

HUMAN RELATIONS AND YOU

NOV. 2023 / VOL. 1 ISSUE 9

HELLO STUDENTS

This document should serve as a guide to important program information and a tool to acclimate to the university.

You can click any underlined text for more information.

Any questions can be directed to damoncravens@ou.edu



- TO-DO LIST
- CALENDER
- CAMPUS EVENTS
- PROGRAM REQUIREMENTS
- NORMAN CAMPUS RESOURCES
- TULSA CAMPUS RESOURCES
- HR CAREER EXPLORATION
- STUDENT SPOTLIGHT
- FACULTY SPOTLIGHT
- FEEDBACK SURVEY



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA

TO- DO



- **SCHEDULE ADVISING APPOINTMENT (SEE IADVISE.COM OR EMAIL)**
- **REVIEW PROGRAM REQUIREMENTS: HUMAN RELATIONS, B.A. < UNIVERSITY OF OKLAHOMA (COURSELEAF.COM)**
- **COMPLETE OU GRADUATION APPLICATION. THIS APPLICATION IS AVAILABLE ONLINE ON YOUR OZONE SITE.**
- **DEADLINES FOR THE OU GRADUATION APPLICATION ARE:**
- **OCTOBER 1 FOR FALL GRADUATION CERTIFICATION**
- **CHECK ACADEMIC CALENDAR.**
- **CHECK CANVAS/EMAILS DAILY.**
- **PURCHASE CAPS AND GOWNS AT GRADUATION GEAR-UP OR AT THE UNIVERSITY BOOKSTORE (STADIUM LOCATION) 1185 ASP AVENUE. OUT OF STATE? ORDER BY PHONE: (405) 325-3511**

<https://www.ou.edu/registrar/academic-records/academic-calendars/fall-2023>

ACADEMIC CALENDER

NOVEMBER 2023

Petition to College Dean to Drop Course(s) for Undergraduate students.	Nov. 13 to Dec. 8
Final Day to Submit Report of Reading Copy Submission and Request for Authority to Defend (Thesis/Dissertation)	Nov. 17
Thanksgiving Vacation	Nov. 22 to 26
Final Day to File Graduation Application for Spring 2024	Dec. 1
Final Day for Thesis/Dissertation Defense	Dec. 1
Final Exam Preparation Period	Dec. 3 to 10
Final Day to Complete Doctoral General Examination	Dec. 8
Final Examinations	Dec. 11 to 15

CAMPUS EVENTS



USING OU ENGAGE IS A GREAT TOOL TO USE FOR UPCOMING EVENTS, ORGANIZATIONS, AND SHOWCASE. HERE ARE JUST A FEW THAT ARE PROVIDED THIS SEPTEMBER.

DR. PAMELA MCCAULEY, THE FIRST AFRICAN AMERICAN WOMAN TO RECEIVE AN ENGINEERING PHD IN THE STATE OF OKLAHOMA, WILL SPEAK ON CAMPUS **WEDNESDAY, NOV. 15, AT 10:30 AM, LOCATION REPF 200.**

DR. MCCAULEY WAS INVOLVED WITH SWE, IISE, AND NSBE DURING HER TIME AT OU. SHE IS AN INTERNATIONALLY RECOGNIZED INDUSTRIAL ENGINEERING RESEARCHER, STEM ADVOCATE, UNIVERSITY LEADER, ENTREPRENEUR, INNOVATOR AND EXPERIENCED FEDERAL PROGRAM DIRECTOR. AS AN INDUSTRIAL ENGINEERING RESEARCHER, SHE IS KNOWN FOR SIGNIFICANT WORK IN THE DEVELOPMENT OF FUZZY SET THEORY BASED MATHEMATICAL MODELS, HUMAN ENGINEERING, ERGONOMICS, BIOMECHANICS AS WELL AS ENGINEERING LEADERSHIP AND WOMEN'S LEADERSHIP IN STEM. MCCAULEY WAS RECENTLY NAMED DEAN OF THE SCHOOL OF ENGINEERING AT WIDENER UNIVERSITY IN PENNSYLVANIA.
HER TALK IS OPEN TO ALL STUDENTS, FACULTY, AND STAFF!

