

Supervision: Suggestions & Topics

Student Preparation for Supervision

1. Self-Assessment & Review
 - a. Want from supervision
 - b. Need from supervision
 - c. Openness to feedback & learning
 - d. Personal initiative, organization, and motivation
 - e. Strengths
 - f. Areas desire improvement
2. Review of Assignments & Goals from last week's supervisory session
3. Prepare Agenda for this week's supervision
 - a. Prepare documentation that needs FI review and signature
 - b. Review notes compiled across the past week
 - c. Review successes from past week
 - d. Review joys and frustrations from past week
 - e. Review cases from past week
 - f. Formulate questions regarding cases
 - g. Formulate questions/topics from suggested supervision topics

Possible Supervision Agenda

1. Report on Assignments from last week's supervisory session
2. Paperwork/Documentation Review & Signature
3. Case Consultation
4. Development of Social Work/therapy Skills, Modalities, Interventions, Techniques, Trainings
5. Development of Professional Self
 - a. Strengths
 - b. Areas for Improvement
6. Projects/Activities can contribute to internship placement and would like to experience
7. Supervision Topics specific to Internship Time Frame (Beginning, Middle, End)
8. Assignments and Goals for the coming week (report on next supervisory session)

Opportunities for Internship Activities

Prior Experiences & Experiences desired

Advocacy, Social Justice, & Policy Opportunities

Research Opportunities

Clinical Opportunities

Crisis Intervention

Individual short term (1-3 contacts)

Individual long term (4+ contacts)

Family

Group

Trainings

Structured-Agency required, provided, and available

Diversity of Training Opportunities (shadowing, observation of intern, role-plays, video-taping, etc.)

Intern presentations to Colleagues, Clients, Agency, Community

Topics Specific to Beginning of Internship

Weekly Scheduled time for supervision
Expectations of Intern
Supervision styles & preferences
Use of supervision & consultation
Agency policies & procedures
Safety training
Orientation to agency
Liability & Ethical Issues specific to agency
Intern strengths and areas desire to develop
Activities/experiences required & desired
Opportunities for Internship Activities
Learning Activity Agreement Formulation

Agency-Specific Topics

Policies & Procedures
Required Trainings
Safety Training
Harassment Protocols
Methods of Communication
Use of personal vehicle/client transport
Use of personal funds/reimbursement
Confidentiality & Release of Information
Documentation (system, format, content,
Time frames, court documents, etc.)
Caseload
Size & Management of
Diversity of

Ethics Topics

Professional use of technology
Ethical analysis
Ethical decision making
Boundaries
Social Work Values
NASW Code of Ethics
Self-Disclosure
Power Differentials

Development of Social Work/Therapy Skills

Strengths & Areas of Improvement
Therapeutic style
Patterns in practice
Relational Reactions
Transference & counter-transference
Over & Under-Involvement
Professional use of self
Assessment/diagnostic skills
Modalities/Interventions
Treatment planning
Practice Evaluation
Culturally competent practice

Adapted from BYU School of Social Work

Modalities/Interventions/Techniques

Agency utilized/specialization
Field Instructor utilized/specialization
Client population utilized/specialization
Intervention Ideas/suggestions

Development of Professional Self

Collaboration, consultation & use of team
Initiative & Self-Motivation
Accountability in practice
Joys & frustrations of social work practice
Professional behavior
Self-Awareness
Performance anxiety/perfectionism
Ability to deal with change
Ability to deal with ambiguity
Openness to learning & feedback
Self-Care
Professional fatigue/awareness
Work/profession related stressors
Intentional Self-Care practices
Future Career
Intern Strengths
Development of confidence
Development of competence
Career Goals
Networking
Employment Opportunities

Case Consultation Topics

Details/description of case situation
Assessment
Treatment planning
Interventions & modalities used/suggestions
Intervention strengths/areas for improvement

Topics Specific to Middle on Internship

Intern strengths
Intern areas for improvement
Progress to present/desired for future
Review of experiences to present/desired
Intern fit within agency
Intern relationship with colleagues

Topics Specific to End of Internship

Termination planning, preparation, process
Transfer of clients
Completion of documentation
Growth and progress
Therapeutic style
Patterns in practice
Intern strengths
Intern areas for improvement
Future Goals