

HUMAN RELATIONS AND YOU

AUG. 2023 / VOL 1 ISSUE 6

HELLO STUDENTS

This document should serve as a guide to important program information and a tool to acclimate to the university.

You can click any underlined text for more information.

Any questions can be directed to damoncravens@ou.edu



- TO-DO LIST
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- CAMPUS EVENTS
- PROGRAM REQUIREMENTS
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- HR CAREER EXPLORATION
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DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA

TO-DO



TRANSFER STUDENTS

- **SET UP OU NETID ACCOUNT**
- **COMPLETE ONLINE TRAININGS AND ASSESSMENTS**
- **SCHEDULE ADVISING APPOINTMENT (SEE [IADVISE.COM](http://iadvise.com) OR EMAIL)**
- **REVIEW PROGRAM REQUIREMENTS: HUMAN RELATIONS, B.A. < UNIVERSITY OF OKLAHOMA ([COURSELEAF.COM](http://courseleaf.com))**

NON-TRANSFER STUDENTS

- **SCHEDULE ADVISING APPOINTMENT (SEE [IADVISE.COM](http://iadvise.com) OR EMAIL)**
- **REVIEW PROGRAM REQUIREMENTS: HUMAN RELATIONS, B.A. < UNIVERSITY OF OKLAHOMA ([COURSELEAF.COM](http://courseleaf.com))**

<https://www.ou.edu/registrar/academic-records/academic-calendars/fall-2023>

ACADEMIC CALENDER

AUGUST 2023

CLASSES BEGIN	Aug. 21
First Day for Late Registration Fee of \$20.00	Aug. 21
100% Reduction of Charges on Complete Withdrawals	Aug. 21 to Sept. 1**
100% Reduction of Charges on Dropped Courses	Aug. 21 to Sept. 1**
No Record of Grade on Dropped Courses	Aug. 21 to Sept.1
Automatic Grade of W on Complete Withdrawal for Graduate students	Aug. 21 to Sept. 29
Grade of W on Complete Withdrawal for Undergraduate students	Aug. 21 to Dec. 8
Final Day to Register or Add a Class without permission of instructor	Aug. 25

CAMPUS EVENTS

Howdy Week	Aug. 21- 25
SWEETS IN THE SUITE Student Union 12pm-1pm	Aug. 21
MSO MEET & GREET Student union 12pm-1pm	Aug. 22
HSC1 CRIMSON & ICE CREAM SOCIAL Bird Library 4:30-5:30	Aug. 23
THERAPY DOG IN THE STUDENT UNION 12pm-1-m	Aug. 24
GRADUATE COLLEGE WELCOME EVENT 12pm-2pm Molly Shi Boren Garden	Aug. 24
CAREER & PROFESSIONAL DEVELOPMENT - DR. LEREMY COLF Bird Library Atrium 12pm-1pm	Aug. 28
GSA TRIVIA NIGHT Bird Library 5pm-7pm	Aug. 31

PROGRAM REQUIREMENTS

REQUIREMENTS FOR THE BACHELOR OF ARTS DODGE COLLEGE OF ARTS AND SCIENCES THE UNIVERSITY OF OKLAHOMA

Academic Year	General Requirements	Program
For Students Entering the Oklahoma State System for Higher Education Summer 2021 through Spring 2022	Minimum Total Credit Hours 120 Minimum Upper-Division Hours 48 Major Hours 36 Minimum Retention/Graduation Grade Point Averages: Overall - Combined and OU 2.00 Major - Combined and OU 2.00	Human Relations BS15 Bachelor of Arts

OU encourages students to complete at least 30 hours of applicable coursework each year to have the opportunity to graduate in 4 years.

GENERAL EDUCATION AND COLLEGE REQUIREMENTS

Courses graded P/NP will not apply

Courses for fulfillment of General Education and College of Arts & Sciences requirements must be from the approved General Education course list published in the Class Schedule or at <http://www.ou.edu/gened/courses>.

