

# HR AND YOU

The Official Newsletter of the Department of Human Relations



## Hello Students!

With classes underway, we are excited to welcome everyone to the spring 2022 semester! We hope you're enjoying your studies and making time for the things that fuel you outside of academics.

This monthly newsletter will serve as a source of departmental updates and helpful resources for your personal and professional lives.

We love to hear your feedback and comments as we grow this communication platform together.

-Sincerely,

Tyra Jackson, Undergraduate Academic Advisor

## OVERVIEW

- To-Do (Student Resources)
- Campus Events
- Campus Resources
- Career Exploration
- Feedback Survey



# TO-DO



Apr 4

- Advance Registration for Next Term(s) Begins

Apr 15

- Last day for an automatic grade of W for dropped course(s)

Apr 18

- Petition to College Dean to Drop Course(s) for Undergraduate students

## First Year and Sophomore students

- Make a tentative 4-year plan with personal and professional goals
- Schedule an advising appointment for the upcoming semester
- Start or continue reviewing Career Services resources

## Junior students

- Schedule a degree check
- Start or continue setting career goals
- Attend career fairs, network with faculty/staff
- Start or continue reviewing graduate school requirements

## Senior students

- apply for Graduation through one.ou.edu
- Confirm graduation requirements with advisors
- Start or continue to apply for jobs and/or graduate school
- Resume reviews, mock interviews & career prep

All students should prepare for upcoming semesters by reviewing Classnav and their checksheets.

Students should routinely check the Academic Calendar:

<https://www.ou.edu/registrar/academic-calendars/spring-2022-academic-calendar>

# CAMPUS EVENTS

## MoneyCoach Workshop – Building Your Credit

- Tuesday, March 8 at 6 PM
- Couch Tower Storm Shelter and virtually on Zoom (links below)
- Helpful info! Free pizza! Gift cards and a \$500 scholarship raffle!
- [www.ou.edu/moneycoach/events](http://www.ou.edu/moneycoach/events)
- [Meeting Registration](#)



## Student Society of Human Relations Membership meeting

- Wednesday, March 9, 2022, at 4 PM - 5 PM
- Memorial Union Pioneer Room (2nd Floor)



## Teacher Job Fair

- Wednesday, March 30, 2022, from 9:30 AM - 11:30 AM
- Oklahoma Memorial Union (3rd Floor)



## Campus Activities Council films [\(more information\)](#)

- Oklahoma Memorial Union Meacham Auditorium
- House of Gucci
  - March 4 | R
  - 6 PM, 9 PM, and Midnight
- Spider-Man: No Way Home
  - March 25 | PG-13
  - 6 PM, 9 PM, and Midnight





# SSHHR

Student Society for Human Relations  
Department of Human Relations

## MARCH MEMBERSHIP MEETING

Join SSHHR

Become a Student Leader !!

Wed., March 9, 2022

Memorial Union Pioneer Room (2<sup>nd</sup> Floor)

4pm-5pm

Our mission is to promote social justice principles of tolerance, inclusion, dignity, and equal respect for all groups of people; to serve as social agents of change for the betterment of society; to develop leadership skills as future human relations professionals, and to actively seek ways to build relationships through service with the entire university and community at large.

Accommodations on the basis of disability are available. Contact Dr. Marilyn Byrd, [Marilyn.Byrd-1@ou.edu](mailto:Marilyn.Byrd-1@ou.edu) by 3/6/22.

## Food~ Friends~Fellowship!





# OU NORMAN CAMPUS RESOURCES

Student Financial Center  
Buchanan Hall 105  
(405)-325-9000  
[ou.edu/sfc](https://ou.edu/sfc)

Study Abroad  
(405) 325-1693  
[ea@ou.edu](mailto:ea@ou.edu)  
[Education Abroad \(ou.edu\)](https://ou.edu/educationabroad)

MoneyCoach  
Couch Center, 2nd floor  
(405)-325-4692  
<https://www.ou.edu/moneycoach>

Safety  
[Safe Walk](#) (Norman Campus)  
[Safe Ride](#) (Norman Campus)

Career Services  
Oklahoma Memorial Union, Rm 323  
(405) 325-1974  
<https://www.ou.edu/career>

[Parking Services](#)  
Jenkins Parking Facility  
1332 Jenkins Ave.  
1st floor  
(405)-325-3311

Goddard Health Center  
620 Elm Ave.  
(405)-325-4611  
[Goddard Health Services \(ou.edu\)](https://ou.edu/goddardhealthservices)

Disability Resource Center  
730 College Ave.  
(405)-325-3852 (voice)  
(405)-325-3494 (VP)  
[drc@ou.edu](mailto:drc@ou.edu)

Counseling Services  
[Goddard Counseling Center](#)  
8 a.m.-5 p.m. Monday-Friday  
(405) 325-2911  
Goddard Health Center, 201

Veteran Student Services  
Buchanan Hall 216  
(405)-325-4308  
[veterans@ou.edu](mailto:veterans@ou.edu)

The Student Society of Human Relations  
[Student Society for Human Relations \(ou.edu\)](https://ou.edu/student-society-of-human-relations)