COME JOIN OU COUSINS FOR OUR ANNUAL THANKSGIVING EVENT! WE WILL HAVE A THANKSGIVING DINNER ON **NOVEMBER 16TH AT 6 PM AT THE FRONTIER ROOM IN UNION.** THIS IS A LIMITED EVENT WITH SPACE FOR ONLY 50 PEOPLE, SO BE SURE TO REGISTER SOON! HERE IS THE LINK TO SIGN UP!

JOIN LGBTQ+ STUDENT ALLIANCE & LGBTQ PROGRAMS IN CELEBRATING THE ANNUAL QUEERSGIVING COMMUNITY DINNER. WE KNOW THAT MANY PEOPLE DO NOT HAVE SUPPORTIVE FAMILIES OR HAVE A DIFFICULT TIME MAKING IT HOME FOR THANKSGIVING. QUEERSGIVING IS A FREE THANKSGIVING MEAL OPEN TO THE OU COMMUNITY MEMBERS. **50 ATTENDEES WILL BE GIVEN A FREE MEAL TO THE COUCH CAFETERIA FALL HARVEST MEAL AND DINNER WILL HAPPEN IN DAVENPORTS (COUCH CAFETERIA - 2ND FLOOR).** SO COME ON DOWN AND SHARE A MEAL WITH THE WONDERFUL COMMUNITY OF LGBTQ FOLKS. RSVP IS REQUIRED FOR THIS EVENT.

JOIN US ON **WEDNESDAY, NOVEMBER 29TH, AT 11 AM IN THE UNION LOBBY** FOR KEYCHAIN KREATIONS! STOP BY AND CRAFT SUPER CUTE KEYCHAINS AS YOU'RE WALKING TO CLASS OR GRABBING YOUR STARBUCKS!! THIS EVENT IS COMPLETELY FREE AND YOU DON'T WANT TO MISS IT!

FINALS CAN BE STRESSFUL, WHICH IS WHY OU HEALTH SERVICES WILL BE TABLING IN THE UNION FOOD COURT. STOP BY AND VISIT WITH US; WE WILL ALSO BE HAVING SOME FREE GOODIES. **NOVEMBER 28-29, 2023, 10 A.M.-NOON, LOCATED IN THE UNION FOOD COURT**

PROGRAM REQUIREMENTS

REQUIREMENTS FOR THE BACHELOR OF ARTS DODGE COLLEGE OF ARTS AND SCIENCES THE UNIVERSITY OF OKLAHOMA

Academic Year	General Requirements	Program
For Students Entering the Oklahoma State System for Higher Education Summer 2021 through Spring 2022	Minimum Total Credit Hours 120 Minimum Upper-Division Hours 48 Major Hours 36 Minimum Retention/Graduation Grade Point Averages: Overall - Combined and OU 2.00 Major - Combined and OU 2.00	Human Relations BS15 Bachelor of Arts

OU encourages students to complete at least 30 hours of applicable coursework each year to have the opportunity to graduate in 4 years.

GENERAL EDUCATION AND COLLEGE REQUIREMENTS

Courses graded P/NP will not apply

Courses for fulfillment of General Education and College of Arts & Sciences requirements must be from the approved General Education course list published in the Class Schedule or at <http://www.ou.edu/gened/courses>.

UNIVERSITY-WIDE GENERAL EDUCATION (MINIMUM 40 HOURS) AND COLLEGE REQUIREMENTS

Code	Title	Credit Hours
Core Area I: Symbolic and Oral Communication		
<i>English Composition (6 hours)</i>		
ENGL 1113	Principles of English Composition	3
ENGL 1213	Principles of English Composition	3
or EXPO 1213	Expository Writing	
<i>Language (0-13 hours in the same language)</i>		
The college requirement cannot be met by high school coursework.		
Beginning Course		0-5
Beginning Course, continued		0-5
Intermediate Course (2000 level) ^{1,2}		0-3
<i>Mathematics (3 hours)</i>		
Choose one course from the General Education Mathematics list		3
Core Area II: Natural Science (7 hours, including one laboratory component)		
<i>Biological Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: BIOL, HES, MBIO, or PBIO ³		3-4
<i>Physical Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: AGSC, ASTR, CHEM, GEOG, GEOL, GPHY, METR, or PHYS ¹		3-4
Core Area III: Social Science (6 hours)		
P SC 1113	American Federal Government	3
Choose one course from the General Education Social Science list		3
Core Area IV: Arts and Humanities (18 hours)		
<i>Artistic Forms</i>		
Choose one course from the General Education Artistic Forms list		3
<i>Western Culture</i>		
HIST 1483	United States to 1865	3
or HIST 1493	United States, 1865 to the Present	
Choose one course from the General Education Western Culture list (excluding HIST 1483/1493)		3
<i>World Culture</i>		
Choose one course from the General Education World Culture list		3
<i>Additional Core IV Upper-Division Arts & Humanities courses</i>		
Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3}		3
Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3}		3
Core Area V: First Year Experience (3 hours)		
Choose one course		3
Total Credit Hours		56

