

Practicum Readiness Self-Assessment Checklist

Students – This checklist is in alignment with the Student Performance Policy, which lists the expectations of the school and the social work profession for practicum readiness. Reflect on each carefully, note strengths & areas for growth, and complete the overall readiness scale.

BASIC SKILLS NECESSARY TO ACQUIRE PROFESSIONAL SKILLS

Demonstrates Effective **Communication** Skills:

- Written: uses correct grammar and spelling, sufficient writing skills to express self and complete assignments, sufficient proficiency in written English to express self and complete assignments
- Verbal: express ideas and feelings clearly, demonstrate ability to communicate with others both effectively and sensitively, sufficient skills in spoken English to complete assignments and meet program expectations
- Listening: demonstrate willingness to listen to others
- Student communicates their needs for accommodation in relation to practicum

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Effective **Interpersonal** Skills:

- Consistently demonstrates effective and professional interaction with others
- Open to feedback and professional guidance
- Assumes responsibility for personal actions and their impact on others
- Understands and abides by the school's guidelines and NASW Code of Ethics when redressing conflict with others

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Effective **Cognitive** Skills:

- Comprehends and applies classroom knowledge and skills
- Demonstrates capacity for critical thinking
- Student considers OU Accessibility and Disability Resource Center accommodations and/or builds in supports for success

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Effective **Physical** Skills ,related to disability or special needs accommodations:

- Sufficient motor and sensory skills to attend and participate in class and practicum placement, with or without accommodations
- Student considers OU Accessibility and Disability Resource Center accommodations and/or builds in supports for success

STRENGTHS:

AREAS FOR GROWTH:

EMOTIONAL & MENTAL ABILITIES NECESSARY FOR PROGRAM PERFORMANCE

Demonstrates **Stress Management** abilities:

- Ability to manage current life stressors and competing responsibilities
- Utilizes appropriate self-care techniques and supportive relationships
- Is able to demonstrate emotional reactivity and intensity regulation

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Capacity for **Emotional and Mental** Abilities:

- Demonstrates sound judgment under stress
- Has appropriately used support resources when life stressors have interfered with academic or practicum growth

STRENGTHS:

AREAS FOR GROWTH:

PROFESSIONAL PERFORMANCE SKILLS NECESSARY FOR PROFESSIONAL PRACTICE

Demonstrates Capacity for **Professional Commitment**:

- Demonstrates commitment to goals of social work and ethical standards of the profession

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Capacity for **Professional Behavior**:

- Student will demonstrate professional behavior by presenting themselves in a manner that is compatible with the social work profession, the University, the School of Social Work, and practicum facilities; this includes appropriate dress, demeanor, dependability, responsibility for their own learning, and willingness to accept feedback.

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Capacity for **Self-Awareness**:

- Exhibits awareness of how their values, attitudes, beliefs, emotions and past experiences affect thinking, behavior and relationships in practice
- Demonstrates an accurate awareness of how they are perceived by others
- Accepts responsibility for their actions and their learning
- Willingness to examine and change behavior when it interferes with working with clients, allied professionals and others
- Is able to suspend personal biases and personal impressions and demonstrate sensitivity to another individual's unique motivations, way of life and values thereby enabling them to interact in a professional, nondiscriminatory manner with a variety of individuals.

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates Capacity for **Ethical** Behavior:

- Adheres to ethical expectations and obligations with regard to classroom work, interactions with peers, faculty and staff, agency contacts and others that will interact with the student in their role as a learner
- Adheres to the NASW Code of Ethics, Student Performance Policy, Practicum Manual, OU Student Handbook, and generally accepted principles of professional behavior

STRENGTHS:

AREAS FOR GROWTH:

Demonstrates the Capacity for **Practicum/Academic Performance**:

- Student has the readiness to interact in a competent and professional manner with clients, supervisors, and colleagues
- Student possesses the basic skills and abilities to perform professional practice skills
- If not, the student must demonstrate they have reflected upon their deficits, achieved insight into the nature of their difficulties and integrated this insight for Practicum learning into a workable plan to meet basic requirements before they will be allowed to begin practicum.

STRENGTHS:

AREAS FOR GROWTH:

OVERALL READINESS SCALE:

Delay Practicum

Resources Needed

Beginner Capacity

Intermediate Capacity

Advanced Capacity