

JESSICA COTHAN, LCSW

Oklahoma LCSW 4493

EXPERIENCE

AUGUST 2021 – PRESENT

FIELD LIAISON & INSTRUCTOR, ANNE & HENRY ZARROW SCHOOL OF SOCIAL WORK OF UNIVERSITY OF OKLAHOMA

- Develop positive relationships with assigned field agencies and helping students through their practicum placements with understanding and identification of the values of Council of Social Work Education as students gain the knowledge in field placements.

FEBRUARY 2020 – PRESENT

THERAPIST, LAUREATE OUTPATIENT PSYCHIATRIC CLINIC

TULSA, OK

- Comprehensive assessment for children, youth, and adults, knowledge diagnostic screening, and providing modality specific therapy for various mental health diagnosis and conditions.
- Working collaboratively with an interdisciplinary team of professionals.

JANUARY 2020 – JULY 2021

THERAPIST, FAMILY & CHILDREN'S SERVICES

TULSA, OK

- Provide LCSW supervision as a board approved supervisor to therapists in School Based Therapy and Women's Justice.

APRIL 2017 – JANUARY 2020

CLINICAL SUPERVISOR, FAMILY & CHILDREN'S SERVICES

TULSA, OK

- Directly supervising others in a learning environment and providing them with case consultation for clinical supervision and LCSW licensure supervision on an ongoing basis.
- Work collaboratively with other community providers and partners; Department of Human Services, various Tulsa area school systems, OSU ECHO consultant, and other community leaders.
- Demonstrate advanced clinical skills in many areas of evidence-based practices and assist in training within my department & F&CS in house and outside CEU training.
- Appointed to F&CS Performance & Quality Improvement and Clinical Risk Management.
- Collaborating with Broken Arrow and Union School and present on Mental Health and Suicide Risks.
- Trained in PFA (Psychological first aid) and provided first response to Jenks, Union, Broken Arrow, and other Tulsa area schools.
- Work directly in training Master's level Interns to do therapy groups of Mindfulness, Seeking Safety, and Skill streaming group in schools.
- Experienced in helping with coverage in other F&CS departments of Early Childhood Program and Children's & Family Strengthening Center; child, adult, and couples' intakes.

EDUCATION

MAY 2009 MASTER'S IN SOCIAL WORK , UNIVERSITY OF OKLAHOMA Internship at Laureate Geriatric Hospital December 2008- April 2009 Member of Advanced Standing Program	TULSA, OK
MAY 2007 BACHELOR'S IN SOCIAL WORK , NORTHEASTERN STATE UNIVERSITY Internship at St. Francis Hospital Dialysis Clinic with Peggy Kraycik, August 2006-April 2007 Member of National Association of Social Workers Honor Award of Phi Alpha	BROKEN ARROW, OK
MAY 2002 ASSOCIATES IN SCIENCE , NORTHEASTERN A&M JUNIOR COLLEGE Member of Phi Theta Kappa	MIAMI, OK

SKILLS

<ul style="list-style-type: none">● Improving clinical quality outcomes● Team supervision● Staff development	<ul style="list-style-type: none">● Organizing staff schedules● COA Documentation requirements● Comply with regulatory guidelines
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LEADERSHIP

- Field instructor for University of Oklahoma for Social Work
- Member of Oklahoma Anti-Bullying Prevention
- Oklahoma Board Approved Licensed Clinical Social Work Supervisor