¹College of Arts and Sciences Requirements: college requirements are not automatically fulfilled by a previous degree.

²One course at the intermediate level or demonstrated competency at that level

³6 upper-division hours, 2 courses, at the 3000- 4000-level. *Must be outside the major.*

FREE ELECTIVES

Electives to bring total applicable hours to the minimum total required for the degree including 48 upper-division hours.

MAJOR REQUIREMENTS

- Some courses required for the major may also fulfill University General Education and/or College of Arts & Sciences Requirements.
- A grade of C or better is required in each major course.

Code	Title	Credit Hours
Core Requirements		
H R 3003	Human Relations Theory	3
H R 3013	Introduction to Human Relations	3
H R 3033	Writing for Human Relations Professionals	3
H R 3413	Cultural Awareness in Human Relations	3
H R 4013	Social Change Process	3
H R 4503	Applied Research	3
H R 4513	Service Learning	3
Major Electives		
Choose five Upper-Division (3000-4000-level) H R courses		15
Total Credit Hours		36

MAJOR SUPPORT REQUIREMENTS

Students must choose one course from each of the following areas based on career interest and professional development. Substitutions are allowed only through consultation and permission from advisor.

Code	Title	Credit Hours
Choose one course from each of the following areas:		
	Global/Multicultural Perspectives	15
	Personal/Social Development	
	Social Responsibility/Ethical Living	
	Organizational	
	Statistics	
Total Credit Hours		15

More information in the catalog: (<http://ou-public.courseleaf.com/arts-sciences/human-relations/human-relations-bachelor-arts/>).

Scan the QR code's to visit our major, minor and website pages.

Major



Minor



Website





OU NORMAN CAMPUS RESOURCES

Student Financial Center
Buchanan Hall 105
(405)-325-9000
ou.edu/sfc

MoneyCoach
Couch Center, 2nd floor
(405)-325-4692
<https://www.ou.edu/moneycoach>

Career Services
Oklahoma Memorial Union, Rm 323
(405) 325-1974
<https://www.ou.edu/career>

Goddard Health Center
620 Elm Ave.
(405)-325-4611
[Goddard Health Services \(ou.edu\)](https://ou.edu/goddard-health-services)

Counseling Services
[Goddard Counseling Center](https://ou.edu/goddard-counseling-center)
8 a.m.-5 p.m. Monday-Friday
(405) 325-2911
Goddard Health Center, 201

The Student Society of Human Relations
[Student Society for Human Relations \(ou.edu\)](https://ou.edu/student-society-for-human-relations)

Student Activities
[Campus Activities Council](https://ou.edu/campus-activities-council)
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](https://ou.edu/explore-engage)

Study Abroad
(405) 325-1693
ea@ou.edu

[Education Abroad \(ou.edu\)](https://ou.edu/education-abroad)

Safety
[Safe Walk](https://ou.edu/safe-walk) (Norman Campus)
[Safe Ride](https://ou.edu/safe-ride) (Norman Campus)

[Parking Services](https://ou.edu/parking-services)
Jenkins Parking Facility
1332 Jenkins Ave.
1st floor
(405)-325-3311

Disability Resource Center
730 College Ave.
(405)-325-3852 (voice)
(405)-325-3494 (VP)
drc@ou.edu

Veteran Student Services
Buchanan Hall 216
(405)-325-4308
veterans@ou.edu

Gender & Equality Center
Oklahoma Memorial Union
(405)-325-4929
[Gender and Equality Center \(ou.edu\)](https://ou.edu/gender-equality-center)



