

Lesson 1

Assessing My Progress

TIME: 45-60 minutes

OBJECTIVES

Students will:

1. compare YOU! Scale and ME! Scale responses
2. identify areas of improvement on both Scales
3. identify areas on the scales they would still like to improve

MATERIALS

1. ME! Scale
2. YOU! Scale (completed from unit 9)
3. Worksheet 10-1: My Improvement Plan

LESSON OPENING

- Review SOP lesson and KWL charts.
 - *In our last lesson you learned about the Summary of Performance and created a copy for your ME! Book.*
 - *Does anyone have questions about the Summary of Performance?*
 - *Someone give me an example of how you can use your Summary of Performance during high school and/or after high school?*
- Provide time and opportunity for students to discuss and share.
 - *Lets take a minute to look at your KWL charts to review some of the things you learned.*
- Provide time and opportunity for students to discuss and share.

PROCEDURE

1. Students complete the ME! Scale then compare it to the one completed during unit 1.
 - **Handout:** Give each student a copy of the ME! Scale. It should typically take students five to ten minutes to complete the scale.
 - *I am giving each of you a copy of the ME! Scale. It is the same one you completed at the beginning of Unit 1. Take a few minutes to answer all of the*

questions listed. Remember, there are no right or wrong answers, just answers that are true for you!

- Provide students with an opportunity to share their answers or ask questions about the ME! Scale.
- Have students take out the copy of their ME! Scale from Unit 1 and compare it to the one they just completed.
 - *Did you answer the questions differently this time?*
 - *What are some differences and similarities in your two scales?*
- Provide students with an opportunity to share their answers or ask questions about the ME! Scale.

2. Students compare the completed YOU! Scales from Unit 1 and Unit 9.

- Have students take out the completed YOU! Scales they took home at the end of the last lesson.
- Have students take out the copy of their YOU! scale from Unit 1 and compare it to the one completed during unit 9.
 - *Did your parent/guardian answer the questions differently this time?*
 - *What are some differences and similarities in the two YOU! Scales?*
- Provide students with an opportunity to share their answers or ask questions about the Scales.

2. Students complete worksheet 10-1: My Improvements Plan (repeat of worksheet in unit 1)

Handout: Distribute worksheet 10-1: My Improvements Plan to each student.

- Go over instructions with the students.
- Encourage students to look at the worksheet they completed during Unit 1.
- How are their answers different this time?
- Provide time for students to complete the worksheet.
- Provide an opportunity for students to share their answers if they wish.
- Have students turn in completed worksheet 10-1: My Improvement Plan.

Extension Activity: Have students work in pairs or small groups to create their own critical thinking scenario.

During some of our units we learned about people like Jeremy who needed accommodations on his biology exam; and, Sonia struggling in her IEP meetings, Chris's problems communicating with his principle, and you during your first semester of college at OU. After each story you identified solutions for each person's problems. Now you are each going to create your own short story that identifies a problem you think you might have in the future or a problem you may have already experienced. Your story can be about high school, tech center, college, or a job. You need to tell the story, identify the problem, identify 1-3 solutions and then tell us why you choose this story.

Provide students time and opportunity to ask questions and complete task. Have each student or small group share their story, identified problem, and solutions to the problem.

LESSON CLOSURE

- Provide students time and opportunity to ask any questions they might still have.
- Have students place all completed papers in their ME! Book.
- Tell students that they need to make sure they have all completed work from all lessons in their ME! Book for the next lesson.

STUDENT EVALUATION

1. Completed YOU! Scale (from unit 9)
2. Completed ME! Scale
3. Worksheet 10-1: My Improvement Plan
4. Participation in class discussion