Gender & Equality Center  
Oklahoma Memorial Union  
(405)-325-4929  
[Gender and Equality Center \(ou.edu\)](https://ou.edu/gender-equality-center)

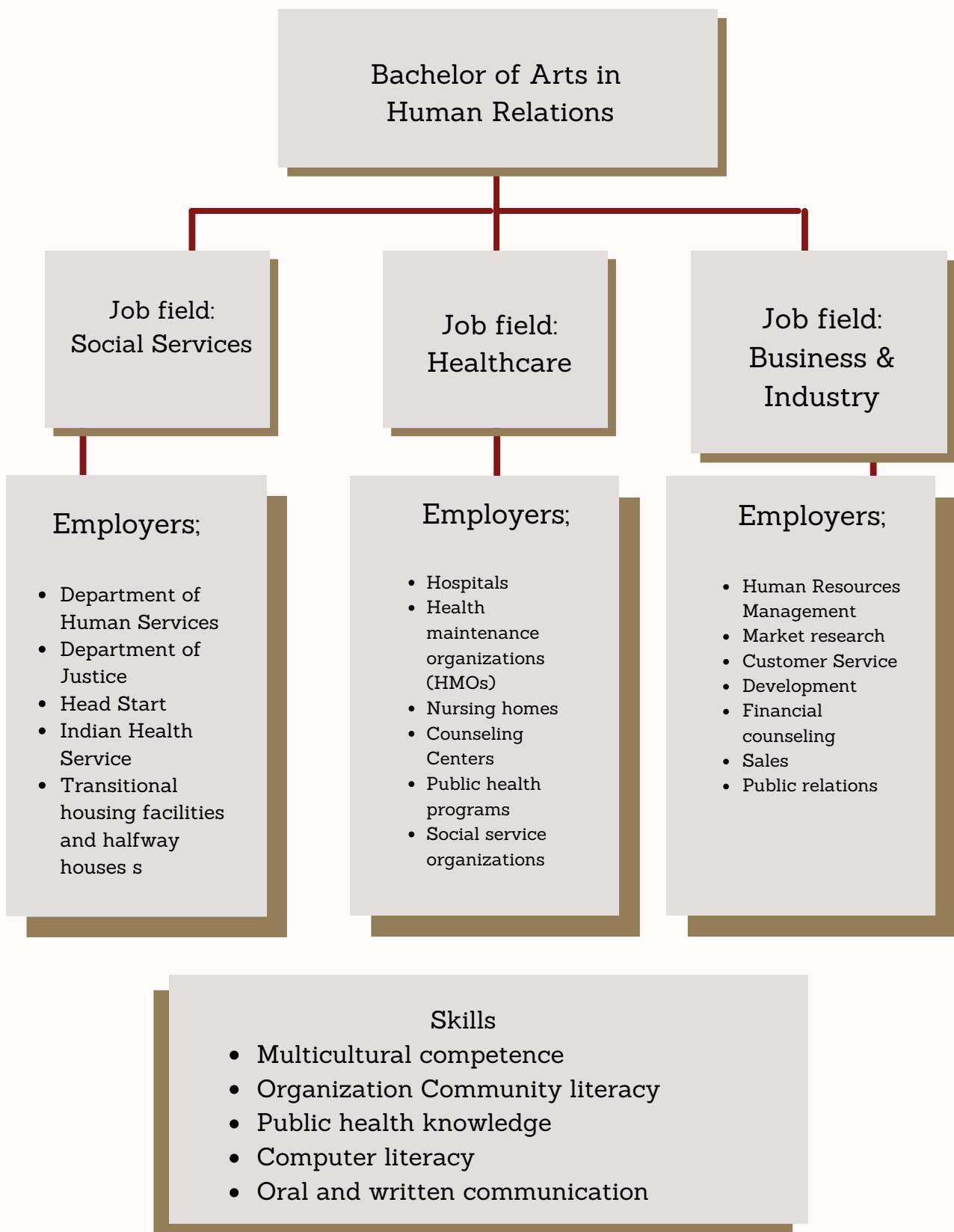
Student Activities  
[Campus Activities Council](#)  
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](#)

# CAREER EXPLORATION

As a multidisciplinary field, Human Relations is widely applicable to many job fields. Each month we will explore a few!

What Can I do with this Major?/Career Services

Home : Occupational Outlook Handbook: : U.S. Bureau of Labor Statistics (bls.gov)



# WE WANT TO HEAR FROM YOU

Tell us how we can improve!



We welcome your open, honest and critical feedback as we continue to improve and grow as a department.

The survey below lets us continue to be student-driven and responsive to departmental needs.

Tells us how we can improve!

[https://ousurvey.qualtrics.com/jfe/form/SV\\_85Qp4ET5FtmbkQm](https://ousurvey.qualtrics.com/jfe/form/SV_85Qp4ET5FtmbkQm)

Time-sensitive inquiries or concerns should be directed to the appropriate party via email, call, or appointment.

Please remember that change can be slow and that civil discourse is a necessity to achieve our goals.

The most helpful responses are:

- Honest and Genuine
- Tactful and Thoughtful
- Specific and Thorough

