose an approved General Education Natural Science course with one of the following prefixes: BIOL, HES, MBIO, or PBIO ³ | | 3-4 |
| <i>Physical Science</i> | | |
| Choose an approved General Education Natural Science course with one of the following prefixes: AGSC, ASTR, CHEM, GEOG, GEOL, GPHY, METR, or PHYS ¹ | | 3-4 |
| Core Area III: Social Science (6 hours) | | |
| P SC 1113 | American Federal Government | 3 |
| Choose one course from the General Education Social Science list | | 3 |
| Core Area IV: Arts and Humanities (18 hours) | | |
| <i>Artistic Forms</i> | | |
| Choose one course from the General Education Artistic Forms list | | 3 |
| <i>Western Culture</i> | | |
| HIST 1483 | United States to 1865 | 3 |
| or HIST 1493 | United States, 1865 to the Present | |
| Choose one course from the General Education Western Culture list (excluding HIST 1483/1493) | | 3 |
| <i>World Culture</i> | | |
| Choose one course from the General Education World Culture list | | 3 |
| <i>Additional Core IV Upper-Division Arts & Humanities courses</i> | | |
| Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3} | | 3 |
| Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3} | | 3 |
| Core Area V: First Year Experience (3 hours) | | |
| Choose one course | | 3 |
| Total Credit Hours | | 56 |

¹College of Arts and Sciences Requirements: college requirements are not automatically fulfilled by a previous degree.

²One course at the intermediate level or demonstrated competency at that level

³6 upper-division hours, 2 courses, at the 3000- 4000-level. *Must be outside the major.*

FREE ELECTIVES

Electives to bring total applicable hours to the minimum total required for the degree including 48 upper-division hours.

MAJOR REQUIREMENTS

- Some courses required for the major may also fulfill University General Education and/or College of Arts & Sciences Requirements.
- A grade of C or better is required in each major course.

| Code | Title | Credit Hours |
|--|---|--------------|
| Core Requirements | | |
| H R 3003 | Human Relations Theory | 3 |
| H R 3013 | Introduction to Human Relations | 3 |
| H R 3033 | Writing for Human Relations Professionals | 3 |
| H R 3413 | Cultural Awareness in Human Relations | 3 |
| H R 4013 | Social Change Process | 3 |
| H R 4503 | Applied Research | 3 |
| H R 4513 | Service Learning | 3 |
| Major Electives | | |
| Choose five Upper-Division (3000-4000-level) H R courses | | 15 |
| Total Credit Hours | | 36 |

MAJOR SUPPORT REQUIREMENTS

Students must choose one course from each of the following areas based on career interest and professional development. Substitutions are allowed only through consultation and permission from advisor.

| Code | Title | Credit Hours |
|---|--------------------------------------|--------------|
| Choose one course from each of the following areas: | | |
| | Global/Multicultural Perspectives | 15 |
| | Personal/Social Development | |
| | Social Responsibility/Ethical Living | |
| | Organizational | |
| | Statistics | |
| Total Credit Hours | | 15 |

More information in the catalog: (<http://ou-public.courseleaf.com/arts-sciences/human-relations/human-relations-bachelor-arts/>).

Scan the QR code's to visit our major, minor and website pages.

Major



Minor



Website





OU NORMAN CAMPUS RESOURCES

Student Financial Center
Buchanan Hall 105
(405)-325-9000
ou.edu/sfc

MoneyCoach
Couch Center, 2nd floor
(405)-325-4692
<https://www.ou.edu/moneycoach>

Career Services
Oklahoma Memorial Union, Rm 323
(405) 325-1974
<https://www.ou.edu/career>

Goddard Health Center
620 Elm Ave.
(405)-325-4611
[Goddard Health Services \(ou.edu\)](https://ou.edu/goddard-health-services)

Counseling Services
[Goddard Counseling Center](https://ou.edu/goddard-counseling-center)
8 a.m.-5 p.m. Monday-Friday
(405) 325-2911
Goddard Health Center, 201

The Student Society of Human Relations
[Student Society for Human Relations \(ou.edu\)](https://ou.edu/student-society-for-human-relations)

Student Activities
[Campus Activities Council](https://ou.edu/campus-activities-council)
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](https://ou.edu/explore-engage)

Study Abroad
(405) 325-1693
ea@ou.edu

[Education Abroad \(ou.edu\)](https://ou.edu/education-abroad)

Safety
[Safe Walk](https://ou.edu/safe-walk) (Norman Campus)
[Safe Ride](https://ou.edu/safe-ride) (Norman Campus)