UNIVERSITY-WIDE GENERAL EDUCATION (MINIMUM 40 HOURS) AND COLLEGE REQUIREMENTS

Code	Title	Credit Hours
Core Area I: Symbolic and Oral Communication		
<i>English Composition (6 hours)</i>		
ENGL 1113	Principles of English Composition	3
ENGL 1213	Principles of English Composition	3
or EXPO 1213	Expository Writing	
<i>Language (0-13 hours in the same language)</i>		
The college requirement cannot be met by high school coursework.		
Beginning Course		0-5
Beginning Course, continued		0-5
Intermediate Course (2000 level) ^{1,2}		0-3
<i>Mathematics (3 hours)</i>		
Choose one course from the General Education Mathematics list		3
Core Area II: Natural Science (7 hours, including one laboratory component)		
<i>Biological Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: BIOL, HES, MBIO, or PBIO ¹		3-4
<i>Physical Science</i>		
Choose an approved General Education Natural Science course with one of the following prefixes: AGSC, ASTR, CHEM, GEOG, GEOL, GPHY, METR, or PHYS ¹		3-4
Core Area III: Social Science (6 hours)		
P SC 1113	American Federal Government	3
Choose one course from the General Education Social Science list		3
Core Area IV: Arts and Humanities (18 hours)		
<i>Artistic Forms</i>		
Choose one course from the General Education Artistic Forms list		3
<i>Western Culture</i>		
HIST 1483	United States to 1865	3
or HIST 1493	United States, 1865 to the Present	
Choose one course from the General Education Western Culture list (excluding HIST 1483/1493)		3
<i>World Culture</i>		
Choose one course from the General Education World Culture list		3
<i>Additional Core IV Upper-Division Arts & Humanities courses</i>		
Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3}		3
Choose one course from Artistic Forms, Western Culture, or World Culture ^{1,3}		3
Core Area V: First Year Experience (3 hours)		
Choose one course		3
Total Credit Hours		56

¹College of Arts and Sciences Requirements: college requirements are not automatically fulfilled by a previous degree.

²One course at the intermediate level or demonstrated competency at that level

³6 upper-division hours, 2 courses, at the 3000- 4000-level. *Must be outside the major.*

FREE ELECTIVES

Electives to bring total applicable hours to the minimum total required for the degree including 48 upper-division hours.

MAJOR REQUIREMENTS

- Some courses required for the major may also fulfill University General Education and/or College of Arts & Sciences Requirements.
- A grade of C or better is required in each major course.

Code	Title	Credit Hours
Core Requirements		
H R 3003	Human Relations Theory	3
H R 3013	Introduction to Human Relations	3
H R 3033	Writing for Human Relations Professionals	3
H R 3413	Cultural Awareness in Human Relations	3
H R 4013	Social Change Process	3
H R 4503	Applied Research	3
H R 4513	Service Learning	3
Major Electives		
Choose five Upper-Division (3000-4000-level) H R courses		15
Total Credit Hours		36

MAJOR SUPPORT REQUIREMENTS

Students must choose one course from each of the following areas based on career interest and professional development. Substitutions are allowed only through consultation and permission from advisor.

Code	Title	Credit Hours
Choose one course from each of the following areas:		
	Global/Multicultural Perspectives	15
	Personal/Social Development	
	Social Responsibility/Ethical Living	
	Organizational	
	Statistics	
Total Credit Hours		15

More information in the catalog: (<http://ou-public.catalog.ou.edu/arts-sciences/human-relations/human-relations-bachelor-arts/>).

Scan the QR code's to visit our major, minor and website pages.

Major



Minor



Website





OU NORMAN CAMPUS RESOURCES

Student Financial Center
Buchanan Hall 105
(405)-325-9000
ou.edu/sfc

MoneyCoach
Couch Center, 2nd floor
(405)-325-4692
<https://www.ou.edu/moneycoach>

Career Services
Oklahoma Memorial Union, Rm 323
(405) 325-1974
<https://www.ou.edu/career>

Goddard Health Center
620 Elm Ave.
(405)-325-4611
[Goddard Health Services \(ou.edu\)](https://ou.edu/goddard-health-services)

Counseling Services
[Goddard Counseling Center](https://ou.edu/goddard-counseling-center)
8 a.m.-5 p.m. Monday-Friday
(405) 325-2911
Goddard Health Center, 201

