

R. Paul James, Ph.D., LPC, NCC, ACS

1811 NW Crosby Park Blvd
Lawton, OK 73505
405-496-1515 | pauljamestpc@gmail.com

Curriculum Vitae

LICENSURE & CREDENTIALS

Licensed Professional Counselor, OK #5960, 12/11/2015-Present

- LPC Approved Supervisor through 6/30/2026

Approved Clinical Supervisor (ACS # 5075)

Nationally Certified Counselor (NCC #811542)

EDUCATION

Oregon State University, Corvallis, OR

- PhD in Counseling (CACREP Accredited)
Degree Awarded December 2023
Dissertation: "A Corpus Linguistics Analysis of Tabletop Role-Playing Game Blogging"
Advisor and Chair: Dr. Cass Dykeman

Southern Nazarene University, Bethany, OK

- Master of Science in Counseling Psychology
Degree awarded December, 2013
- Bachelor of Science, Double Major in Psychology and Spanish
Degree awarded May, 2011

RESEARCH INTERESTS

Psycholinguistics, Creativity in Counseling, LGBTQ+ Competence in Counseling and Supervision, Counseling Pedagogy

PROFESSIONAL EXPERIENCE

Current Professional Appointment:

University of Oklahoma, Department of Human Relations, Norman, OK. Aug 2026- Present

Lecturer—Responsible for preparation and delivery of courses for the Master of Science in Clinical Mental Health Counseling program. Additional responsibilities include advising for graduate students and program support and development. Courses taught include:

- Diagnosis in HR Counseling
- Advanced Counseling Skills
- Human Sexuality
- Group Counseling

- Assessment in Counseling

Previous Professional Appointments:

Cameron University, Department of Psychology, Lawton, OK. Aug 2022- July 2026

Director—Cameron Psychology Clinic, CU's on-site clinic run by practicum students providing mental health services to the Lawton community. Currently supervising four clinical faculty members, who in turn supervise practicum students, as well as one part-time administrative assistance, two graduate assistants, and the Counseling and Marriage & Family Therapy practicum students working at the CPC each year. Responsible for financial, administrative, and clinical oversight, maintenance of electronic health records software, and development and provision of training to students and staff.

Cameron University, Department of Psychology, Lawton, OK. Aug 2019- July 2026

Assistant Professor August 2025-July 2026, Instructor August 2019-July 2025

Responsible for teaching graduate level courses including:

- Ethical Principles in Counseling/Assessment/Research***
- Individual Counseling**
- Group Counseling**
- Psychopathology***
- Assessment & Treatment of Children & Adolescents***
- Crisis Intervention
- Assessment in Personality***
- Intro to the Counseling Profession*
- Career Assessment & Counseling***
- Human Development*

Undergraduate Courses Taught:

- General Psychology
- Abnormal Psychology***
- Counseling & Clinical Psychology*
- Psychology of Learning*

*** (in person and online), ** (in person and via synchronous Zoom), * (online asynchronous)

Completed QM development for online format for Psychopathology, Counseling Theories, Assessment & Treatment of Children & Adolescents, Career Assessment & Counseling, and Intro to the Counseling Profession, as well as the undergrad courses Crisis Management & Resources and Counseling & Clinical Psychology.

August 2019-Present—Program Lead and Academic Advisor to students in the Master of Arts in Mental Health (MAMH)—Counseling Track (formerly Master of Science in Behavioral Studies—Counseling Track) as well as the Alcohol & Drug Counseling (ADC) Certificate Students.

August 2022-Present—Co-chaired committee to develop the Master of Arts in Mental Health, a 60 hour degree program helping students become eligible for licensure as a Professional Counselor in the state of Oklahoma. Currently serving as the Program Lead and Assessment Chair for the MAMH and ADC Certificate programs.

Cameron University, Department of Psychology, Lawton, OK. Aug 2019- July 2022

Co-Director—Cameron Psychology Clinic, CU's onsite clinic run by practicum students providing mental health services to the Lawton community. Worked alongside Director to provide administrative and clinical oversight to students and staff. Oversaw update of clinical procedures to include telehealth and electronic health records.