[Parking Services](https://ou.edu/parking-services)
Jenkins Parking Facility
1332 Jenkins Ave.
1st floor
(405)-325-3311

Disability Resource Center
730 College Ave.
(405)-325-3852 (voice)
(405)-325-3494 (VP)
drc@ou.edu

Veteran Student Services
Buchanan Hall 216
(405)-325-4308
veterans@ou.edu

Gender & Equality Center
Oklahoma Memorial Union
(405)-325-4929
[Gender and Equality Center \(ou.edu\)](https://ou.edu/gender-equality-center)



OU-TULSA

CAMPUS RESOURCES

STUDENT INFORMATION OFFICE
(918) 660-3318
TULSAINFO@OU.EDU

STUDENT ENROLLMENT CENTER
TULSA SEC (OU.EDU)

BURSAR SERVICES
(918)-660-3474
TULSA.SEC@OU.EDU
BURSAR (OU.EDU)

OU-TULSA STUDENT AFFAIRS
OU-TULSA STUDENT AFFAIRS

OU-TULSA STUDENT COUNSELING
SERVICES
(918)-660-3109
TULSACOUNSELING@OU.EDU.
COUNSELING SERVICESWEBSITE

CAREER SERVICES
CAREER SERVICES (OU.EDU)

OU POLICE DEPARTMENT
EMERGENCY: (918) 660-3333
NON-EMERGENCY: (918) 660-3900
TULSA-
CAMPUSPOLICE@OUHSC.EDU

DISABILITY RESOURCE CENTER
JOSHUA-DAVIS@OUHSC.EDU
ACCESSIBILITY AND DISABILITY
RESOURCE CENTER

VETERAN STUDENT SERVICES
(918) 660-3360
VETERAN STUDENT SERVICES
(OU.EDU)

STUDENT ORGANIZATIONS
STUDENT ORGANIZATIONS
(OU.EDU)

OU TULSA DEPARTMENT OF
HUMAN RELATIONS
EMAIL: TULSAINFO@OU.EDU
PHONE: (918)-660-3318

CAREER PREP:

**HEADSHOT DROP-INS
TUESDAYS FROM 1:30 TO 4PM**

**WEDNESDAYS FROM 9:00AM TO NOON
LOCATION: OMU, SUITE 323**

STARTING NEXT WEEK, THE CAREER CENTER STUDENT ENGAGEMENT TEAM ALONG WITH LINDSEY MASTIN(ASSISTANT DIRECTOR, CAREER ADVISING)IS GOING TO START MAKING SHORT CLASSROOM ANNOUNCEMENTS ABOUT OUR SERVICES AND THE UPCOMING JOB AND INTERNSHIP FAIR.

SERVICES

WE OFFER RESUME CRITIQUES, COVER LETTER CRITIQUES, MOCK INTERVIEWS, JOB/INTERNSHIP SEARCH ASSISTANCE, CAREER FAIR ADVICE, ETC. (SIDE NOTE: SEE A MORE INFO ABOUT OUR SERVICES ON OUR WEBSITE: [HTTPS://WWW.OU.EDU/CAREER/STUDENTS/SERVICES](https://www.ou.edu/career/students/services))

LOCATION

WE ARE LOCATED ON THE 3RD FLOOR OF THE UNION (OPPOSITE OF THE BALLROOM). MAIN ENTRANCE UP THE STAIRCASE, WE ARE LOCATED ON THE LEFT.

HANDSHAKE ACCOUNT/PROFILE

HANDSHAKE IS A CAREER MANAGEMENT PLATFORM. THIS IS LIKE OU'S VERSION OF LINKEDIN. YOU CAN APPLY FOR JOBS, EXPLORE COMPANIES, SIGN-UP FOR ON-CAMPUS INTERVIEWS, AND REGISTER FOR CAREER FAIRS AND WORKSHOPS.

THIS IS ALSO WHERE YOU SCHEDULE APPOINTMENTS WITH US. GO TO [OU.JOINHANDSHAKE.COM](https://ou.joinhandshake.com) AND LOGIN WITH YOUR 4X4 & PASSWORD.

CAREER COMMUNITIES

HANDSHAKE IS ALSO WHERE YOU CAN JOIN A CAREER COMMUNITY. WE ARE MOVING AWAY FROM MAJOR FOCUSED MODEL TO A COMMUNITY/INDUSTRY MODEL.

