

Anne and Henry Zarrow School of Social Work at the University of Oklahoma |  
Zarrow Hall 310 | 700 Elm Ave, Norman, OK 73069 | [patricklai@ou.edu](mailto:patricklai@ou.edu)

## Academic Appointments

Aug 2025 – present: **Assistant Professor**, Anne and Henry Zarrow School of Social Work, University of Oklahoma, OK

## Education

Aug 2020 – Dec 2024: **Doctor of Philosophy (PhD) in Social Work**, School of Social Work, Boston College, MA  
Dissertation: Social, Economic, and Culture-Related Factors Influencing Formal and Informal Volunteerism among Asian Midlife and Older Adults in the United States Compared with Other Ethnoracial Groups: A Three Paper Dissertation

Aug 2018 – May 2020: **Master of Social Work (MSW)**, School of Social Work, University of Michigan, MI

Sep 2011 – May 2014: **Bachelor of Social Work (BSW)**, Department of Social Work and Social Administration, University of Hong Kong, Hong Kong

## Licenses

2022 – present: **Licensed Certified Social Worker (LCSW)**, Association of Social Work Boards, MA

2014 – present: **Registered Social Worker (RSW)**, Social Workers Registration Board, Hong Kong

## Research Interests

- Productive and social engagement in later life
- Cross-cultural gerontology
- Ageism
- Health among Asian Americans
- Workplace equity
- Intergenerational theory and practice
- Psychotherapy
- Technology-supported mental health and aging services

## Peer-Reviewed Publications

Underlined denotes community partner co-author; \*denotes student co-author

1. **Lai, P. H. L.** & White-Saul, B.\* (2026). Culture-related influences on volunteerism in later life: A conceptual framework. *Quality in Ageing and Older Adults*. <https://doi.org/10.1108/QAOA-01-2026-0005>
2. **Lai, P. H. L.**, White-Saul, B.\*, Chin-Yi Su\*, & Cao, Q. (2026). Cultural factors in mid- and later life volunteerism in the United States: A scoping review protocol. *PLOS One*, 21(5): e0347681. <https://doi.org/10.1371/journal.pone.0347681>
3. **Lai, P. H. L.**, Matz, C., & Halvorsen, C. (2025). A comparative study on volunteering among Asian older adults and other ethnoracial groups in the United States: Exploring the role of socioeconomic resources. *Journal of Applied Gerontology*. <https://doi.org/10.1177/07334648251398891>
4. **Lai, P. H. L.**, Hogan, D., McNamara, T., Pitt-Catsoupes, M., Christensen, K., & Bradley, S. (2024). A new lens into workplace equity: The equity of employment systems. *Equality, Diversity, and Inclusion: An International Journal*. <https://doi.org/10.1108/EDI-01-2024-0028>

5. **Lai, P. H. L.**, Halvorsen, C., **Chang, K.**, Nguyen, L.H.T., Howard, E.P., & Lyons, K.S. (2024). Unemployed, immigrant, and older Asian workers in a U.S.-based job-training program: Their experiences and well-being, and strategies for reaching this important population. *Journal of Gerontological Social Work*. <https://doi.org/10.1080/01634372.2024.2339980>
6. Xin, R., Fitzpatrick, O. M., **Lai, P. H. L.**, Weisz, J., & Price, M. A. (2022). A systematic narrative review of cognitive-behavioral therapies with Asian American youth. *Evidence-Based Practice in Child and Adolescent Mental Health*, 7(2), 198-212. <https://doi.org/10.1080/23794925.2022.2042872>
7. Hai, A. H., Lee, C., John, R. S., Vaughn, M. G., Bo, A., **Lai, P. H. L.**, & Salas-Wright, C. (2021). Debunking the myth of low behavioral risk among Asian Americans: The case of alcohol use 2002-2018. *Drug and Alcohol Dependence*, 228, 109059. <https://doi.org/10.1016/j.drugalcdep.2021.109059>
8. Xiang, X., **Lai, P. H. L.**, Bao, L., Sun, Y., Chen, J., Dunkle, R. E., & Maust, D. (2020). Dual trajectories of social isolation and dementia in older adults: A population-based longitudinal study. *Journal of Aging and Health*, 33(1-2), 63-74. <https://doi.org/10.1177/0898264320953693>
9. Xiang, X., Lu, X., Halavanau, A., Xue, J., Sun, Y., **Lai, P. H. L.**, & Wu, Z. (2020). Modern senicide in the face of a pandemic: An examination of public discourse and sentiment about older adults and COVID-19 Using machine learning. *The Journals of Gerontology: Series B*, 76(4), e190-e200. <https://doi.org/10.1093/geronb/gbaa128>
10. Xiang, X., Sun, Y., Smith, S., **Lai, P. H. L.**, & Himle, J. (2020). Internet-based cognitive-behavioral therapy for depression: A feasibility study for homecare older adults. *Research on Social Work Practice*, 30(7), 791-801. <https://doi.org/10.1177/1049731520927783>