Cameron University, Department of Psychology, Lawton, OK. Aug 2017- July 2019

Part-Time Instructor responsible for teaching graduate level courses including Ethics, Individual Counseling, Group Counseling, Crisis Intervention and Career Counseling as well as supervising practicum students at the Cameron Psychology Clinic one day a week, holding five hours of office hours each week, and attending monthly faculty meetings.

Self-Employed in Private Practice, Lawton, OK. Feb 2017- Present

Private practitioner providing individual, couples and family counseling to clients as well as supervision for LPC Candidates for licensure.

JCS Military Support Services, Lawton, OK. Nov. 2016- July 2017

Military Family Life Counselor- responsible for providing solution focused, brief counseling interventions as well as conducting psychoeducational groups on deployment-related stress, safe coping skills and healthy relationships for military-connected students at Central Middle School as well as on base through the Child Development Centers in Lawton/Ft. Sill, OK.

Wings of Hope Family Crisis Services, Stillwater, OK. July 2015- Oct. 2016

Senior Counselor—Shelter and Sexual Assault Services—Responsible for providing individual and family counseling for adults, adolescents, and children. Provided therapeutic supervision and consultation for shelter manager and staff, with specific focus on ensuring that clients receive trauma-informed services. Supervised sexual assault counselor, rape prevention educator, and sexual assault educator/advocate to ensure that they were compliant with grant goals through OSDH, VAWA, and VOCA. Coordinated sexual assault team members

in carrying out annual Sexual Assault Awareness Month events as well as other outreach/fundraising events for agency. Worked with Senior Counselor—Non-Shelter Services to interview and supervise counseling interns from Oklahoma State University's doctoral program in Counseling Psychology, and master's programs in Marriage and Family Therapy and Mental Health Counseling. Provided ongoing audit support and review for agency to ensure that documentation met standards of the Office of the Attorney General.

Youth Services for Stephens County, Duncan, OK. July 2013- May 2015

Bilingual Outpatient Therapist Feb 2014-June 2015—Responsible for providing individual, family and group counseling services to children, youth, and adults in the Stephens County area in both English and Spanish. Youth Services representative to the OJA Graduated Sanctions Board for Stephens County from September 2013 to May 2015 and trained as a facilitator for the Life Skills Curriculum as well as the First Offender/"It's My Life" groups. Behavioral Health Rehabilitation Specialist & Outreach Counselor- Responsible for providing BHRS services, the assessment and provision of anger management and outreach psychoeducation for adults and adolescents.

SCHOLARSHIP

MANUSCRIPTS IN PROGRESS

James, R. P., & Dykeman, C. (Manuscript in preparation). Critical words: Looking for keywords and patterns in role-playing game online discussion forums. <https://doi.org/10.31234/osf.io/f62m7>

James, R. P., & Dykeman, C. (Manuscript in preparation). Rolling for insight: Psychological and linguistic features of role-playing game online discussion. <https://ssrn.com/abstract=4687833>

PROFESSIONAL PRESENTATIONS

Juried conference presentations are bolded

James, R. P. (2026, March 6). Social justice in clinical practice. Presentation at the Oklahoma Counseling Association "Lunch & Learn" continuing education event, Lawton, OK.

James, R. P., & McAndrew, L. (2026, February 19). We say gay: Assessing for LGBT+ competence in counselor supervision. Presentation at the South Carolina Counseling Association Annual Conference, Myrtle Beach, SC.

James, R. P. (2026, January 9). Applying ethical decision making in consultation. Presentation at the Oklahoma Counseling Association "Lunch & Learn" continuing education event, Lawton, OK.

James, R. P. (2025, December 5). Navigating burnout and moral injury through values work. Presentation at the Oklahoma Counseling Association "Lunch & Learn" continuing education event, Lawton, OK.

