



YWCA Oklahoma City Intern/ Practicum Program

An internship with the YWCA Oklahoma City offers you the opportunity to:

- **Explore career opportunities**—By working in the field you have chosen, you can receive an inside look at your potential career path.
- **Find mentors**—Mentors can inspire you to meet challenges and achieve success. They enable you to see a wider realm of opportunities, and they provide valuable advice to help you excel in your career. Each intern is paired up with a mentor at the start of their internship experience to offer guidance and help answer questions.
- **Gain experience**—These days, employers look for more in a potential hire than just good grades. An internship is a perfect opportunity for you to gain valuable experience that can make you more marketable to employers.
- **Training**—As an intern, you'll have the opportunity to attend all YWCA trainings. During the training, you will learn more about domestic violence, sexual assault, stalking and the YWCA programs and services. Throughout your internship, there will be additional trainings available.
- **Make a difference**—Be a part of a team that is making a difference in the lives of women and children in Central Oklahoma.

The YWCA accepts intern applications on a rolling basis for:

- Summer
- Fall
- Spring

Internship areas include:

- Counseling (for students in a graduate counseling program)
- Domestic Violence Shelter Advocacy
- Domestic Violence Community Advocacy
- Sexual Assault Advocacy
- Court/ Legal Advocacy
- Outreach and Volunteers Management
- Public Relations/ Communications & Events
- Administration

A minimum of 100 hours is required and must attend 36 hour crisis services training (a domestic violence and sexual assault course).

Once you are accepted as an intern, Crisis Services Training must be completed. You may attend the training at the beginning of OR prior to beginning the internship. Training dates include are listed on our website.

Interested applicants should send a resume and cover letter to Mary Cornelsen (mcornelsen@ywcaokc.org) and complete the volunteer application on YWCA Oklahoma City's website (www.ywcaokc.org/volunteer-application).

If you have questions regarding the YWCA internship program, you can contact Mary by email or at 948-1770.