The Student Society of Human Relations
[Student Society for Human Relations \(ou.edu\)](https://ou.edu/student-society-for-human-relations)

Student Activities
[Campus Activities Council](https://ou.edu/campus-activities-council)
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](https://campuslabs.com)

Study Abroad
(405) 325-1693
ea@ou.edu

[Education Abroad \(ou.edu\)](https://ou.edu/education-abroad)

Safety
[Safe Walk](https://ou.edu/safe-walk) (Norman Campus)
[Safe Ride](https://ou.edu/safe-ride) (Norman Campus)

[Parking Services](https://ou.edu/parking-services)
Jenkins Parking Facility
1332 Jenkins Ave.
1st floor
(405)-325-3311

Disability Resource Center
730 College Ave.
(405)-325-3852 (voice)
(405)-325-3494 (VP)
drc@ou.edu

Veteran Student Services
Buchanan Hall 216
(405)-325-4308
veterans@ou.edu

Gender & Equality Center
Oklahoma Memorial Union
(405)-325-4929
[Gender and Equality Center \(ou.edu\)](https://ou.edu/gender-equality-center)



OU-TULSA

CAMPUS RESOURCES

STUDENT INFORMATION OFFICE
(918) 660-3318
TULSAINFO@OU.EDU

STUDENT ENROLLMENT CENTER
TULSA SEC (OU.EDU)

BURSAR SERVICES
(918)-660-3474
TULSA.SEC@OU.EDU
BURSAR (OU.EDU)

OU-TULSA STUDENT AFFAIRS
OU-TULSA STUDENT AFFAIRS

OU-TULSA STUDENT COUNSELING SERVICES
(918)-660-3109
TULSACOUNSELING@OU.EDU
COUNSELING SERVICESWEBSITE

CAREER SERVICES
CAREER SERVICES (OU.EDU)

OU POLICE DEPARTMENT
EMERGENCY: (918) 660-3333
NON-EMERGENCY: (918) 660-3900
TULSA-
CAMPUSPOLICE@OUHSC.EDU

DISABILITY RESOURCE CENTER
JOSHUA-DAVIS@OUHSC.EDU
ACCESSIBILITY AND DISABILITY
RESOURCE CENTER

VETERAN STUDENT SERVICES
(918) 660-3360
VETERAN STUDENT SERVICES
(OU.EDU)

STUDENT ORGANIZATIONS
STUDENT ORGANIZATIONS
(OU.EDU)

OU TULSA DEPARTMENT OF HUMAN RELATIONS
EMAIL: TULSAINFO@OU.EDU
PHONE: (918)-660-3318

CAREER PREP:

STARTING NEXT WEEK, THE CAREER CENTER STUDENT ENGAGEMENT TEAM ALONG WITH LINDSEY MASTIN(ASSISTANT DIRECTOR, CAREER ADVISING)IS GOING TO START MAKING SHORT CLASSROOM ANNOUNCEMENTS ABOUT OUR SERVICES AND THE UPCOMING JOB AND INTERNSHIP FAIR.

SERVICES

WE OFFER RESUME CRITIQUES, COVER LETTER CRITIQUES, MOCK INTERVIEWS, JOB/INTERNSHIP SEARCH ASSISTANCE, CAREER FAIR ADVICE, ETC. (SIDE NOTE: SEE A MORE INFO ABOUT OUR SERVICES ON OUR WEBSITE: [HTTPS://WWW.OU.EDU/CAREER/STUDENTS/SERVICES](https://www.ou.edu/career/students/services)).

LOCATION

WE ARE LOCATED ON THE 3RD FLOOR OF THE UNION (OPPOSITE OF THE BALLROOM). MAIN ENTRANCE UP THE STAIRCASE, WE ARE LOCATED ON THE LEFT.

HANDSHAKE ACCOUNT/PROFILE

HANDSHAKE IS A CAREER MANAGEMENT PLATFORM. THIS IS LIKE OU'S VERSION OF LINKEDIN. YOU CAN APPLY FOR JOBS, EXPLORE COMPANIES, SIGN-UP FOR ON-CAMPUS INTERVIEWS, AND REGISTER FOR CAREER FAIRS AND WORKSHOPS.

