

## Delegate Information

### Eighth International Conference on Philosophy and Meaning in Life (March 26-28, 2026)

This document provides useful information to help you plan your visit, including travel guidance, accommodations, dining, and local attractions.

If you have any questions in advance of your visit, please email [philosophy@ou.edu](mailto:philosophy@ou.edu).

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#### Conference Venue:

**Thurman J. White Forum Building** – [Google Maps Link](#)

1704 Asp Ave, Norman, OK 73072

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#### Accommodations:

In addition to multiple Airbnb locations, there are several hotel options near campus:

- **The Noun Hotel \*RECOMMENDED\*** – [Website](#)
  - 542 South University Blvd, Norman OK 73069
  - (405) 701-5858
  - Distance from conference venue: 2 miles (7-minute drive)
- **NCED Conference Center & Hotel** – [Website](#)
  - 2801 East State Hwy 9, Norman, OK 73071
  - (405) 447-9000
  - Distance from conference venue: 4 miles (10-minute drive)
- **La Quinta Inn & Suites by Wyndham Norman** – [Website](#)
  - 930 Ed Noble Dr, Norman, OK 73072
  - (405) 579-4000
  - Distance from Conference Venue: 3 miles (12-minute drive)
- **Embassy Suites by Hilton Norman Hotel & Conference Center** – [Website](#)
  - 2501 Conference Dr, Norman, OK 73069
  - (405) 364-8040
  - Distance from conference venue: 5.5 miles (15-minute drive)
- **Holiday Inn Express & Suites Norman** – [Website](#)
  - 2500 Conference Dr, Norman, OK 73069
  - (405) 928-5300
  - Distance from conference venue: 5.5 miles (15-minute drive)

- **Hampton Inn & Suites Norman Conference Center Area** – [Website](#)
    - 2300 Conference Dr, Norman, OK 73069
    - (405) 310-3014
    - Distance from conference venue: 6 miles (18-minute drive)
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## **Getting Here:**

*From Will Rogers World Airport (OKC)*

Norman is approximately 25 minutes south of Oklahoma City's airport.

- By car: Take I-44 E to I-240 E, then merge onto I-35 S. Take exit 108B for Lindsey Street.
- Ride share: Uber and Lyft operate widely in the area.

*From Dallas/Fort Worth International Airport (DFW)*

Norman is approximately 3 hours north of DFW.

- By car: Take I-35 N directly to Norman.
  - By train: Amtrak's Heartland Flyer runs daily from Fort Worth to Norman – [Website](#)
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## **Dining:**

*Breakfast*

- **Press & Plow** – [Website](#)
  - 800 W Lindsey St, Norman, OK 73069
  - (405) 857-2584
  - "The purveyor of daily brunch, coffee, and provisions"
- **Levity Breakfast House** – [Website](#)
  - 309 S Peters Ave, Norman, OK 73069
  - (405) 256-2136
  - "Portland roots, Norman flavor"
- **Neighborhood JAM** – [Website](#)
  - 102 W Main St, Norman, OK 73069
  - (405) 310-2127
  - "An innovative breakfast destination... a fun and unpretentious place to begin their day."

## *Restaurants & Cafes*

There are several options on [Campus Corner](#) and Downtown Norman.

- **The Winston** – [Website](#)
  - 106 W Main St, Norman, OK 73069
  - (405) 561-7616
  - "...classic meals with a modern flair and boasts a sizable whiskey selection"
- **Scratch Kitchen & Cocktails** – [Website](#)
  - 132 W Main St, Norman, OK 73069
  - (405) 801-2900
  - "...crafted entirely from scratch and features smokehouse bacon, pan-seared fish, farm fresh veggies and slow roasted meats."
- **Benvenuti's Ristorante** – [Website](#)
  - 105 W Main St, Norman, OK 73069
  - (405) 310-5271
  - "... offers old world Italian with a new world twist."
- **Legend's Restaurant** – [Website](#)
  - 1313 W Lindsey St, Norman, OK 73069
  - (405) 329-8888
  - "...casually up-scale family-owned restaurant which has served Norman and the University of Oklahoma for 57 years."
- **Midway Deli** – [Website](#)
  - 601 W Eufaula St, Norman, OK 73069
  - (405) 321-7004
  - "...tucked catty-corner at the end of a quiet residential street...an old-fashioned deli"
- **Pepe Delgados: Authentic Mexican Food** – [Website](#)
  - 786 Asp Ave, Norman, OK 73069
  - (405) 321-6232
  - "Fresh food from southern Mexico"
- **Ray's BBQ** – [Website](#)
  - 1514 W Lindsey St, Norman, OK 73069
  - (405)-329-4040
  - "Our motto is: a rib so tender, you don't need teeth!"

