

**KATIE RHODE ALLEN, Ph.D., LPC-S, NCC**  
Curriculum Vitae

**CONTACT INFORMATION**

University of Oklahoma  
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**PROFESSIONAL LICENSE**

Licensed Professional Counselor  
LPC License #4829 (Oklahoma)  
Licensed Professional Counselor Supervisor  
National Certified Counselor  
NCC #1741824

**EDUCATION**

**Ph.D. Counselor Education, Texas Tech University (CACREP Accredited)**

Lubbock, Texas  
Minor: Educational Psychology  
Degree Awarded December, 2010  
*Dissertation:* "The Effect of Career Counseling on the Self-Efficacy and Career Maturity of Residential Juvenile Offenders."  
*Advisor and Chair:* Dr. Loretta J. Bradley

**M.A. Humanities, Duke University**

Durham, North Carolina  
Degree Awarded September, 2006

**B.A. Double Major: Philosophy and Psychology, Texas Tech University**

Lubbock, Texas  
Cum Laude in Honors Studies  
Degree Awarded December, 2004

**RESEARCH INTERESTS**

At-Risk Youth, Gifted Youth, Anxiety and Intelligence, Anxiety and Academic Performance, Career Counseling Interventions and Implications, Career Development for Juvenile Offenders, Ethical Issues Related to Counselors

**PROFESSIONAL EXPERIENCE**

**Current Professional Appointment:**

- The University of Oklahoma: Norman, OK  
**Assistant Professor, Department of Human Relations**  
August, 2013 – Present  
**Coordinator, Clinical Mental Health Counseling**  
June 2025 - Present  
**Program Director – Clinical Mental Health Counseling Online Master’s Program**  
August 2021 – December 2024

**Courses Taught:**Undergraduate

HR 3013: Introduction to Human Relations

HR 4153: Introduction to Counseling

HR 4170: Posttraumatic Stress Disorder

Graduate:

HR 5100: Posttraumatic Stress Disorder

HR 5110: Career Counseling

HR 5453: Ethical Issues in Counseling

HR 5483: Diagnosis in Counseling

HR 5493: Assessment and Evaluation

HR 5663: Psychopathology

HR 5883: Introduction to the Counseling Profession

HR 5970: Counseling Implications for At-Risk and Gifted Youth

**Past Professional Appointments:**

- Cedar Ridge Psychiatric Hospital & Treatment Center : Oklahoma City, OK
  - **Clinical Director** **February 2013 – August, 2013**  
*Responsibilities:* Managing the programming and therapy department of Cedar Ridge's Acute Hospital and Residential Treatment Center. The Acute Hospital is comprised of 60 beds and serves children, adolescents, adults, and the geriatric population. The Residential program is a 56-bed child and adolescent facility. Management duties include managing the programming for acute and residential treatment, 13 LCSW, LMFT, and/or LPC therapists, case managers, and three recreational therapists. Duties also include coordinating scheduling, communicating with the CEO, CFO, corporate UHS, psychiatrists, and other leadership.
  - **Residential Clinical Manager & Therapist** **June 2012 – February 2013**  
*Responsibilities:* Managing the programming and therapy department of Cedar Ridge's Residential Treatment Center. The Residential program is a 56-bed child and adolescent facility. Management duties include managing the programming for residential treatment, six LCSW, LMFT, and/or LPC therapists, and four recreational therapists. Duties also include coordinating scheduling, communicating with the CEO, CFO, corporate UHS, psychiatrists, and other leadership.
  - **Therapist** **May 2011 – June 2012**  
*Responsibilities:* Conducting individual, family, and group counseling for children with psychiatric disorders in a residential treatment setting; Meeting with administration, nurses, therapist, and psychiatrists on a weekly basis to assess treatment of each individual patient; Completing treatment plans and overseeing the care of children in residential and acute care.
- Texas Tech University College of Education: Lubbock, Texas  
**Graduate Assistant** **August 2006 – August 2010**  
*Research Concentration:* Counselor Supervision, Counseling Ethics, Career Counseling, Online Learning and Teaching, Educational Research, Gifted Children and Adolescents, At-Risk Children and Adolescents, Intelligence and Anxiety.
- Lubbock County Juvenile Justice Center, Long-Term Juvenile Offender Residential Unit: Lubbock, Texas  
**Substance Abuse Student Counselor** **May, 2010 – August, 2010**

*Responsibilities:* Conducting group counseling for juvenile offenders in a residential long-term facility and in a substance abuse treatment facility (as part of data collection for doctoral dissertation).

