

The Casey Life Skills Assessment (CLSA) is a multiple-choice questionnaire that measures independent living skills in a number of functional areas for youth. The CLS Supplement - Youth Assessment Level 1 is designed for younger youth that are in the elementary age group of 5-11 years. The assessment has four areas (i) Daily Living, (ii) Self Care, (iii) Communication, and (iv) Work and Study Skills.

The Casey Life Skills Toolkit, which includes the full suite of CLS Assessments, Practitioners Guide and Resources to Inspire Guide, is hosted at:

#### www.casey.org/casey-life-skills/

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POWE

Date (mm/dd/yy)			
Name			
Birthdate (mm/dd/yyyy)			
Gender Identity			
☐ Female	Transgender Male		Two-Spirit
☐ Male	Transgender Female		Non-binary
			Other
Sexual Orientation			
☐ Gay	Bisexual		Pansexual
☐ Lesbian	Asexual	_	Heterosexual/Straight
□ Queer	Questioning		Prefer not to say
	G		Other
Pronouns			
☐ She, Her, Hers	Ze, Hir		Other
☐ He, Him, His	They, Them, Theirs		
Race			
☐ African American/Black	Guamanian or Chamorro		Other Pacific Islander
☐ American Indian/ Alaska Native	Japanese		Samoan
☐ Asian Indian	Korean		Vietnamese
☐ Biracial	Multiracial		White
☐ Chinese	Native Hawaiian		Other
☐ Filipino	Other Asian		

Lat	inx/Hispanic			
	No, Not Hispanic, Latinx		Yes, Salvadoran	Yes, Honduran
	Yes, Mexican, Mexican		Yes, Dominican	Yes, Ecuadorian
	American, Chicano		Yes, Guatemalan	Yes, Peruvian
	Yes, Puerto Rican		Yes, Colombians	Yes, Other Hispanic Latino
	Yes, Cuban			
Re	ligious/ Spiritual Affiliation			
	Christian		Hindu	No religious/ Spiritual affiliation
	Jewish		Baha'i	Other
	Muslim		Atheist	
	Buddhist		Agnostic	
Pri	mary Language			
	English		Chinese	Sign Language
	Spanish		Japanese	Other
	French		Russian	
Se	condary Language			
	English		Chinese	Sign Language
	Spanish		Japanese	Other
	French		Russian	
Do	you have a documented disability	y?		
	Yes		No	Prefer not to say

#### **DAILY LIVING SKILLS**

	Are the following statements like me	Yes	Mostly Yes	Somewhat	Mostly No	No
1.	I can give directions to where I live.					
2.	I know if I get the right change back at the store.					
3.	I know what something costs before I buy it.					
4.	I know how to get information on the internet safely.					
5.	I help make family meals.					
6.	I know the risk of meeting someone in person that I met online.					
6.	If someone sent me a message online that made me feel upset or scared, I would know who to tell.					
7.	I help make family meals.					
8.	I can find my city or town on a map.					
9.	When I shop, I make a list and compare prices.					
10.	I can fix meals for myself.					
11.	I can lock doors and windows where I live.					
12.	I can set the alarm systems on and off where I live.					
13.	I put dirty clothes in the laundry.	the sales of	Andrew Market	4.4	l <sub>e</sub>	

## **SELF CARE SKILLS**

	Are the following statements like me	Yes	Mostly Yes	Somewhat	Mostly No	No
1.	I know how to practice personal hygiene (e.g., bathing, brushing, flossing).					
2.	I understand what happens if you smoke.					
3.	I can tell why you should not use drugs.					
4.	I can tell how to prevent AIDS.					
5.	I can call 911 or '0' in case of an emergency.					
6.	I can tell how to use the fire extinguisher where I live.					
7.	I can tell how girls get pregnant.					
8.	If I don't want to be touched, I can say "no."					

## COMMUNICATION

	Are the following statements like me	Yes	Mostly Yes	Somewhat	Mostly No	No
1.	I can ask a trusting adult to speak up for me.					
2.	I ask for help when I need it.					
3.	I can deal with my hurt and anger without hurting others or breaking things.		4			
4.	I tell my problems to an adult.					

	Are the following statements like me	Yes	Mostly Yes	Somewhat	Mostly No	No
5.	I use good manners when I eat.					
6.	I pay attention when others talk.					
7.	I am polite to adults.					
8.	I tell others how I feel.					
9.	I return what I borrow.					
10.	I stay out of trouble.					
11.	I help others.					

# **WORK AND STUDY SKILLS**

	Are the following statements like me	Yes	Mostly Yes	Somewhat	Mostly No	No
1.	I work well with others.					
2.	I get my work done on time.					
3.	I work well by myself.					
4.	I ask for help for my school work when I need it.					
5.	I check over my school work.			45 1 14 1		
6.	I follow directions for my work				1	
7.	I think about how my choices affect others.		<b>1</b>			
8.	I can complete my work on a computer.					