### *Bars & Pubs*

- **The Library Bar & Grill** – [Website](#)
  - 607 W Boyd St, Norman, OK 73069
  - (405) 360-4258
  - "...named one of America's 10 Best College Town Bars by Esquire Magazine... tucked away behind lush foliage in an old house"
- **Blu Fine Wine & Food** – [Website](#)
  - 201 S Crawford Ave, Norman, OK 73069
  - (405) 360-4258
  - "...a variety of American-style tapas"; "...extensive wine selection..."
- **O'Connell's Irish Pub & Grille** – [Website](#)
  - 769 Asp Ave, Norman, OK 73069
  - (405) 217-8454
  - "...a fun atmosphere, tons of drink specials, live entertainment and delicious food."

### *Campus Dining*

You can find a list of all campus dining options [here](#).

- **Couch Restaurants** – [Website](#)
  - 333 3rd St, Norman, OK 73072
  - Buffet-style
  - Home to the only all-you-can-eat Chick-fil-A in the world!
- **Residential Colleges Dining Hall** - [Website](#)
  - 250 W Lindsey St, Norman, OK 73019
  - Buffet-style
- **Wagner Dining Hall** – [Website](#)
  - 100 E Lindsey St, Norman, OK 73069
  - Buffet-style

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### **Local Attractions:**

#### *Norman*

- **Fred Jones Jr. Museum of Art** – [Website](#)
  - 555 Elm Ave, Norman, OK 73019
  - (405) 325-3272
  - "...widely regarded as one of the finest university art museums in the United States"; "Highlights include the Weitzenhoffer Collection of French Impressionism, the Eugene

B. Adkins Collection of art of the American Southwest and Native American art, the James T. Bialac Native American Art Collection...”

- **Sam Noble Oklahoma Museum of Natural History** – [Website](#)
  - 2401 Chautauqua Ave, Norman, OK 73072
  - (405) 325-7977
  - “Founded in 1899, the museum collections include 10 million specimens and artifacts from the life sciences, earth sciences and social sciences”; “[traces] over 500 million years of Oklahoma’s natural and cultural history...”
- **Sooner Shop** – [Website](#)
  - 1185 Asp Ave, Norman, OK 73069
  - (405) 310-2688
  - Official OU merchandise; located inside Oklahoma Memorial Stadium
- **Lake Thunderbird State Park** – [Website](#)
  - 13101 Alameda Dr, Norman, OK 73026
  - (405) 360-3572
  - “...Oklahoma's only urban state park, boasts 86 miles of shoreline and offers water sports, hiking and biking trails, camping, eagle watches and more.”

#### *Oklahoma City*

- **Oklahoma City National Memorial & Museum** – [Website](#)
  - 620 N Harvey Ave, Oklahoma City, OK 73102
  - (405) 235-3313
  - “The Outdoor Symbolic Memorial is a place of quiet reflection. It honors those who were killed, those who survived and those changed forever on April 19, 1995.”; “The Memorial Museum is an interactive learning experience that occupies the west end of the former Journal Record Building. Built in 1923, this building withstood the bombing.”
- **National Cowboy & Western Heritage Museum** – [Website](#)
  - 1700 Northeast 63rd St, Oklahoma City, OK 73111
  - (405) 478-2250
  - “...America's premier institution of Western history, art and culture.”
- **Full Circle Bookstore** – [Website](#)
  - 1900 NW Expressway St, Oklahoma City, OK 73118
  - (405) 842-2900
  - “...oldest and largest independent bookstore in Oklahoma”

- **Scissortail Park** – [Website](#)
  - 300 SW 7th St, Oklahoma City, OK 73109
  - (405) 445-6277
  - “...ornamental gardens and woodlands, a 3.7 acre lake, children’s playground and nature play area, interactive water fountains, seasonal roller rink, dog park, sports courts, picnic grove, restaurant, and performance stage...”
  
- **Bricktown Entertainment District** – [Website](#)
  - East of downtown Oklahoma City
  - “...former warehouse district is filled with restaurants, nightlife and entertainment options.”