- Dossett, C., Findlay, D., Fryer, S., Lear, M., & James, R. P. (2025, October 10). Inaugural academic bee ethics competition. Presentation at the Oklahoma Counseling Association Fall Conference 2025, Midwest City, OK.
- James, R. P. (2025, May 30). Embracing intersectionality in counseling and supervision. Presentation at the Oklahoma Society for Affectional, Intersex, and Gender Expansive Identities annual conference, Oklahoma City, OK.
- Redelk-Ramos, S. & James, R. P. (2024, October 4). Collaborative art therapy techniques. Presentation at the Oklahoma Counseling Association Fall Conference, Midwest City, OK.
- James, R. P. (2024, July 19). Navigating the swamp: A solution-focused and experiential clinical practice. Presentation at the Oklahoma Counseling Association Summer Conference in Wewoka, OK.
- Ferrese, S., & James, R. P. (2024, February 13). A youth-friendly approach to substance use issues amongst unhoused youth: Keeping up with the times. Presentation at the South Carolina Counseling Association Annual Conference, Myrtle Beach, SC.**
- Ferrese, S., & James, R. P. (2023, October 8). A youth-friendly approach to substance use issues amongst unhoused youth: Keeping up with the times. Presentation at the NAADAC 2023 Annual Conference, Denver, CO.**
- James, R. P. (2023, July 15). Leadership in action. Presentation at the 2023 Summer Leadership Conference of the Oklahoma Counseling Association, Wewoka, OK.
- James, R. P. (2023, July 14). Leadership and advocacy through professional organizations. Presentation at the 2023 Summer Leadership Conference of the Oklahoma Counseling Association, Wewoka, OK.
- James, R. P. (2023, July 14). Maintaining professional vitality as counselors, supervisors, and leaders in the profession. Presentation at the 2023 Summer Leadership Conference of the Oklahoma Counseling Association, Wewoka, OK.
- James, R. P., & Schoelen, L. (2023, April 14). A multicultural and relational approach to counseling and supervision. Presentation at the 2023 Spring Conference of the Oklahoma Counseling Association, Shawnee, OK.
- James, R. P., & McAndrew, L. (2023, April 1). We say gay: Assessing for LGBT+ competence in counselor supervision. Presentation at the 2023 American Counseling Association Conference & Expo, Toronto, ON.**
- James, R. P., & McAndrew, L. (2022, July). We say gay: Assessing for LGBT+ competence in counselor supervision. Presentation at the 2022 Summer Conference of the Oklahoma Counseling Association, Wewoka, OK.
- James, R. P., & Ponce-Garcia, E. (2019, February). Assessing for resilience: Clinical applications. Presentation at the 2019 Midwinter Conference of the Oklahoma Counseling Association, Shawnee, OK.

- James, R. P. (2016, February). Counseling survivors of domestic violence. Presentation at the 2016 Midwinter Conference of the Oklahoma Counseling Association, Midwest City, OK.
- James, R. P. (2015, November) Crisis intervention skills. Presented at agency-wide training for Wings of Hope Family Crisis Services, Stillwater, OK.
- James, R. P., Limke, A., Wright, R., & Secor, S. (2014, February). My time or yours? Cross cultural perspectives on time and well-being. Paper presented at the 2014 meeting of the Society for Personality and Social Psychology, Austin, TX.
- James, R. P., & Flores, P. (2011, March). A problem of congruence: The relationship between length of religious involvement and altruistic behavior. Paper presented at the 2011 meeting of the Society for the Study of Psychology and Wesleyan Theology, Dallas, TX.