THIS IS ALSO WHERE YOU SCHEDULE APPOINTMENTS WITH US. GO TO OU.JOINHANDSHAKE.COM AND LOGIN WITH YOUR 4X4 & PASSWORD.

CAREER COMMUNITIES

HANDSHAKE IS ALSO WHERE YOU CAN JOIN A CAREER COMMUNITY. WE ARE MOVING AWAY FROM MAJOR FOCUSED MODEL TO A COMMUNITY/INDUSTRY MODEL.

SOONER SHOWCASE JOB AND INTERNSHIP FAIR

WEDNESDAY, SEPTEMBER 13TH @ JIM THORPE MULTICULTURAL CENTER (12:30 – 4:30PM) REGISTRATION IS NOW OPEN. COME TO OUR OFFICE ANYTIME TO GET YOUR NAME TAG PRINTED FOR THE SOONER SHOWCASE JOB AND INTERNSHIP FAIR. **NOTE: YOU MUST HAVE A NAME TAG TO ATTEND. 120+ EMPLOYERS WILL BE THERE RECRUITING FOR JOBS & INTERNSHIPS.

RESUME DROP-INS

WILL START MONDAY, AUGUST 28TH. EVERY AFTERNOON MONDAY THROUGH THURSDAY UNTIL THE SOONER SHOWCASE.

STUDENTS WILL BE ABLE TO ACCESS THE RESUME DROP-IN SCHEDULE (NOT YET POSTED) AS WELL AS OTHER INFORMATION AT [HTTPS://LINKTR.EE/OUNCAREERCENTER](https://linktr.ee/oucareercenter)

[OU Career Center/ Education, Non-Profit, & Social Impact](#)

STUDENT SPOTLIGHT :

KAREN LEE, A SENIOR IN THE PROGRAM, CAN BE BEST DESCRIBED AS OBSERVANT, SHY, AND OUTGOING.

KAREN ENJOYS FINDING NEW HOBBIES TO TRY, READING DIFFERENT GENRES OF BOOKS, MAKING BRACELETS, SCRAPBOOKING, AND MY CURRENT HOBBY IS MAKING JEWELRY.

SHOW RECOMMENDATION:

THE SUMMER I TURNED PRETTY



*Karen Lee
Class of 2024*

BRAG ABOUT AN IMPORTANT, RECENT ACCOMPLISHMENT.

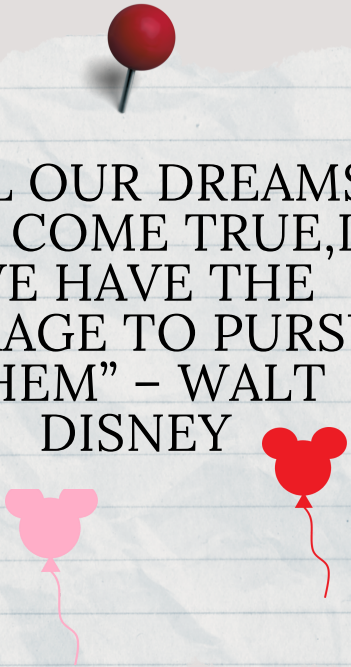
"GETTING CLOSER TO GRADUATION WITHOUT DROPPING ANY CLASSES"!

WHAT IS ONE SOCIAL ISSUE YOU THINK EVERYONE SHOULD KNOW ABOUT?

#STOPASIANHATE MOVEMENT.

PLANS AFTER GRADUATION?

AFTER I GRADUATE, I PLAN ON PURSUING MY CAREER AS A HUMAN RELATIONS MAJOR IN THE WORLD. I FIND THAT IN THIS RECENT SEMESTER, THIS IS SOMETHING THAT COMES EASY TO ME BUT ALSO CHALLENGES ME TO THINK OUTSIDE THE BOX. I WILL BE FURTHERING MY CAREER EITHER IN TEXAS OR ANY EAST COAST STATE! I WANT TO EXPLORE WHAT THIS WORLD CAN PROVIDE FOR ME.



“ALL OUR DREAMS CAN COME TRUE, IF WE HAVE THE COURAGE TO PURSUE THEM” – WALT DISNEY

A MONTHLY RECOGNITION OF HARDWORKING AND DEDICATED STUDENTS OF THE PROGRAM. NOMINATE YOURSELF OR A FRIEND!