OU-TULSA

CAMPUS RESOURCES

STUDENT INFORMATION OFFICE
(918) 660-3318
TULSAINFO@OU.EDU

STUDENT ENROLLMENT CENTER
TULSA SEC (OU.EDU)

BURSAR SERVICES
(918)-660-3474
TULSA.SEC@OU.EDU
BURSAR (OU.EDU)

OU-TULSA STUDENT AFFAIRS
OU-TULSA STUDENT AFFAIRS

OU-TULSA STUDENT COUNSELING
SERVICES
(918)-660-3109
TULSACOUNSELING@OU.EDU.
COUNSELING SERVICESWEBSITE

CAREER SERVICES
CAREER SERVICES (OU.EDU)

OU POLICE DEPARTMENT
EMERGENCY: (918) 660-3333
NON-EMERGENCY: (918) 660-3900
TULSA-
CAMPUSPOLICE@OUHSC.EDU

DISABILITY RESOURCE CENTER
JOSHUA-DAVIS@OUHSC.EDU
ACCESSIBILITY AND DISABILITY
RESOURCE CENTER

VETERAN STUDENT SERVICES
(918) 660-3360
VETERAN STUDENT SERVICES
(OU.EDU)

STUDENT ORGANIZATIONS
STUDENT ORGANIZATIONS
(OU.EDU)

OU TULSA DEPARTMENT OF
HUMAN RELATIONS
EMAIL: TULSAINFO@OU.EDU
PHONE: (918)-660-3318

CAREER PREP:

STARTING NEXT WEEK, THE CAREER CENTER STUDENT ENGAGEMENT TEAM ALONG WITH LINDSEY MASTIN(ASSISTANT DIRECTOR, CAREER ADVISING)IS GOING TO START MAKING SHORT CLASSROOM ANNOUNCEMENTS ABOUT OUR SERVICES AND THE UPCOMING JOB AND INTERNSHIP FAIR.

SERVICES

WE OFFER RESUME CRITIQUES, COVER LETTER CRITIQUES, MOCK INTERVIEWS, JOB/INTERNSHIP SEARCH ASSISTANCE, CAREER FAIR ADVICE, ETC. (SIDE NOTE: SEE A MORE INFO ABOUT OUR SERVICES ON OUR WEBSITE: [HTTPS://WWW.OU.EDU/CAREER/STUDENTS/SERVICES](https://www.ou.edu/career/students/services)).

LOCATION

WE ARE LOCATED ON THE 3RD FLOOR OF THE UNION (OPPOSITE OF THE BALLROOM). MAIN ENTRANCE UP THE STAIRCASE, WE ARE LOCATED ON THE LEFT.

HANDSHAKE ACCOUNT/PROFILE

HANDSHAKE IS A CAREER MANAGEMENT PLATFORM. THIS IS LIKE OU'S VERSION OF LINKEDIN. YOU CAN APPLY FOR JOBS, EXPLORE COMPANIES, SIGN-UP FOR ON-CAMPUS INTERVIEWS, AND REGISTER FOR CAREER FAIRS AND WORKSHOPS.

THIS IS ALSO WHERE YOU SCHEDULE APPOINTMENTS WITH US. GO TO [OU.JOINHANDSHAKE.COM](https://ou.joinhandshake.com) AND LOGIN WITH YOUR 4X4 & PASSWORD.

CAREER COMMUNITIES

HANDSHAKE IS ALSO WHERE YOU CAN JOIN A CAREER COMMUNITY. WE ARE MOVING AWAY FROM MAJOR FOCUSED MODEL TO A COMMUNITY/INDUSTRY MODEL.