## Book Chapters

1. Gonzales, E., Matz, C., Morrow-Howell, N., **Lai, P. H. L.**, Whetung, C., Zingg, E., Keating, E., James, J. B., & Putnam, M. (2022). Advance long and productive lives. In R. P. Barth, J. T. Messing, T. R. Shanks, & J. H. Williams (Eds.), *Grand challenges for social work and society* (2nd ed., chapter 5, pp. 111-144). New York and Washington, DC: Oxford University Press/NASW Press. <https://bit.ly/3yLKK1H>

## Additional Scholarly Publications

1. Halvorsen, C., & **Lai, P. H. L.** (2023). *Documenting the health, well-being, and experiences of older workers in the Senior Community Service Employment Program*. Boston College School of Social Work. <http://dx.doi.org/10.2139/ssrn.4405049>
2. Halvorsen, C. J., & **Lai, P. H. L.** (2022). *Documenting the health, well-being, and experiences of older Asian workers in the Senior Community Service Employment Program*. Boston College School of Social Work. <http://dx.doi.org/10.2139/ssrn.4405051>

## Peer-Reviewed Presentations

\* denotes student co-author

1. **Lai, P. H. L.** (accepted). *Functional difficulty and digital access ecologies among middle-aged and older adults: Implications for reach and retention in digital mental health*. Presentation at the Digital Mental Health International Conference 2026 (DMH 2026), Tung Wah College, Hong Kong.
2. **Lai, P. H. L.** (accepted). *Helping profession status and internet access contexts among adults aged 50+: Implications for real-life digital mental health reach*. Presentation at the Digital Mental Health International Conference 2026 (DMH 2026), Tung Wah College, Hong Kong.
3. **Lai, P. H. L.** (accepted). *Learning with AI in later life: Educational inequality in ChatGPT use among U.S. adults aged 50 and older*. Presentation at the International Conference on Gerontechnology 2026 (ICG 2026), Hong Kong Metropolitan University, Hong Kong.