- Lubbock County Juvenile Justice Center, Substance Abuse Program – “The Bridge”: Lubbock, Texas  
**Counselor Intern** **April, 2008 – August, 2009**  
*Responsibilities:* Conducting individual, group, and family counseling for juvenile offenders in a residential juvenile treatment facility. I worked as part of a treatment team, kept clinical notes, updated client paperwork, and made recommendations to supervisors.

### **Departmental and University Service**

2025 – Present	Clinical Mental Health Counseling Program Coordinator
2021 – 2024	Program Director – CMHC Online Program
2013 – Present	LPC Adviser
2013 – Present	Graduate Studies Committee Member, University of Oklahoma, Department of Human Relations.
2015 – Present	Okie Belles Faculty Advisor
2018 – Present	Our Mental Health Faculty Advisor
2013 – Present	Comprehensive Exam Committee
2013 – 2024	Counseling Search Committee Member, University of Oklahoma, Department of Human Relations.

### **Professional Service**

Member of the American Counseling Association  
 Member of the Oklahoma Counseling Association  
 Member of the American Psychology Association  
 Leadership Oklahoma Member (Fall, 2012 – Present)  
 Chi Sigma Iota – Vice President 2009 – 2010 (Counseling Academic and Professional Honor Society International)  
 National Association for Gifted Children

### **PUBLICATIONS**

Allen, K. R., Bradley, L. (2015). Career counseling with juvenile offenders: Effects on self-efficacy and career maturity. *Journal of Addictions and Offender Counseling*, 37.

Bradley, L., Hendricks, R., Whiting, P., & Rhode, K. (2010). Overview of counselor supervision. In L. Bradley & N. Ladaney (Eds.), *Counselor supervision: Principles, process and practice* (4<sup>th</sup> ed.). Philadelphia, PA: Taylor and Frances.

Rhode, K. (2008). “Serving Gifted Learners beyond the Traditional Classroom: A Guide to Alternative Programs and Services,” VanTassel-Baska, J. L. (Ed.). (2007), *Roeper Review*, 30, 70 – 71.

### **MANUSCRIPTS IN PROGRESS**

Allen, K., Cunningham, S., & Runnels, M. (Manuscript in preparation). “Future concerns of international baccalaureate, advanced placement, and regular classroom high school students.”

Allen, K. (Manuscript in preparation) “The effect of career counseling on the self-efficacy and career maturity of residential juvenile offenders.”

- Allen, K. (Manuscript in preparation) "Career interest trends in the juvenile offending population: Where intervention should begin."
- Cunningham, S., Allen, K., & Runnels, M. "Future concerns of high school students: Does Ethnicity Matter?" Working Paper based on an SERA Presentation.
- Allen, K. (Manuscript in preparation) "Cognitive load theory: A review of the research." Allen, K. (Manuscript in preparation) "The relationship between anxiety and intelligence: What the literature says."
- Allen, K. (Manuscript in preparation) "Harmful and beneficial relationships between faculty and graduate students." Working Paper based on a presented work.