[OU Career Center/ Education, Non-Profit, & Social Impact](#)



SSHHR

Student Society for Human Relations
Department of Human Relations

Our mission is to promote social justice, principles of tolerance, inclusion, dignity, and equal respect for all groups of people; to serve as social agents of change for the betterment of society; to develop leadership skills as future human relations professionals, and to actively seek ways to build relationships through service with the entire university and with the community at large.



DETAILS: SSHR MEETING
DATE: THURSDAY, 2/29/24
TIME: 2-3 PM

**PLACE: PHYSICAL SCIENCE BLDG, 7TH FLOOR, HUMAN
RELATIONS CONFERENCE ROOM**

CONTACT :

HR faculty sponsor
Dr. Marilyn Byrd

(405) 325-6405
MARILYN.BYRD-1@OU.EDU

EDUCATION FOR SUSTAINABLE DEVELOPMENT

CREATING A CULTURE OF PEACE AND
NONVIOLENCE IN K-12 SCHOOLS IN INDIA



Join us for a talk sponsored by the
Department of Human Relations

TUESDAY, MARCH 12

6:00 PM

**HERITAGE ROOM
OKLAHOMA
MEMORIAL UNION**

Light refreshments provided



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• REV. LINUS & MRS. SEEMA JUSTIN •

Linus serves as Superintendent & Seema serves as Principal at local Wesleyan Schools where they partner with 1,700 students and their families to provide quality education for those who are socially and economically disadvantaged. Through their collaborative approach rooted in intercultural & interfaith values, they are holistically empowering students to overcome barriers to human rights including intergenerational poverty, gender inequality, and environmental crises, leading to sustainable community development for our collective future.

For accommodations contact Kayla Crouso at kmc@ou.edu

THE WORK OF THE WOMEN'S ADVOCACY NETWORK

Justice for Women and Children in Post-Conflict Uganda



A TALK WITH

GRACE ACAN

CO-FOUNDER, WOMEN'S ADVOCACY NETWORK UGANDA

Sponsored by the Center for Peace and Development, Department of Human Relations, Clara Luper Department of African and African American Studies, African Studies Institute, Jeannine Rainbolt College of Education, Instructional Leadership and Academic Curriculum and Security in Context

WEDNESDAY, FEBRUARY 21, 1-2:30 PM | GOULD HALL GALLERY

Grace Acan is a social worker and an advocate for the rights of survivors of conflict-related sexual violence (CRSV). Her book *Not Yet Sunset*, published in 2018, tells the story of her experience in war time. She is the co-founder of the Women's Advocacy Network Uganda (WAN), which brings together more than 900 war-affected women and men to advocate for justice, recognition, and accountability for sexual and gender-based violence. Grace is currently working with Refugee Law Project as an Archivist and she is also a Board member of the Global Survivors Fund, whose mission is to enhance access to reparations for survivors of conflict-related sexual violence. She is also a member of SEMA – the Global Network of Victims and Survivors to End Wartime Sexual Violence.



JEANNINE RAINBOLT
COLLEGE OF EDUCATION
The UNIVERSITY of OKLAHOMA



CENTER FOR PEACE
AND DEVELOPMENT
The UNIVERSITY of OKLAHOMA



DAVID L. BOREN COLLEGE OF INTERNATIONAL STUDIES
AFRICAN STUDIES INSTITUTE
The UNIVERSITY of OKLAHOMA



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
CLARA LUPER DEPARTMENT OF AFRICAN
AND AFRICAN-AMERICAN STUDIES
The UNIVERSITY of OKLAHOMA

WE WANT TO HEAR FROM YOU

FEB. 2024/ VOL. 2 , ISSUE. 11



WE WELCOME YOUR OPEN, HONEST AND CRITICAL FEEDBACK AS WE CONTINUE TO IMPROVE AND GROW AS A DEPARTMENT.

THE SURVEY BELOW LETS US CONTINUE TO BE STUDENT-DRIVEN AND RESPONSIVE TO DEPARTMENTAL NEEDS. TELLS US HOW WE CAN IMPROVE!

TIME-SENSITIVE INQUIRIES OR CONCERNS SHOULD BE DIRECTED TO THE APPROPRIATE PARTY VIA EMAIL, CALL OR APPOINTMENT.

PLEASE REMEMBER THAT CHANGE CAN BE SLOW AND THAT DISCOURSE IS A NECESSITY TO ACHIEVE OUR GOALS.

THE MOST HELPFUL RESPONSES ARE:

- HONEST AND GENUINE
- TACTFUL AND THOUGHTFUL
- SPECIFIC AND THOROUGH



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Leaving Feedback !