4. **Lai, P. H. L.** (accepted). *Not all helping professionals are better connected: Digital access in later life.* Presentation at the International Conference on Gerontechnology 2026 (ICG 2026), Hong Kong Metropolitan University, Hong Kong.
5. **Lai, P. H. L.**, Pitt-Catsoupes, M., McNamara, T., Christensen, K., & Bradley, S. L. (accepted). *Flexible Work Arrangements, Workplace Equity, and Nonprofit Workplaces in the United States During COVID-19.* Presentation at the 1st International Online Conference on Social Sciences (IOCSS2026), Society and Technology section. <https://sciforum.net/paper/view/31188>
6. **Lai, P. H. L.** (accepted). *Do Family Ties Matter for Volunteerism in Later Life? Evidence From Asian Midlife and Older Adults and Other Ethnoracial Groups.* Presentation at the 1st International Online Conference on Social Sciences (IOCSS2026), Family Studies section. <https://sciforum.net/paper/view/31168>
7. **Lai, P. H. L.** (accepted). *Helping Others, But Not Better Connected? Internet Access in Midlife and Later Life.* Presentation at the 1st International Online Conference on Social Sciences (IOCSS2026), Society and Technology section. <https://sciforum.net/paper/view/31195>
8. **Lai, P. H. L.** (accepted). *Religion, Immigration, and Volunteerism Among Asian Midlife and Older Adults Compared to Other Ethnoracial Groups.* Presentation at the 1st International Online Conference on Social Sciences (IOCSS2026), Aging, Childhood and Youth Studies section. <https://sciforum.net/paper/view/31278>
9. **Lai, P. H. L.** (accepted). *Beyond internet access: Functional difficulty and patterns of digital connectivity among Americans in later life.* Presentation at the 1st International Online Conference on Social Sciences (IOCSS2026), Aging, Childhood and Youth Studies section. <https://sciforum.net/paper/view/31283>
10. **Lai, P. H. L.** (2026, March). *Asian ethnic group differences in formal and informal volunteerism among adults aged 50 and over in the United States.* Presentation at the Asian Conference on Aging & Gerontology (AGen) in Tokyo, Japan. <https://agen.iafor.org/presentation/submission105404/>
11. **Lai, P. H. L.**, Noyori-Corbett, C., & White-Saul, B.\* (2026, March). *Ikigai as a New Paradigm for Quality-of-Life Enhancement: Implication for Gerontological Social Work.* Presentation at the Asian Conference on Aging & Gerontology (AGen) in Tokyo, Japan. <https://agen.iafor.org/presentation/submission105402/>
12. **Lai, P. H. L.** (2026, January). *Asian ethnic group differences in formal and informal volunteerism among adults aged 50 and over in the United States.* Presenting in B. M. Campos, C. Matz, C. Su, P. H. L. Lai, T. Brennan., & N. Morrow-Howell, *Expanding opportunities and reducing inequities to advance long, healthy, and productive lives in later life.* Symposium at the Society for Social Work and Research (SSWR) Annual Conference in Washington, DC. <https://sswr.confex.com/sswr/2026/webprogram/Session16232.html>
13. **Lai, P. H. L.** & C. Matz (2025, November). *Cultural determinants of formal and informal volunteerism among Asian older adults and other ethnoracial groups.* Presenting in **P. H. L. Lai (Chair)**, C. Halvorsen, A. Diaz-Valdes, B., & N. Morrow-Howell, *Productive aging across nations and cultures.* Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting in Boston, MA.
14. **Lai, P. H. L.** (2025, November). *Asian ethnic group differences in formal and informal volunteerism among adults aged 50 and over in the United States.* Presenting in C. Matz, C. Su, **P. H. L. Lai**, E. Gonzales, R. Perron & J. Miller, *Engaged aging: Disparities in paid and unpaid work in later life.* Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting in Boston, MA.
15. **Lai, P. H. L.** (2024, November). *Ethnoracial differences in formal and informal volunteerism among older adults in the US: A focus on Asian Americans.* Presenting in C. Matz, B. Ryu, J. Miller, C. Halvorsen, **P. H. L. Lai**, & R. Carpenter, *Voices from the margins: Exploring inequities in work and volunteering among older adults.* Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting in Seattle, WA. <https://doi.org/10.1093/geroni/igae098.1853>
16. **Lai, P. H. L.** (2024, November). *Interactions of socioeconomic and ethnoracial factors shaping formal and informal volunteerism in later life.* Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting in Seattle, WA. <https://doi.org/10.1093/geroni/igae098.2887>
17. Matz, C., **Lai, P. H. L.**, & Barbara M. C. (2024, November). *Care's echo: The impact of caregiving during COVID-19 on older workers' financial, health, and job outcomes.* Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting in Seattle, WA. <https://doi.org/10.1093/geroni/igae098.1103>