### **PROFESSIONAL RESEARCH PRESENTATIONS**

- Allen, K.**, & Bradley, L. *Career Counseling with Juvenile Offenders: Effects on Self-Efficacy and Career Maturity*. Paper accepted for presentation at the 2015 American Counseling Association Conference in Orlando, FL.
- Allen, K.** *Career Counseling Implications for Juvenile Offenders*. Presented at the 2014 Zarrow Mental Health Symposium in Tulsa, OK.
- Rhode, K.** *Career Interests of Juvenile Offenders: Where Intervention Should Begin*. Paper accepted for presentation at the 2012 American Counseling Association Annual Conference in San Francisco, CA.
- Rhode, K.** *The Effect of Career Counseling on the Self-Efficacy and Career Maturity of Residential Juvenile Offenders*. Presented at the 2011 American Counseling Association Annual Conference in New Orleans, LA.
- Rhode, K.**, Hennington, C., Berg, R., & Berry, J. (2010). *Boundary Issues in Counselor Education*. Presented at the 2010 annual Texas Tech University Student Research Competition.
- Berg, R., **Rhode, K.**, Hennington, C., Johnston, G., & Merriman, J. (2010). *Interventions Addressing Self Harm for Children and Adolescents in State Custody*. Presented at the 2010 American Counseling Association Annual Conference in Pittsburg, PA.
- Berry, J., & **Rhode, K.** (2010). *Designing Interventions for Geriatric Group Work*. Accepted for presentation at the 2010 American Counseling Association Annual Conference in Pittsburg, PA.
- Rhode, K.**, Hennington, C., Berg, R., & Berry, J. (2009). *Boundary Issues in Counselor Education: The Faculty-Student Relationship*. Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Bradley, L., Hendricks, B., Parr, G., & **Rhode, K.** (2009). *Ethics and Emails*. Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berg, R. G., Bradley, L. J., **Rhode, K.**, Marbley, A. F., & Wimberly, C. Clients and Suicide: Treatment considerations and recommendations. Presented at the 2009 Texas Counseling Association conference in Dallas, TX.
- Hennington, C., **Rhode, K.**, & Berry, J. (2009). *Diagnosis and Treatment of Religious Addiction*. Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berry, J., Hennington, C., & **Rhode, K. M.** (2009). *Existential Themes in Geriatric Counseling Groups*. Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berg, R. G., **Rhode, K. M.**, Crews, C., & Berry, J. J. (2009). *Modern Interventions for Cyber-bullies Across Developmental Levels*. Presented at the 2009 American Counseling Association Annual Conference in Charlotte, NC.
- Hendricks, B., Berg, R. G., Bradley, L. J., **Rhode, K.**, & Parr, G. (2009) *Ethics in Family Counseling: Wellness and the Family Counselor*. Presented at the 2009 American Counseling Association Annual Conference in Charlotte, NC.

- Berg, R., **Rhode, K.**, & Berry, J. (2009). *Modern Interventions for cyberbullies across developmental levels*. Poster presented at the annual Texas Tech University Graduate Student Research Competition, Lubbock, TX, April 10, 2009.
- Rhode, K.**, Cunningham, S., & Tallent-Runnels, M. K. (2008). *Psychological Well-Being of IB and AP Students*. Session accepted to the annual meeting of the Southwest Educational Research Association, San Antonio, TX, February 4, 2008.
- Tallent-Runnels, M. K., Cunningham, S., & **Rhode, K.** (2008). *Global World View of IB, AP, and Regular Classroom High School Students*. Session presented at the annual meeting of the Texas Association for the Gifted & Talented, Dallas, TX, November 14, 2008.
- Cunningham, S., **Rhode, K.**, & Tallent-Runnels, M. K. (2008). *Future concerns of International Baccalaureate, Advanced Placement, and regular classroom high school students*. Roundtable Presentation at the annual meeting of the American Educational Research Association, New York, NY, March 26, 2008.
- Rhode, K.**, Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students*. Presented at the annual Texas Tech University Graduate Student Research Competition, Lubbock, TX, March 27, 2008.
- Rhode, K.**, Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students*. Presented at the annual meeting of the Texas Tech University College of Education Research Conference, Lubbock, TX, April 11<sup>th</sup>, 2008.
- Rhode, K.**, Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students: Does ethnicity matter?* Presented at the annual meeting of the Southwest Educational Research Association, New Orleans, LA, February 7, 2008.
- Cunningham, S., **Rhode, K.**, & Tallent-Runnels, M. K. (2007). *Future concerns of International Baccalaureate and Advanced Placement high school students*. Presented at the annual meeting of the Texas Tech University College of Education Research Conference, Lubbock, TX, April 20<sup>th</sup>, 2007.