COMMUNITY CONVERSATION: MEDIA, MARKETING, COMMUNICATIONS, AND THE ARTS

1:00PM TO 3:00PM PITTMAN HALL, NOVEMBER 15, 2023. ENGAGE IN LIVELY DISCUSSIONS WITH INDUSTRY LEADERS AND ENTHUSIASTS FROM THE REALMS OF MEDIA, MARKETING, COMMUNICATIONS, AND THE ARTS. WHETHER YOU'RE PASSIONATE ABOUT STORYTELLING, BRANDING, DESIGN, OR ARTISTIC PURSUITS, THIS EVENT PROVIDES A UNIQUE OPPORTUNITY TO EXPLORE DIVERSE CAREER PATHS, NETWORK WITH LIKE-MINDED INDIVIDUALS, AND GAIN VALUABLE INSIGHTS INTO THE EVER-EVOLVING LANDSCAPE OF CREATIVITY.
[REGISTER HERE!](#)

STUDENTS WILL BE ABLE TO ACCESS THE RESUME DROP-IN SCHEDULE (NOT YET POSTED) AS WELL AS OTHER INFORMATION AT [HTTPS://LINKTR.EE/OUNCAREERCENTER](https://linktr.ee/oucareercenter)

[OU Career Center/ Education, Non-Profit, & Social Impact](#)


STUDENT SPOTLIGHT :

BRENNA SHEPHERD, A JUNIOR IN THE PROGRAM, CAN BE BEST DESCRIBED AS COMPASSIONATE, HARD-WORKING, AND UNDERSTANDING.

BRENNA ENJOYS SPENDING TIME AND STAYING ACTIVE WITH HER DOG AND VOLUNTEERING AT ANIMAL SHELTERS AND RESCUES.

TV SHOW RECOMMENDATION:

SUITS ON NETFLIX! IF YOU HAVEN'T WATCHED IT, YOU NEED TO!



"YOU CANNOT WORSHIP GOD AND TREAT PEOPLE LIKE GARBAGE AT THE SAME TIME," AND "HATE WRAPPED IN SCRIPTURE IS STILL HATE." AS A CHRISTIAN AND HUMAN RELATIONS STUDENT, I WALK WITH LOVE AND EMBRACE DIVERSITY AND ACCEPTANCE. NOT ALL CHRISTIANS DO THE SAME, AND AS A SOCIETY, WE SEE THIS ALL TOO MUCH".

A MONTHLY RECOGNITION OF HARDWORKING AND DEDICATED STUDENTS OF THE PROGRAM. NOMINATE YOURSELF OR A FRIEND!

Go to the **Nomination Form**



Brenna Shepherd



BRAG ABOUT AN IMPORTANT, RECENT ACCOMPLISHMENT.

BECOMING PRESIDENT OF SSHR! I HAVE BEEN A MEMBER SINCE THE BEGINNING OF MY SOPHOMORE YEAR AND LOOK FORWARD TO CONTINUING MY LEADERSHIP POSITION.

WHAT IS ONE SOCIAL ISSUE YOU THINK EVERYONE SHOULD KNOW ABOUT?

SOCIAL ISSUE I THINK EVERYONE SHOULD KNOW: LGBTQIA+ RIGHTS. ACCORDING TO THE HUMAN RIGHTS CAMPAIGN, MORE THAN 300 ANTI-LGBTQIA2S+ BILLS HAVE BEEN INTRODUCED IN 37 STATES THIS YEAR. THIS INCLUDES LEGISLATION REGARDING GENDER-AFFIRMING HEALTH CARE FOR PEOPLE WHO ARE TRANSGENDER, SPORTS PARTICIPATION BASED ON GENDER IDENTITY, TEACHERS OR CURRICULUMS THAT DISCUSS SEX AND GENDER, AND BOOKS THAT FEATURE SAME-SEX, NONBINARY, OR TRANSGENDER TOPICS (SOURCE INFO: EVERY SINGLE PERSON DESERVES EQUAL TREATMENT WITHIN ALL SYSTEMS AND EXPERIENCES IN EVERY SINGLE COUNTRY)

ANYTHING SPECIAL TO SHARE: IF YOU HAVE THE SPACE AND TIME, ADOPT A DOG FROM YOUR LOCAL SHELTER OR RESCUE. 40+ DOGS ARE BEING EUTHANIZED A DAY BECAUSE OKLAHOMA DOES NOT HAVE ADEQUATE LAWS REGARDING SPAYING/NEUTERING AND BACKYARD BREEDING. SHELTERS SIMPLY DO NOT HAVE THE SPACE FOR THE NUMBER OF UNWANTED DOGS. IT IS DEVASTATING.