18. **Lai, P. H. L.**, Bradley, S., McNamara, T., Christensen, K., & Pitt-Catsoupes, M. (2024, January). *Strengthening organizational resilience and equity at the workplace: Exploring the role of social work professions in supporting nonprofits*. Presentation at the Society for Social Work and Research (SSWR) Annual Conference in Washington, DC. <https://sswr.confex.com/sswr/2024/webprogram/Paper53176.html>
19. Matz, C., Coley, R. L., Teixeira, S., & **Lai, P. H. L.** (2023, November). Low-income, marginalized older workers: Financial strain, health, and mental health. Presented in C. Halvorsen, C. Matz, J. Miller, L. H. Choi-Allum, & D. C. Carr, *Precarity and work in later life: Experiences of older workers in uncertain times*. Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting in Tampa, FL. *Innovation in Aging*, 7(1), 267. <https://doi.org/10.1093/geroni/igad104.0888>
20. Halvorsen, C., **Lai, P. H. L.**, Howard, E. P., Lyons, K. S., Moorman, S. M., & Matz, C. (2023, November). Experiences and well-being of low-income workers in the senior community service employment program. Presented in C. Halvorsen, C. Matz, J. Miller, L. H. Choi-Allum, & D. C. Carr, *Precarity and work in later life: Experiences of older workers in uncertain times*. Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting in Tampa, FL. *Innovation in Aging*, 7(1), 266-267. <https://doi.org/10.1093/geroni/igad104.0887>
21. **Lai, P. H. L.** & Halvorsen, C. (2023, January). Community-based research on a federal job-training program in late-life. Presented in C. Halvorsen, **P. H. L. Lai**, S. Teixeira, K. Evans, & M. F. Pineres-Leano, *Conducting community-based research across languages and culture*. Roundtable at the Society for Social Work and Research Annual Conference in Phoenix, AZ. <https://sswr.confex.com/sswr/2023/webprogram/Session13505.html>
22. **Lai, P. H. L.** & Halvorsen, C. (2022, November). *The Senior Community Service Employment Program: new data on older Asian workers*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting in Indianapolis, IN. <https://doi.org/10.1093/geroni/igab046.086>
23. Gonzales, E., James, J., Jason, K., Matz, C., Morrow-Howell, N., & **Lai, P. H. L.** (2022, November). *Reimagining 'productive aging' for a post-COVID world: Critical reflections and new directions*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting in Indianapolis, IN. <https://www.gsa2022.org/Highlights/Pre-Conference-Workshops>
24. **Lai, P. H. L.**, Matz, C., & Halvorsen, C. (2021, November). Exploring gender differences in volunteer behaviors among older Asian Americans. Paper presented in C. Matz & C. Halvorsen (co-chairs), *Injustice Squared"? An Intersectional Lens to Research on Productive Engagement in Later Life*. Symposium at the Gerontological Society of America (GSA) Annual Scientific Meeting (virtual). <https://doi.org/10.1093/geroni/igab046.086>
25. Pitt-Catsoupes, M., Christensen, K., Bradley, S., & **Lai, P. H. L.** (2021, June). *Workplace equity and flexible job structures*. Presentation at the Work and Family Researchers Network 6<sup>th</sup> Biennial Conference in Montreal, Canada. <https://wfrn.org/wp-content/uploads/2022/06/Final-Program-2022.pdf>
26. **Lai, P. H. L.**, Halvorsen, C., & Matz, C. (2021, December). *The relationship between occupation types, education, and volunteer behaviors among older Americans*. Presentation at the Gerontological Society of America's (GSA) Annual Scientific Meeting (virtual). <https://doi.org/10.1093/geroni/igab046.2587>
27. **Lai, P. H. L.** (2021, December). *The relationship of careers with people interactions and volunteering between gender-racial groups in late-life*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting (virtual). <https://doi.org/10.1093/geroni/igab046.2593>
28. Xiang, X., Sun, Y., & **Lai, P. H. L.** (2021, January). *A feasibility open trial of internet-based cognitive-behavioral therapy for depression among homebound older adults*. Presentation at the Society for Social Work and Research (SSWR) Annual Conference (virtual). <https://sswr.confex.com/sswr/2021/webprogram/Paper43244.html>
29. **Lai, P. H. L.**, Xiang, X., Sun, Y., & Himle, J. (2020, November). *Recruitment of hard-to-reach older adults in technology-based mental health services studies: Lessons learned*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting (virtual). *Innovation in Aging*, 4(1), 412. <https://doi.org/10.1093/geroni/igaa057.1328>
30. Xiang, X., Sun, Y., Smith, S., **Lai, P. H. L.**, & Himle, J. (2020, November). *Internet-based cognitive-behavioral therapy for depression: A feasibility study for homecare older adults*. Presentation at the Gerontological Society

of America (GSA) Annual Scientific Meeting (virtual). *Innovation in Aging*, 4(1), 371.  
<https://doi.org/10.1093/geroni/igaa057.1194>

31. Xiang, X., **Lai, P. H. L.**, Sun, Y., & Dunkle, R. E. (2020, November). *Dual trajectories of social isolation and dementia in older adults: A population-based longitudinal study*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting (virtual). *Innovation in Aging*, 4(1), 319.  
<https://doi.org/10.1093/geroni/igaa057.1022>
32. Xiang, X., Lu, X., Halavanau, A., Xue, J., Sun, Y., **Lai, P. H. L.**, & Wu, Z. (2020, November). *Modern Ubasute: Public discourse and sentiment about older adults and COVID19 using machine learning*. Presentation at the Gerontological Society of America (GSA) Annual Scientific Meeting (virtual). *Innovation in Aging*, 4(1), 952-953.  
<https://doi.org/10.1093/geroni/igaa057.3485>

## Invited Presentations

1. **Lai, P. H. L.** (2026, March). *Cultural factors shaping volunteerism in mid- and later Life: A scoping review*. Presentation at the Annual Innovations in Aging Conference, University of Oklahoma Health Campus and Oklahoma Dementia Care Network, OK.
2. **Lai, P. H. L.** (2024, November). *Ethnoracial differences in formal and informal volunteerism among older adults in the US: A focus on Asian Americans*. Presentation at the Aging Interdisciplinary Symposium, Boston College, MA.
3. Halvorsen, C. & **Lai, P. H. L.** (2022, November). *An interdisciplinary evaluation of the health benefits of participating in a federally funded community service employment program for low-income older adults: A pilot study*. Presentation at the Schiller Institute for Integrated Science and Society Grant Symposium, Boston College, MA.
4. Halvorsen, C. & **Lai, P. H. L.** (2022, April). *Documenting the health, well-being, and experiences of older workers in the Senior Community Service Employment Program: Topline results of Asian SCSEP respondents in Massachusetts*. Presentation to the "Overview of Massachusetts SCSEP Study" workshop, organized by the Greater Boston Chinese Golden Age Center, Boston, MA, and the National Asian Pacific Center on Aging, U.S.
5. **Lai, P. H. L.** (2021, November), *International Student Experiences and Perspectives on Global Crisis*. Presentation at the International Education Week, Office of International Students and Scholars, Boston College, MA.
6. **Lai, P. H. L.** (2020, November), *Interested in Graduate School? Roundtable with Current Master's and Doctoral Students*. Roundtable at the McNair Scholars Graduate Mentor Program, Boston College, MA.
7. Sun, Y. & **Lai, P. H. L.** (2020, June). *The return of Ubasute to the modern world in the face of a pandemic?* Presentation at the SARS-COV2 and COVID19 Virtual Symposium, organized by the Biosciences Initiative and Michigan Center for Infectious Disease Threats, University of Michigan, MI.
8. **Lai, P. H. L.** (2019, March). *The wellbeing of Chinese older adults with dementia in the United Kingdom*. Presentation at the 2019 Global Social Work Day, University of Michigan, MI.

## Other Presentations

1. **Lai, P. H. L.** (2017, January). *Intergenerational integration services: Practice experience from the LinkAges Lam Ki Yip Centre*. Presentation at the Golden Age Expo and Summit in Hong Kong.

## Funding Received

May 2026 – present: **National Science Foundation (NSF) Accelerating Research Translation (ART): Intensifying Translation of Research in Oklahoma (InTRO) Scoping Translational Research Project (Scoping TRP) Award**, University of Oklahoma, OK.  
**Role:** PI  
**Project title:** *AI-Supported Telehealth Simulation for Behavioral Health Workforce Training*

*in Oklahoma.*

**Amount:** \$15,000 in total direct costs.

- May 2026 – present: **Alternative Textbook Grant**, University Libraries and Dodge Family College of Arts and Sciences, University of Oklahoma, OK.  
**Role:** Awardee  
**Course:** *SWK 5433: Human Lifespan Development.*  
**Amount:** \$2,500.
- Jun 2021 – May 2022: **Schiller Institute Grants for Exploratory Collaborative Scholarship (SIG ECS) Doctoral Fellowship**, Schiller Institute for Integrated Science and Society, Boston College, MA.  
**Role:** Awardee / Lead Doctoral Research Assistant  
**Project title:** *An interdisciplinary evaluation of the health benefits of participating in a federally funded community-service employment program for low-income older adults: A pilot study* (PI: Cal Halvorsen, Boston College).  
**Amount:** \$25,000 awarded as doctoral research support.
- Jun 2019 – Jul 2019: **Global Independent Study Grant**, Office of Global Activities, University of Michigan, MI.  
**Role:** Awardee  
**Project title:** *The well-being of Chinese older adults with dementia in the United Kingdom.*  
**Amount:** \$2,000.