Go to the **Nomination Form**

FACULTY SPOTLIGHT :

DR. WORLEY IS AN ASSOCIATE PROFESSOR OF HUMAN RELATIONS AT THE UNIVERSITY OF OKLAHOMA-SCHUSTERMAN CENTER, WHERE HE HAS WORKED SINCE 2006. DR. WORLEY'S SCHOLARSHIP INCLUDES THREE DISTINCT BUT RELATED AREAS: RESEARCH METHODOLOGY (E.G., SURVEY DESIGN ISSUES), ORGANIZATIONAL BEHAVIOR/WORK-RELATED ISSUES (E.G., BURNOUT, WORK AND LIFE INTEGRATION, WORKPLACE DIVERSITY), AND COMMUNITY PSYCHOLOGY (E.G., QUALITY OF LIFE ISSUES FOR CHILDREN AND MINORITIES).

HE HAS BEEN ENGAGED IN APPLIED PSYCHOLOGICAL RESEARCH SINCE 1991 WHEN HE WAS EMPLOYED AS A RESEARCH ASSISTANT WITH THE FEDERAL AVIATION ADMINISTRATION'S (FAA) HUMAN RESOURCES RESEARCH DIVISION.



Jody A. Worley, Ph.D
OU Tulsa Campus

HIS EXPERIENCE INCLUDES RESEARCH AND ASSESSMENT FOR GOVERNMENT, CORPORATE, AND EDUCATIONAL ORGANIZATIONS. IN THE AREA OF SCHOLARSHIP, HE HAS MANY PUBLICATIONS IN PEER-REVIEWED JOURNALS, BOOK CHAPTERS, AND ONE TEXTBOOK ON RESEARCH METHODS.

HE HAS PRESENTED HIS RESEARCH AT CONFERENCES IN THE UNITED STATES AND SEVERAL COUNTRIES AROUND THE WORLD. HE HAS ALSO PROVIDED OVERSIGHT FOR NUMEROUS FUNDED RESEARCH ACTIVITIES. HE HAS BEEN TEACHING THE RESEARCH METHODS COURSE FOR THE HUMAN RELATIONS DEPARTMENT AT OU FOR OVER 17 YEARS.



**"EVIDENCE OF
VALIDITY DOES NOT
RULE OUT
SYSTEMATIC BIAS." -
RONALD FISCHER**

Faculty Profile Information



SSHR

Student Society for Human Relations
Department of Human Relations

\$5 MEMBERSHIP IS A ONE TIME FEE

Our mission is to promote social justice, principles of tolerance, inclusion, dignity, and equal respect for all groups of people; to serve as social agents of change for the betterment of society; to develop leadership skills as future human relations professionals, and to actively seek ways to build relationships through service with the entire university and with the community at large.



Monthly meetings Making memories at fun events and programs

Bonding with like-minded peers Community Service Experience

Career development

CONTACT :

HR faculty sponsor
Dr. Marilyn Byrd

(405) 325-6405
MARILYN.BYRD-1@OU.EDU

WE WANT TO HEAR FROM YOU

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WE WELCOME YOUR OPEN, HONEST AND CRITICAL FEEDBACK AS WE CONTINUE TO IMPROVE AND GROW AS A DEPARTMENT.

THE SURVEY BELOW LETS US CONTINUE TO BE STUDENT DRIVEN AND RESPONSIVE TO DEPARTMENTAL NEEDS. TELLS US HOW WE CAN IMPROVE!

TIME-SENSITIVE INQUIRIES OR CONCERNS SHOULD BE DIRECTED TO THE APPROPRIATE PARTY VIA EMAIL, CALL OR APPOINTMENT.

PLEASE REMEMBER THAT CHANGE CAN BE SLOW AND THAT DISCOURSE IS A NECESSITY TO ACHIEVE OUR GOALS.

THE MOST HELPFUL RESPONSES ARE:

- HONEST AND GENUINE
- TACTFUL AND THOUGHTFUL
- SPECIFIC AND THOROUGH



Leaving Feedback !



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