PROFESSIONAL & COMMUNITY SERVICE

ASSOCIATION AFFILIATIONS

- Oklahoma Counseling Association
 - Past President, 2025-2026
 - President, 2023-2025
 - President Elect, 2022-2023
 - President, SW OK Region, 2020-2022
 - Social Media & Technology Committee, 2024-Present
- Oklahoma Association for Counselor Education and Supervision
- Oklahoma Mental Health Association
- Oklahoma Association of Addiction Counselors
- American Counseling Association
- Association for Counselor Education and Supervision
- North Central Association for Counselor Education and Supervision

Board of Directors—Marie Detty Youth and Family Services, Lawton, OK (2022-Present)

- Vice President (2025-present)
- Secretary (2023-2025)
- Counselor Retention Committee, Spring 2023
- Fundraising Committee, 2024-Present

COMMUNITY OUTREACH & EDUCATION

- James, R. P. (2025, February 3). Cameron Psychology Clinic services. Presentation to Bridges Out of Poverty Course for United Way of SW Oklahoma, Lawton, OK.
- James, R. P. (2024, May 8). Mental health in the workplace. Presentation to Southwest Oklahoma Human Resources, Lawton, OK.

- James, R. P. (2023, December 5). Mental health services in SW Oklahoma. [Panel presentation]. Duncan Leadership Conference, Duncan, OK.
- James, R. P. (2023, December 5). Mental health services in SW Oklahoma. [Panel presentation]. Duncan Leadership Conference, Duncan, OK.
- James, R. P. (2022, December 6). Mental health services in SW Oklahoma. [Panel presentation]. Duncan Leadership Conference, Duncan, OK.
- James, R. P. (2022, February 19). Mental health concerns in teenagers. Presentation to the Upward Bound Parent Group, Cameron University, Lawton, OK.
- Hubbard, S., & James, R. P. (2022, July 29). Sexual assault: Refuse the culture of silence. [Panel presentation]. Marie Detty Youth and Family Services, Lawton, OK.
- Hubbard, S., Amerson, M. & James, R. P. (2021, October 29). Ethical best practices when treating victims of domestic violence. [Panel presentation]. Marie Detty Youth and Family Services, Lawton, OK.
- James, R. P. (2021, May 11). Mental health services in SW Oklahoma. [Panel presentation]. Duncan Leadership Conference, Duncan, OK.
- James, R. P. (2021, March 12). Mental Health Issues in Schools. Current CU Teaching Practicum Students, Lawton, OK.
- James, R. P. (2020, March 5). Resource panelist. In O. Johnson (Chair), *Lawton mental health town hall* [Panel presentation] Lawton Mental Health Coalition, Lawton, OK.
- James, R. P. (2019, November 15). Examining practitioner values in counseling & ethical decision making: Ethics and supervision workshop. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Wings of Hope Family Crisis Services, Stillwater, OK.
- James, R. P. (2019, April). Starting a private practice: Insurance credentialing & ethics. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.
- James, R. P. (2018, December). Ethics for mental health professionals. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Wings of Hope Family Crisis Services, Stillwater, OK.
- James, R. P. (2018, September). Ethics and best practices for private practitioners. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.
- James, R. P. (2018, July). Fees and insurance credentialing for private practitioners. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.

- James, R. P., Ponce-Garcia, E. (2018, June). Assessing for resilience: Clinical applications. Continuing education presentation for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.
- James, R. P., & Sailor, J. (2018, May). Ethics and supervision for Licensed Professional Counselors and Licensed Marital and Family Therapists. Continuing education presentation in ethics and supervision for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.
- James, R. P. (2018, March). Fees and insurance credentialing for private practitioners. Continuing education presentation in ethics for Licensed Professional Counselors and Licensed Marital and Family Therapists, Oklahoma City, OK.

REFERENCES

- Mary Dzindolet, Ph.D. [580-591-1113] marydz@cameron.edu
Professor Emeritus, Former Chair, Department of Psychology, Cameron University, Lawton, OK
- Lisa Schoelen, M.S., LPC [405-437-9510] limschoelen@hotmail.com
Owner, Curve Counseling, Oklahoma City, OK
Secretary, Oklahoma Counseling Association
- Joanni Sailor, Ph.D., LMFT [580-351-7632] jsailor@cameron.edu
Professor Emeritus, Department of Psychology, Cameron University, Lawton, OK
- Laressa Beliele, Ph.D., LPC [405-250-8700]
LPC Supervisor, Professor Emeritus, University of Central Oklahoma, Edmond, OK