PLANS AFTER GRADUATION?

I PLAN TO WORK IN HUMAN RESOURCES—SPECIFICALLY, THE DIVERSITY, EQUITY, AND INCLUSION OR RECRUITING POSITION IN A COMPANY. I WANT TO ENSURE THE COMPANY'S MISSION AND MORALS ALIGN WITH MINE.



SSHR

Student Society for Human Relations
Department of Human Relations

\$5 MEMBERSHIP IS A ONE TIME FEE

Our mission is to promote social justice, principles of tolerance, inclusion, dignity, and equal respect for all groups of people; to serve as social agents of change for the betterment of society; to develop leadership skills as future human relations professionals, and to actively seek ways to build relationships through service with the entire university and with the community at large.



Monthly meetings Making memories at fun events and programs

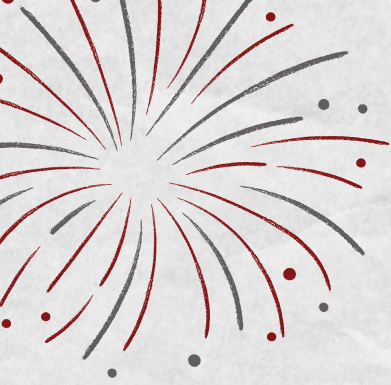
Bonding with like-minded peers Community Service Experience

Career development

CONTACT :

HR faculty sponsor
Dr. Marilyn Byrd

(405) 325-6405
MARILYN.BYRD-1@OU.EDU

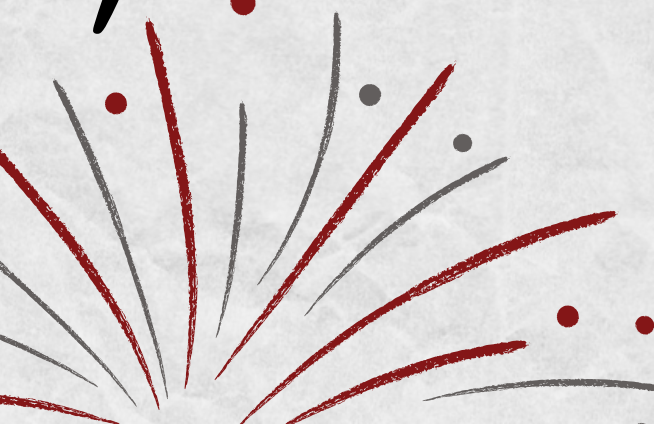


SSHR ICECREAM SOCIAL

THE STUDENT SOCIETY FOR HUMAN RELATIONS PARTICIPATED WITH THE HUMAN RELATIONS DEPARTMENT TO PROVIDE FREE ICE CREAM ON THE SOUTH OVAL TO STUDENTS INTERESTED IN THE STUDENT ORGANIZATION OR MAJOR. FOR ANY STUDENT WANTING MORE INFORMATION ON SSHR, PLEASE REACH OUT TO MARILYN BYRD, AND FOR ANY INFORMATION ON HUMAN RELATIONS MAJORS OR MINORS, REACH OUT TO DAMON CRAVENS.



Fall 2023



WE WANT TO HEAR FROM YOU

NOV. 2023/ VOL. 1 , ISSUE. 7



WE WELCOME YOUR OPEN, HONEST AND CRITICAL FEEDBACK AS WE CONTINUE TO IMPROVE AND GROW AS A DEPARTMENT.

THE SURVEY BELOW LETS US CONTINUE TO BE STUDENT-DRIVEN AND RESPONSIVE TO DEPARTMENTAL NEEDS. TELLS US HOW WE CAN IMPROVE!

TIME-SENSITIVE INQUIRIES OR CONCERNS SHOULD BE DIRECTED TO THE APPROPRIATE PARTY VIA EMAIL, CALL OR APPOINTMENT.

PLEASE REMEMBER THAT CHANGE CAN BE SLOW AND THAT DISCOURSE IS A NECESSITY TO ACHIEVE OUR GOALS.

THE MOST HELPFUL RESPONSES ARE:

- HONEST AND GENUINE
- TACTFUL AND THOUGHTFUL
- SPECIFIC AND THOROUGH



Leaving Feedback !



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA