

# **HUMAN RELATIONS AND YOU**

## **OCT. 2023 / VOL 1 ISSUE 8**

### **HELLO STUDENTS**

This document should serve as a guide to important program information and a tool to acclimate to the university.

You can click any underlined text for more information.

Any questions can be directed to [damoncravens@ou.edu](mailto:damoncravens@ou.edu)



- TO-DO LIST
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DODGE FAMILY COLLEGE OF ARTS AND SCIENCES  
**HUMAN RELATIONS**  
*The UNIVERSITY of OKLAHOMA*

# TO- DO



- **SCHEDULE ADVISING APPOINTMENT (SEE [IADVISE.COM](http://IADVISE.COM) OR EMAIL)**
- **REVIEW PROGRAM REQUIREMENTS: HUMAN RELATIONS, B.A. < UNIVERSITY OF OKLAHOMA (COURSELEAF.COM)**
- **COMPLETE OU GRADUATION APPLICATION. THIS APPLICATION IS AVAILABLE ONLINE ON YOUR OZONE SITE.**
- **DEADLINES FOR THE OU GRADUATION APPLICATION ARE:**
- **OCTOBER 1 FOR FALL GRADUATION CERTIFICATION**
- **PURCHASE CAPS AND GOWNS AT GRADUATION GEAR-UP OR AT THE UNIVERSITY BOOKSTORE (STADIUM LOCATION) 1185 ASP AVENUE. OUT OF STATE? ORDER BY PHONE: (405) 325 -3511**
- Check academic calendar.
- Check Canvas/Emails daily.

<https://www.ou.edu/registrar/academic-records/academic-calendars/fall-2023>

# ACADEMIC CALENDER

## OCTOBER 2023

Midterm Grades	Oct. 2 to 17
Final Day to Submit Graduate Certificate Program Report Form	Oct. 2
Grade of W or F for Dropped Course(s) for Graduate students	Oct. 2 to 27
Grade of W or F on Complete Withdrawals for Graduate students (to be assigned by instructor)	Oct. 2 to Dec. 8
Advance Registration for Next Term(s) Begins	Oct. 23
Final Day to Change from Credit to Audit for Graduate students	Oct. 27
Petition Graduate College to Drop Course(s) for Graduate Students	Oct. 30 to Dec. 8

# CAMPUS EVENTS



USING OU ENGAGE IS A GREAT TOOL TO USE FOR UPCOMING EVENTS, ORGANIZATIONS, AND SHOWCASE. HERE ARE JUST A FEW THAT ARE PROVIDED THIS OCTOBER.

## **PUMPKIN PAINTING PARTY**

DATE AND TIME

TUESDAY, OCTOBER 10 2023 AT 6:00 PM CDT TO

TUESDAY, OCTOBER 10 2023 AT 8:00 PM CDT

HERITAGE ROOM (2ND FLOOR OF THE UNION!)

## **THE LITTLE EVENT 2023**

DATE AND TIME

SATURDAY, OCTOBER 14 2023 AT 9:00 AM CDT TO

SATURDAY, OCTOBER 14 2023 AT 12:00 PM CDT

UNIVERSITY OF OKLAHOMA DUCK POND

## **HOMEcoming PARADE & RAH! RALLY**

DATE AND TIME

SATURDAY, OCTOBER 21 2023 AT 8:00 PM CDT TO

SATURDAY, OCTOBER 21 2023 AT 11:00 PM CDT

OUTSIDE OF JACOBSON HALL

550 PARRINGTON OVAL, NORMAN, OK 73019

## **LGBTQ+ HISTORY MONTH BRUNCH: POWER TO THE PEOPLE**

DATE AND TIME

SATURDAY, OCTOBER 28 2023 AT 11:00 AM CDT TO

SATURDAY, OCTOBER 28 2023 AT 1:00 PM CDT

BALLROOM, OKLAHOMA MEMORIAL UNION

## **COOKIES + CONDOMS - HALLOWEEN EDITION**

DATE AND TIME

TUESDAY, OCTOBER 31 2023 AT 10:00 AM CDT TO

TUESDAY, OCTOBER 31 2023 AT 12:00 PM CDT

UNION FOOD COURT



# PROGRAM REQUIREMENTS

## REQUIREMENTS FOR THE BACHELOR OF ARTS DODGE COLLEGE OF ARTS AND SCIENCES THE UNIVERSITY OF OKLAHOMA

Academic Year	General Requirements	Program
For Students Entering the Oklahoma State System for Higher Education Summer 2021 through Spring 2022	Minimum Total Credit Hours ..... 120 Minimum Upper-Division Hours ..... 48 Major Hours ..... 36 Minimum Retention/Graduation Grade Point Averages: Overall - Combined and OU ..... 2.00 Major - Combined and OU ..... 2.00	Human Relations BS15 Bachelor of Arts

OU encourages students to complete at least 30 hours of applicable coursework each year to have the opportunity to graduate in 4 years.

### GENERAL EDUCATION AND COLLEGE REQUIREMENTS

Courses graded P/NP will not apply

Courses for fulfillment of General Education and College of Arts & Sciences requirements must be from the approved General Education course list published in the Class Schedule or at <http://www.ou.edu/gened/courses>.

### UNIVERSITY-WIDE GENERAL EDUCATION (MINIMUM 40 HOURS) AND COLLEGE REQUIREMENTS

Code	Title	Credit Hours
<b>Core Area I: Symbolic and Oral Communication</b>		
<i>English Composition (6 hours)</i>		
ENGL 1113	Principles of English Composition	3
ENGL 1213	Principles of English Composition	3
or EXPO 1213	Expository Writing	
<i>Language (0-13 hours in the same language)</i>		
The college requirement cannot be met by high school coursework.		
Beginning Course		0-5
Beginning Course, continued		0-5
Intermediate Course (2000 level) <sup>1,2</sup>		0-3
<i>Mathematics (3 hours)</i>		
Choose one course from the General Education Mathematics list		3
<b>Core Area II: Natural Science (7 hours, including one laboratory component)</b>		
<i>Biological Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: BIOL, HES, MBIO, or PBIO <sup>1</sup>		3-4
<i>Physical Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: AGSC, ASTR, CHEM, GEOG, GEOL, GPHY, METR, or PHYS <sup>1</sup>		3-4
<b>Core Area III: Social Science (6 hours)</b>		
P SC 1113	American Federal Government	3
Choose one course from the General Education Social Science list		3
<b>Core Area IV: Arts and Humanities (18 hours)</b>		
<i>Artistic Forms</i>		
Choose one course from the General Education Artistic Forms list		3
<i>Western Culture</i>		
HIST 1483	United States to 1865	3
or HIST 1493	United States, 1865 to the Present	
Choose one course from the General Education Western Culture list (excluding HIST 1483/1493)		3
<i>World Culture</i>		
Choose one course from the General Education World Culture list		3
<i>Additional Core IV Upper-Division Arts &amp; Humanities courses</i>		
Choose one course from Artistic Forms, Western Culture, or World Culture <sup>1,3</sup>		3
Choose one course from Artistic Forms, Western Culture, or World Culture <sup>1,3</sup>		3
<b>Core Area V: First Year Experience (3 hours)</b>		
Choose one course		3
Total Credit Hours		56

<sup>1</sup>College of Arts and Sciences Requirements: college requirements are not automatically fulfilled by a previous degree.

<sup>2</sup>One course at the intermediate level or demonstrated competency at that level

<sup>3</sup>6 upper-division hours, 2 courses, at the 3000- 4000-level. *Must be outside the major.*

### FREE ELECTIVES

Electives to bring total applicable hours to the minimum total required for the degree including 48 upper-division hours.

### MAJOR REQUIREMENTS

- Some courses required for the major may also fulfill University General Education and/or College of Arts & Sciences Requirements.
- A grade of C or better is required in each major course.

Code	Title	Credit Hours
<b>Core Requirements</b>		
H R 3003	Human Relations Theory	3
H R 3013	Introduction to Human Relations	3
H R 3033	Writing for Human Relations Professionals	3
H R 3413	Cultural Awareness in Human Relations	3
H R 4013	Social Change Process	3
H R 4503	Applied Research	3
H R 4513	Service Learning	3
<b>Major Electives</b>		
Choose five Upper-Division (3000-4000-level) H R courses		15
Total Credit Hours		36

### MAJOR SUPPORT REQUIREMENTS

Students must choose one course from each of the following areas based on career interest and professional development. Substitutions are allowed only through consultation and permission from advisor.

Code	Title	Credit Hours
Choose one course from each of the following areas:		
	Global/Multicultural Perspectives	15
	Personal/Social Development	
	Social Responsibility/Ethical Living	
	Organizational	
	Statistics	
Total Credit Hours		15

More information in the catalog: (<http://ou-public.courses.ouf.com/arts-sciences/human-relations/human-relations-bachelor-arts/>).

Scan the QR code's to visit our major, minor and website pages.

Major



Minor



Website





# OU NORMAN CAMPUS RESOURCES

Student Financial Center  
Buchanan Hall 105  
(405)-325-9000  
[ou.edu/sfc](https://ou.edu/sfc)

MoneyCoach  
Couch Center, 2nd floor  
(405)-325-4692  
<https://www.ou.edu/moneycoach>

Career Services  
Oklahoma Memorial Union, Rm 323  
(405) 325-1974  
<https://www.ou.edu/career>

Goddard Health Center  
620 Elm Ave.  
(405)-325-4611  
[Goddard Health Services \(ou.edu\)](https://ou.edu/goddard-health-services)

Counseling Services  
[Goddard Counseling Center](https://ou.edu/goddard-counseling-center)  
8 a.m.-5 p.m. Monday-Friday  
(405) 325-2911  
Goddard Health Center, 201

The Student Society of Human Relations  
[Student Society for Human Relations \(ou.edu\)](https://ou.edu/student-society-for-human-relations)

Student Activities  
[Campus Activities Council](https://ou.edu/campus-activities-council)  
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](https://campuslabs.com)

Study Abroad  
(405) 325-1693  
[ea@ou.edu](mailto:ea@ou.edu)

[Education Abroad \(ou.edu\)](https://ou.edu/education-abroad)

Safety  
[Safe Walk](https://ou.edu/safe-walk) (Norman Campus)  
[Safe Ride](https://ou.edu/safe-ride) (Norman Campus)

[Parking Services](https://ou.edu/parking-services)  
Jenkins Parking Facility  
1332 Jenkins Ave.  
1st floor  
(405)-325-3311

Disability Resource Center  
730 College Ave.  
(405)-325-3852 (voice)  
(405)-325-3494 (VP)  
[drc@ou.edu](mailto:drc@ou.edu)

Veteran Student Services  
Buchanan Hall 216  
(405)-325-4308  
[veterans@ou.edu](mailto:veterans@ou.edu)

Gender & Equality Center  
Oklahoma Memorial Union  
(405)-325-4929  
[Gender and Equality Center \(ou.edu\)](https://ou.edu/gender-equality-center)



# **OU-TULSA**

## **CAMPUS RESOURCES**

**STUDENT INFORMATION OFFICE**  
(918) 660-3318  
[TULSAINFO@OU.EDU](mailto:TULSAINFO@OU.EDU)

**STUDENT ENROLLMENT CENTER**  
TULSA SEC (OU.EDU)

**BURSAR SERVICES**  
(918)-660-3474  
[TULSA.SEC@OU.EDU](mailto:TULSA.SEC@OU.EDU)  
BURSAR (OU.EDU)

**OU-TULSA STUDENT AFFAIRS**  
OU-TULSA STUDENT AFFAIRS

**OU-TULSA STUDENT COUNSELING SERVICES**  
(918)-660-3109  
[TULSACOUNSELING@OU.EDU](mailto:TULSACOUNSELING@OU.EDU)  
COUNSELING SERVICESWEBSITE

**CAREER SERVICES**  
CAREER SERVICES (OU.EDU)

**OU POLICE DEPARTMENT**  
EMERGENCY: (918) 660-3333  
NON-EMERGENCY: (918) 660-3900  
TULSA-  
[CAMPUSPOLICE@OUHSC.EDU](mailto:CAMPUSPOLICE@OUHSC.EDU)

**DISABILITY RESOURCE CENTER**  
[JOSHUA-DAVIS@OUHSC.EDU](mailto:JOSHUA-DAVIS@OUHSC.EDU)  
ACCESSIBILITY AND DISABILITY  
RESOURCE CENTER

**VETERAN STUDENT SERVICES**  
(918) 660-3360  
VETERAN STUDENT SERVICES  
(OU.EDU)

**STUDENT ORGANIZATIONS**  
STUDENT ORGANIZATIONS  
(OU.EDU)

**OU TULSA DEPARTMENT OF HUMAN RELATIONS**  
EMAIL: [TULSAINFO@OU.EDU](mailto:TULSAINFO@OU.EDU)  
PHONE: (918)-660-3318

# **CAREER PREP:**

STARTING NEXT WEEK, THE CAREER CENTER STUDENT ENGAGEMENT TEAM ALONG WITH LINDSEY MASTIN( ASSISTANT DIRECTOR, CAREER ADVISING)IS GOING TO START MAKING SHORT CLASSROOM ANNOUNCEMENTS ABOUT OUR SERVICES AND THE UPCOMING JOB AND INTERNSHIP FAIR.

## **SERVICES**

WE OFFER RESUME CRITIQUES, COVER LETTER CRITIQUES, MOCK INTERVIEWS, JOB/INTERNSHIP SEARCH ASSISTANCE, CAREER FAIR ADVICE, ETC. (SIDE NOTE: SEE A MORE INFO ABOUT OUR SERVICES ON OUR WEBSITE: [HTTPS://WWW.OU.EDU/CAREER/STUDENTS/SERVICES](https://www.ou.edu/career/students/services))

## **LOCATION**

WE ARE LOCATED ON THE 3RD FLOOR OF THE UNION (OPPOSITE OF THE BALLROOM). MAIN ENTRANCE UP THE STAIRCASE, WE ARE LOCATED ON THE LEFT.

## **HANDSHAKE ACCOUNT/PROFILE**

HANDSHAKE IS A CAREER MANAGEMENT PLATFORM. THIS IS LIKE OU'S VERSION OF LINKEDIN. YOU CAN APPLY FOR JOBS, EXPLORE COMPANIES, SIGN-UP FOR ON-CAMPUS INTERVIEWS, AND REGISTER FOR CAREER FAIRS AND WORKSHOPS.

THIS IS ALSO WHERE YOU SCHEDULE APPOINTMENTS WITH US. GO TO [OU.JOINHANDSHAKE.COM](https://ou.joinhandshake.com) AND LOGIN WITH YOUR 4X4 & PASSWORD.

## **CAREER COMMUNITIES**

HANDSHAKE IS ALSO WHERE YOU CAN JOIN A CAREER COMMUNITY. WE ARE MOVING AWAY FROM MAJOR FOCUSED MODEL TO A COMMUNITY/INDUSTRY MODEL.

### **OCTOBER 10TH, 2023**

9:30AM - 11:30AM: [HEALTH AND BIOSCIENCE JOB AND INTERNSHIP FAIR](#)

### **OCTOBER 12TH, 2023**

10:00AM - 1:00PM: [AVIATION JOB & INTERNSHIP FAIR](#)

11:00AM - 2:00PM: [CAREERAPALOOZA](#)

### **OCTOBER 17TH, 2023**

9:00AM - 11:00AM: [ARE YOU LINKEDIN?](#)

### **OCTOBER 19TH, 2023**

11:30AM - 2:30PM: [COMMUNITY CONVERSATIONS: BUSINESS, FINANCE, CONSULTING, AND ENTREPRENEURSHIP](#)

[OU Career Center/ Education, Non-Profit, & Social Impact](#)



# SOCIAL ACTIVISM THROUGH VISUAL ART



Katrien Heere

THE HUMAN RELATIONS DEPARTMENT AT OKLAHOMA UNIVERSITY HOSTED KATRIEN HEERE, FORMER DUTCH MARKETING AND COMMUNICATION MANAGER TURNED SOCIAL ACTIVIST, UTILIZING THE VISUAL ARTS TO TELL THE STORY OF THE HISTORY OF SOUTH AFRICA AND THE CURRENT CONDITIONS, POST-APARTHEID, TO PROMOTE UNDERSTANDING AND HEALING. DURING KATRIEN TIME IN OKLAHOMA SHE SPOKE IN DR.LONG'S INTRO TO HUMAN RELATIONS COURSE REGARDING HER TIME IN SOUTH AFRICA, STUDENTS TRAVELING TO VISIT FOR STUDY ABROAD, AND THE RICH HISTORY OF SOUTH AFRICA.

THURSDAY, SEPTEMBER 28TH, 6-8PM MEACHAM AUDITORIUM, OKLAHOMA MEMORIAL UNION, FREE FOOD, AND BEVERAGES WERE PROVIDED. TO HEAR KATRIEN SPEAK, THIS TIME IN MORE DETAIL OF HER PERSONAL LIFE AND EXPERIENCES. THE UNITED STATES OF AMERICA AND SOUTH AFRICA HAVE DIFFERENT GEOGRAPHICAL LOCATIONS AND MANY DIFFERENCES, BUT THEY ALSO SHARE SIMILAR ORIGINS AND HISTORIES. BOTH COUNTRIES HAVE DIVERSE POPULATIONS AND WERE FOUNDED BY COLONISTS WHO IMPLEMENTED SLAVERY. IN THE 20TH CENTURY, BOTH NATIONS DISCRIMINATED AGAINST NON-WHITE CITIZENS, WITH SOUTH AFRICA IMPLEMENTING APARTHEID AND THE US IMPLEMENTING JIM CROW LAWS. BE ON THE LOOK FOR HUMAN RELATIONS TRAVEL COURSES (STUDY ABROAD) OPPORTUNITIES COMING UP IN THE SPRING/ SUMMER ACADEMIC TERM WHERE THEY WILL BE TRAVELING TO BRAZIL, SPAIN, AND SOUTH AFRICA. IF YOU ARE WANTING MORE INFORMATION PLEASE REACH OUT TO JENNIFER JARVIS- DENNY- [JJARVISDENNY@OU.EDU](mailto:JJARVISDENNY@OU.EDU) , DR. WESLEY LONG- [WLONG@OU.EDU](mailto:WLONG@OU.EDU), OR DAMON CRAVENS- [DAMONCRAVENS@OU.EDU](mailto:DAMONCRAVENS@OU.EDU) .



# HR TRAVEL COURSES IN SOUTH AFRICA





# **FACULTY SPOTLIGHT :**



**DR. BRENDA LLOYD-JONES**  
**LIFETIME ACHIEVEMENT AWARD**

BRENDA LLOYD-JONES, PH.D., AN ASSOCIATE PROFESSOR IN THE DEPARTMENT OF HUMAN RELATIONS, RECEIVED THE ESTEEMED 2023 WOMEN OF COLOR LIFETIME ACHIEVEMENT AWARD. THIS DISTINCTION PAYS HEARTFELT TRIBUTE TO HER REMARKABLE ACHIEVEMENTS, NOT ONLY IN ACADEMIA BUT ALSO FOR HER OUTSTANDING CONTRIBUTIONS TO THE TULSA COMMUNITY. HER VISION, COMMITMENT, AND TIRELESS DEDICATION HAVE EARNED HER THE REPUTATION OF AN EXEMPLARY AGENT OF CHANGE. DR. LLOYD-JONES, THE VISIONARY FOUNDER OF THE MOTHERS GROUP, INC., A LOCAL NONPROFIT ORGANIZATION COMMITTED TO ADVANCING READING LITERACY AND NURTURING CULTURAL DEVELOPMENT AMONG UNDER-RESOURCED CHILDREN, EMBODIES THE SPIRIT OF POSITIVE CHANGE. HER TRANSFORMATIVE CONTRIBUTIONS EXTEND FAR BEYOND TULSA, IMPACTING THE STATE AND EVEN RESONATING NATIONALLY. THE AWARD CEREMONY AND LUNCHEON ARE A CENTRAL PART OF THE ANNUAL WOMEN OF COLOR TULSA EXPO, WHICH HONORS AND CELEBRATES THE EXCEPTIONAL ACCOMPLISHMENTS OF AFRICAN AMERICAN WOMEN. DR. BRENDA LLOYD-JONES STANDS AS A SHINING EXAMPLE OF EXCELLENCE AND EMPOWERMENT. MORRIS CHESTNUT, THE CELEBRATED ACTOR, WAS THE KEYNOTE SPEAKER THIS YEAR.

**Faculty Profile Information**



# SSHR

Student Society for Human Relations  
Department of Human Relations

## **\$5 MEMBERSHIP IS A ONE TIME FEE**

Our mission is to promote social justice, principles of tolerance, inclusion, dignity, and equal respect for all groups of people; to serve as social agents of change for the betterment of society; to develop leadership skills as future human relations professionals, and to actively seek ways to build relationships through service with the entire university and with the community at large.



**Monthly meetings      Making memories at fun events and programs**

**Bonding with like-minded peers      Community Service Experience**

**Career development**

**CONTACT :**      HR faculty sponsor  
Dr. Marilyn Byrd

**(405) 325-6405**  
**MARILYN.BYRD-1@OU.EDU**



# WE WANT TO HEAR FROM YOU

SEP. 2023/ VOL. 1 , ISSUE. 7



WE WELCOME YOUR OPEN, HONEST AND CRITICAL FEEDBACK AS WE CONTINUE TO IMPROVE AND GROW AS A DEPARTMENT.

THE SURVEY BELOW LETS US CONTINUE TO BE STUDENT-DRIVEN AND RESPONSIVE TO DEPARTMENTAL NEEDS. TELLS US HOW WE CAN IMPROVE!

TIME-SENSITIVE INQUIRIES OR CONCERNS SHOULD BE DIRECTED TO THE APPROPRIATE PARTY VIA EMAIL, CALL OR APPOINTMENT.

PLEASE REMEMBER THAT CHANGE CAN BE SLOW AND THAT DISCOURSE IS A NECESSITY TO ACHIEVE OUR GOALS.

THE MOST HELPFUL RESPONSES ARE:

- HONEST AND GENUINE
- TACTFUL AND THOUGHTFUL
- SPECIFIC AND THOROUGH



Leaving Feedback !



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