## Advanced Training

- Sep 2021 – Apr 2025: **Apprenticeship in College Teaching (ACT) Certificate**, The Center for Teaching Excellence, Boston College, MA
- May 2022 – Dec 2022: **Serving the Health Insurance Needs of Everyone (SHINE) Certificate** to help older adults navigate health insurance decisions, Executive Office of Elder Affairs, Boston, MA
- Jul 2019 – Aug 2019: **Inter-university Consortium for Political and Social Research (ICPSR) Summer Program in Social Research**, University of Michigan, MI
- Apr 2019: **The Best Friends™ Approach to Dementia Care**, Area of Agency on Aging 1-B and EHM Senior Solutions, Ann Arbor, MI

## Academic Affiliations

- May 2025 – Apr 2026: **Visiting Scholar**, School of Social Work, Boston College, MA

## Service to School

*Service is to schools of social work unless otherwise specified.*

### University of Oklahoma

- Nov 2025 – present: **Faculty Lead**, Study Abroad Program Development (Japan), Education Abroad, Office of Global Engagement
- Nov 2025 – present: **Graduate College Representative** and **Member**, Doctoral Committee (Christopher C. Gibbs College of Architecture)
- Oct 2025 – present: **Member**, Program Evaluation Ad-hoc Committee
- Sep 2025 – present: **Member**, Curriculum Committee, MSW Foundation Year Subcommittee
- Sep 2025: **Support Staff**, Ritsumeikan University (Japan) Exchange Visit

### Boston College

- Aug 2024 – May 2025: **Tutoring Coordinator**, *Research Methods* and *Program Evaluations* courses

Dec 2020 – Jan 2023: **Vice President, Diversity Coordinator, and Strategic Planner**, Graduate International Student Association (university)

### University of Michigan

Aug 2019: **Panelist**, *Student Panel with Current International Students*, International Student Orientation

### University of Hong Kong

Nov 2011 – Nov 2012: **External Vice President**, Social Work and Social Administration Society

## Service to Community

May 2024 – Jun 2025: **Master of Ceremonies**, New England Hong Kong Festival, Somerville, MA

Jan 2022 – Jun 2025: **Social Work Ambassador**, Greater Boston Chinese Golden Age Center, Boston, MA

Sep 2017 – Dec 2017: **Master of Ceremonies and Station Coordinator**, *Walkathons, Flag Day, and Coupon Book Fundraising 2017*, Aberdeen Kai-fong Welfare Association, Hong Kong

Jun 2013 – Oct 2013: **Group Leader**, “Hong Kong 200” Leadership Project, Hong Kong Federation of Youth Groups, Hong Kong

## Service to Profession

2026 – present: **Abstract Reviewer**, Society for Social Work and Research, U.S.

2026 – present: **Abstract Reviewer**, Asian Conference on Aging & Gerontology (AGen), Japan

Nov 2025 – Jan 2026: **Consultant** to support the translation of psychotherapy research into applied resources for mental health professionals and equity-focused social-impact initiatives, MindEdged, Canada,

Mar 2021 – Apr 2023: **Committee Member**, Doctoral Student Committee and Conference Sub-committee, Society for Social Work and Research, U.S.

2021 – present: **Abstract Reviewer**, Gerontological Society of America Annual Scientific Meeting, U.S.

May 2012 – May 2013: **President**, Hong Kong Federation of Social Work Students, Hong Kong

## Student Mentorship

Dissertation: Abrar Alahmadi, PhD program, Christopher C. Gibbs College of Architecture, University of Oklahoma, Norman, OK (2025 – present)

Research assistants: Briana N. Saul, MSW program, Anne and Henry Zarrow School of Social Work, University of Oklahoma, Norman, OK (2025 – present)

## Ad Hoc Reviewer

*Journal of Gerontological Social Work (2026); Humanities and Social Sciences Communications (2026), Aging and Mental Health (2026), SN Social Sciences (2025–2026), Journal of Cross-Cultural Gerontology (2025), BMC Geriatrics (2024), Journal of Aging and Health (2023–2024), Journal of Ethnic & Cultural Diversity in Social Work (2022), Research on Aging (2021), Journal of Gerontology: Social Sciences (2021), and The Gerontologist (2020).*

## Practice Experience

Mar 2025 – Sep 2025: **Clinical Counselor**, Agape Mental Health, Chelmsford, MA

Mar 2025 – Sep 2025: **Mental Health (MH) and Substance Use Disorder (SUD) Clinician**, Community Caring Clinic, Boston, MA

- Apr 2025 – Aug 2025: **Mental Health Clinician**, Integrated Center for Child Development (ICCD), Newton/Canton, MA
- Jan 2025 – Jun 2025: **Psychotherapist**, Dear Therapy, Boston, MA
- Dec 2024 – Jun 2025: **Licensed Certified Social Worker (LCSW)**, Sarah Dionne & Associates, Lakeville, MA
- Sep 2019 – Apr 2020: **Graduate Intern**, Milan Seniors for Healthy Living, Milan, MI
- Sep 2018 – Apr 2019: **Graduate Intern**, The Oaks Adult Day Program, Catholic Social Services of Washtenaw County, Ann Arbor, MI
- Mar 2018 – Jul 2018: **School Social Worker**, Happy Child Association, Hong Kong
- Oct 2016 – Dec 2017: **Associate Social Work Officer**, LinkAges Lam Ki Yip Centre, Aberdeen Kai-fong Welfare Association, Hong Kong
- Apr 2015 – Sep 2016: **Social Work Assistant**, Community Center, Aberdeen Kai-fong Welfare Association, Hong Kong
- Sep 2013 – Mar 2014: **Undergraduate Intern**, Sha Kok Youth and Children's Centre, Stewards Limited, Hong Kong
- Jun 2013 – Aug 2013: **Undergraduate Intern**, Tai Po (North) Integrated Family Service Centre, Hong Kong government, Hong Kong

## Teaching Experience

*All courses at the master's degree level unless otherwise indicated.*

### University of Oklahoma

- Spring 2026: **Instructor**, Human Lifespan Development (two sections)
- Fall 2025: **Instructor**, Professional Social Work (two sections)

### Boston College

- Spring 2025: **Adjunct Professor**, Program Evaluation (two sections)
- Spring 2022: **Teaching Assistant**, Advanced Practice with Older Adults: Practice in Home and Community Settings
- Fall 2021: **Teaching Assistant**, Human Behavior and the Social Environment
- Fall 2021: **Teaching Assistant**, Research Methods
- Fall 2021: **Teaching Assistant**, Re-thinking Diversity: Systems of Oppression and Privilege

## Academic Awards & Honors

- Nov 2022: **Doctoral Student Leadership Award**, Association for Gerontology Education in Social Work, U.S.
- Nov 2020: **Selected Photograph**, International Photo Exhibition "Exposing the Fault Lines: Embracing Social Justice in the Wake of a Crisis", Boston College, MA
- 2020: **Specialist in Aging Certificate**, School of Social Work, University of Michigan, MI
- 2010 – 2012: **Gold Awards for Volunteer Service**, Hong Kong government, Hong Kong

## Professional Associations

- The Gerontological Society of America (GSA) (2020 – present)

*Interest groups: Aging Among Asians; Chinese Gerontology Studies; Intergenerational Learning, Research, and Community Engagement*

- Society for Social Work and Research (SSWR) (2020 – present)  
*Interest group: Advancing Long & Productive Lives*
- Asian Conference on Aging & Gerontology (AGen) (2025 – present, Japan)
- Association for Gerontology Education in Social Work (AGESW) (2020 – present)
- Asian and Pacific Islander Social Work Educators Association (2023 – present)
- Data Institute for Societal Challenges (DISC) (2025 – present, Norman, OK)
- Institute for Community and Society Transformation (ICAST) (2025 – present, Norman, OK)
- Social Workers Registration Board (2014 – present, Hong Kong)
- Sloan Research Network on Aging & Work, Boston College (2020 – 2024, Chestnut Hill, MA)
- Graduate International Student Association, Boston College (2020 – 2024, Chestnut Hill, MA)
- Hong Kong Social Workers' General Union (2011 – 2014, Hong Kong)
- Hong Kong Federation of Social Work Students (2011 – 2014, Hong Kong)
- Social Work and Social Administration Society, University of Hong Kong (2011 – 2014, Hong Kong)

## Languages

- Cantonese/Traditional Chinese – First language
- Mandarin/Simplified Chinese – Fluent in spoken and written
- English – Fluent in spoken and written